

FAILURE TO CONFORM TO WEIGHT-STANDARDS - 6215

When the sole reason for separation is failure to meet weight and/or body fat standards set forth by MCO 6110.3, and the Marines performance and conduct otherwise conform with established standards, if separation is warranted, the Marine shall be separated under this paragraph. Separation may not be initiated until Marine has been WARNED per paragraph 6105, MARCORSEPMAN. Counseling required upon assignment to Weight Control Program.

Checklist

- CO's letter recommending separation with the following Enclosures:
- 1- Notification of Separation Proceedings
 - BCNR/NDRB form (MARCORSEPMAN Appendix D)
 - Acknowledgement of Rights to be Exercised or Waived
- 2 - Copy of Service Record Book (Right side on top of Left side) and 3270 printout of BIR, BTR, ROS, AWDS, D119 (within last 30 days)
- 3 - PTSD/TBI Evaluation
- 4 - Character statements with recommendations from the following:
 - OIC, SNCOIC, NCOIC
 - SgtMaj's Interview Letter as required by the Wing Policy letter
- 5 – Body Composition Program Documents
 - BCP Evaluation Form (NAVMC 11621)
 - Copy of weight control program documentation, up-to-date weight charts, and graphs
 - Photos

Note: TAMP/TAP, Final Physical, and Treatment for Alcohol or Drug Dependency must be completed prior to separation. Documentation showing completion of TAMP/TAP and Final Physical is NOT required, but the CO's recommendation letter should mention the completion of these requirements or provide the schedule and/or expected completion date.

A Marine who gainS weight or body fat during their assignment, who's performance has shown little net loss of weight, or who fail to make a reasonable effort and are NOT eligible for separation under paragraph 6215. Refer to CMC guidance and paragraph 6206, Unsatisfactory Performance. In these cases, Marines should receive a 6105 counseling WARNING for unsatisfactory performance during their assignment to the weight control and/or body composition program.

Factors for Unsatisfactory Performance: A Marine who shows a 10% increase in weight, or 2% Body Fat increase, or SNM is reduced in rank at a Competency Review Board for failure to maintain height/weight standards.