



UNITED STATES MARINE CORPS
MARINE CORPS AIR STATION
POSTAL SERVICE CENTER BOX 8003
CHERRY POINT, NORTH CAROLINA 28533-0003

ASO 5353.1F
MCCS
16 JUL 2015

AIR STATION ORDER 5353.1F

From: Commanding Officer, Marine Corps Air Station, Cherry Point
To: Distribution List

Subj: TOBACCO PREVENTION AND CONTROL PROGRAM

Ref: (a) SECNAVINST 5100.13E
(b) SECNAV Memo of 2 Mar 12, "Tobacco Cessation in the Department of the Navy"
(c) Executive Order 13058
(d) Exception to Executive Order 13058
(e) MCO P1700.29 w/ Ch 1
(f) BUMEDINST 6200.12A

Encl: (1) Additional Posting for Designated Tobacco Use Areas

1. Situation. Medical evidence overwhelmingly shows that the use of tobacco products adversely affects health and readiness. The Surgeon General of the United States has determined that the use of tobacco is the leading preventable cause of premature disease and death. The Environmental Protection Agency states that involuntary/passive tobacco use poses a public health risk larger than the hazardous air pollutants from all industrial emissions combined. Tobacco adversely affects night vision, respiratory capacity, wound healing rates, and contributes to risk of cold injuries, including frostbite. Tobacco use is a leading avoidable public health hazard in the Navy and Marine Corps. Comprehensive guidance for the administration of the Tobacco Prevention and Control Program is needed to address this health hazard aboard Marine Corps Air Station (MCAS) Cherry Point.

2. Cancellation. ASO 5353.1E.

3. Mission. To implement the policies and procedures outlined in the references, and to provide additional instructions for administration of the Tobacco Prevention and Control Program aboard MCAS Cherry Point.

4. Execution

a. Commander's Intent and Concept of Operations

(1) Commander's Intent. The Tobacco Prevention and Control Program for MCAS Cherry Point shall provide education on the negative effects of tobacco use and intervention classes for current tobacco users. To reach the goal of decreased prevalence of tobacco use by personnel, our leaders in both the enlisted and officer ranks, must aggressively promote cessation efforts to those who use tobacco. Tobacco use includes the use of cigarettes, smokeless tobacco (e.g., spit, plug, leaf, snuff, dip, chew), and Electronic Nicotine Delivery Systems (e.g., hookahs, vapor pens, all forms of electronic cigarettes).

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(2) Concept of Operations. A thorough prevention education program must address the entire scope of Tobacco Prevention and Control. The key elements of the program are prevention, intervention, and treatment.

b. Subordinate Element Missions

(1) Commanders/Directors/Officers In Charge shall:

(a) Permit tobacco use only to the extent that it does not endanger life or property or risk impairing non-tobacco users' health.

(b) Reduce tobacco use, prevent tobacco use initiation, reduce non-users' exposure to environmental tobacco smoke (also known as secondhand smoke) and residue, promote quitting, and establish tobacco-free facilities.

(c) Include the consequences of tobacco use in education on alcohol and substance abuse.

(d) Prohibit the use of tobacco to include cigarettes, smokeless tobacco, and Electronic Nicotine Delivery Systems (e.g., hookahs, vapor pens, all forms of electronic cigarettes, etc) use in all U.S. government owned buildings and vehicles, except where high level orders apply. Counsel and prosecute offenders as appropriate for disobeying a lawful order.

(e) Prohibit tobacco use in and around entryways, breezeways, and windows to a minimum distance of 50 feet from the building except in designated smoking areas. All designated tobacco use areas shall not encourage tobacco use and shall be located to limit visibility of tobacco use and exposure to second-hand smoke. Consider creating a smoke/tobacco free break area so that non-tobacco users may have a respite area that is free from temptation and the harmful effects of tobacco and second-hand smoke. Allow non-smokers to take as many breaks throughout the day as smokers. This action may prevent Marines from taking up smoking to get a break from work.

(f) Consider tobacco and non-tobacco preference in the assignment of berthing spaces (barracks). Prohibit tobacco use in berthing spaces shared by tobacco users and non-tobacco users. Tobacco use will be allowed only in designated tobacco use areas.

(g) In establishing official designated tobacco use areas, the below criteria shall be followed:

1. Select appropriate tobacco use areas that provide for adequate ventilation for non-tobacco users and that ensure a healthy work environment.

2. In the case of common areas outside of buildings, the designation of tobacco use areas shall be coordinated jointly between leaders.

3. When civilian employees are affected, coordinate with the Civilian Human Resources Office-East prior to designating an official tobacco use area.

4. All designated tobacco use areas must be clearly marked with displayed signs. Enclosure (1) may also be used for additional posting.

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(h) In support of fairness to all Marines, unit commanders are encouraged to institute new standing orders in their work spaces to stop the use of smokeless tobacco in these spaces. Such orders should support fairness to the smokers who already limit their tobacco intake to breaks and lunch hours and should limit the use of the smokeless tobacco and the vessels that hold their body fluids from coming into contact with others.

(i) Sale of tobacco products shall be limited to convenience stores and the MCX. No discount sales of tobacco products, with the exception of cessation aids, are permitted. Per reference (b), Marine Corps Community Services (MCCS) shall adjust the price of tobacco products sold in Navy and Marine Corps exchanges to match prices in the commercial sector, and thereby end the five percent discount permitted by DoD policy.

(j) In keeping with the objective "to reach the goal of decreased prevalence of tobacco use by personnel, leaders must aggressively promote cessation efforts to those who use tobacco on the specific days of the Great American Smoke Out - GASO (3rd Thursday in November) and the Great American Spit Out - GASPO (Thursday of 3rd full week in February). On both of these days there will be no selling of tobacco products (with the exception of cessation aids) aboard MCAS Cherry Point.

(2) Medical and Dental Health Care Providers Shall:

(a) Per reference (f), uniformed and civilian personnel within Navy Medicine are prohibited from using tobacco products while in the presence of patients or while in their working environment. Because of the risk of second- and third-hand smoke, Navy Medicine personnel, while in a duty status, shall demonstrate no visual or olfactory evidence of tobacco use.

(b) Inquire about patients' tobacco use during routine physical and dental examinations and advise users of the health risks associated with tobacco use, the benefits of stopping, and how to obtain assistance.

(c) Advise all pregnant tobacco users of the health risks to the fetus and how to obtain assistance to stop tobacco use.

(d) Medical treatment facilities, personal service centers, Semper Fit Centers, and counseling/assistance centers shall provide tobacco users encouragement and professional assistance to stop using tobacco products. Aggressively promote tobacco cessation opportunities and encourage cessation programs, but take care to avoid coercion or pressure on personnel to enter these programs against their will. The Tobacco Cessation Program, open to both smokers and users of smokeless tobacco, is offered monthly or on a 1-on-1 basis via the Health & Wellness Division of the Medical Homeport Department at the Naval Clinic, Cherry Point. The telephone number for Tobacco Cessation Classes is 466-0277. For more information call 466-6467.

(e) Participation in tobacco cessation classes to increase the efficacy of staying off tobacco is highly encouraged. Tobacco cessation aids shall be made available to all active duty personnel through their medical provider, and do not require participation in tobacco cessation classes.

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c. Coordinating Instructions. This Order does not override tobacco use provisions of existing civilian collective bargaining agreements until those agreements have expired.

5. Administration and Logistics. Recommendations pertaining to the content of this Order should be directed to MCCS, MCAS Cherry Point.

6. Command and Signal

(a) Command. This Order is applicable to MCAS Cherry Point and its subordinate and tenant commands.

(b) Signal. This Order is effective the date signed.


C. PAPPAS

DISTRIBUTION: A

Tobacco Use is One of the Leading Causes of Preventable Disease and Death in the World!

Quitting will help you
feel better, look better,
save money, and take back
control of your life.

FREE HELP IS AVAILABLE...

Naval Health Clinic 252-466-0277
Semper Fit Health Promotion 466-6467
www.ucanquit2.org
State based quit line 1-800-QUIT-NOW