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FRC inducts F-35B for modification



PFC. VICTOR A. ARRIAGA

Lt. Gen. Robert E. Schmidle Jr., deputy commandant for aviation, addresses Fleet Readiness Center East members during a ceremony for the arrival of the first F-35B Lightning II July 15 at the FRC East hangar. "We now have an aircraft that can do full regional operations all of the time," said Schmidle.

PFC. VICTOR A. ARRIAGA
MCAS CHERRY POINT

The F-35B Lightning II arrived at Cherry Point July 9, from Eglin Air Force Base in Florida, for its first scheduled maintenance at Fleet Readiness Center East.

The F-35B is the first multi-roll fifth-generation aircraft in the Marine Corps arsenal and will undergo modifications at FRC East.

"This is the first F-35B to be inducted into the modification line to continue to advance the airframe," said Lt. Col. Steve Gillette, a pilot attached to Marine Fighter Attack Training Squadron 501 who flew the F-35B to Cherry Point. "I have been a part of the F-35 program out of Eglin AFB in Florida for the past three years and it's nice to see the progression that happened over that time period for the aircraft."

FRC East held an invitation-only ceremony for the arrival of the aircraft July 15 at the facility's hangar. N.C. Sen. Kay Hagan and Lt. Gen. Robert E. Schmidle Jr., the deputy commandant for aviation, came out to speak about the F-35B and Cherry Point.

"We now have an aircraft that can do full regional operations all of the time," said Schmidle. "That's what makes this airplane different; it's the fact that it can do vertical take-offs and landings and has short take-off and landing capabilities. This is the future of tactical aviation in the Marine Corps, and we are just delighted that it will be here in Cherry Point."

The first modification on the aircraft will be reinforcing hinges located on the top of the aircraft where two doors open during vertical operations. The reinforced hinges will ease some of the vibrations the aircraft undergoes during take-off.

"I flew the F-4 when I first started flying," said Schmidle. "This airplane is generations beyond the F-4 and when we went from the F-4 to the F-18 that was a big leap. But now, this is an even greater leap which is much more significant."

Gillette says flying the aircraft is very easy and it contains a cutting edge sensor system that allows pilots to easily gather information giving them the capability of displaying live video in flight.

See F-35 page A3

MALS-40 returns from Afghanistan deployment

LANCE CPL. GLEN E. SANTY
MCAS CHERRY POINT

More than 150 Marines and Sailors with Marine Aviation Logistics Squadron 40 returned from a seven-month deployment to Afghanistan July 16 at the Cherry Point aerial port of embarkation.

The squadron deployed with more than 200 Marines and Sailors and grew to more than 300 in the past six months. While in Afghanistan, MALS-40 combined with detachments from MALS-26, MALS-29 and MALS-31.

The mission of the logistics squadron is to provide the forward Aviation Combat Element with mid-level maintenance support and keep supplies and necessary equipment to conduct missions.

MALS-40, commanded by Lt. Col. Ryan G. Goulette, was activated during a ceremony at Miller's Landing Dec. 19 solely for the deployment in support of Operation Enduring Freedom.



LANCE CPL. CAROLYN P. PICHARDO

Brig. Gen. Thomas A. Gorry, commanding general of Marine Corps Installations East, passes the command flag to Brig. Gen. Robert F. Castellvi during a change of command ceremony aboard Camp Lejeune July 12.

MCI-East welcomes new commanding general

LANCE CPL. JUSTIN A. RODRIGUEZ
MARINE CORPS BASE CAMP LEJEUNE

Brig. Gen. Thomas A. Gorry, commanding general of Marine Corps Installations-East relinquished his position to Brig. Gen. Robert F. Castellvi in front of family and friends at Marston Pavilion aboard Marine Corps Base Camp Lejeune, July 12.

Among the attendees, fellow Marines shared their thoughts on Gorry.

"Thousands of Marines and civilians on base are going to remember and miss him for the good he's done," said Maj. Gen. Juan Ayala, commander of Marine Corps Installations Command. "With responsibilities commanding in five different states, he worked to create growth on Lejeune with a diminishing economy."

Gorry, who has been the commanding general for

See MCI-EAST page A3

'Sabers' welcomes Sale, bids Bartolomea farewell

PFC. VICTOR A. ARRIAGA
MCAS CHERRY POINT

Lt. Col. William J. Bartolomea relinquished command of Marine Light Attack Helicopter Squadron 467 to Lt. Col. Matthew R. Sale during a ceremony at the squadron's hangar Friday.

"Incremental improvement leads to greatness," said Bartolomea during his final speech. "I love that quote because it takes dedicated effort on everybody's part, every day, to try to improve. As you improve over time, all of sudden you look around and you're great. This squadron is great."

During the ceremony, Bartolomea spoke about his time in the squadron and about how Sale will continue to lead HMLA-467 forward.



Lt. Col. Sale

"There's still an upward slope to where the 'Sabers' are going to go, and the guy that is going to take you there is Lt. Col. Sale," he said.

Sale last served as the 2nd Marine Aircraft Wing Tactical Air Command Center senior watch officer in support of Operation Enduring Freedom from Dec. 2012 to June 2013.

"I'm honored to be here," said Sale. "I am excited to see what we will achieve together over the coming 18 months as we cover the next chapter in the HMLA-467 history book."

Sale pointed to Bartolomea's leadership for the squadron's already high state of readiness.

"I couldn't have asked for a better squadron," said Sale. "You set the bar extremely high, and I accept your challenge to carry it forward."

2nd MAW Marines take baton for Operation Enduring Freedom

LANCE CPL. ANDREA CLEOPATRA DICKERSON
MCAS CHERRY POINT

Approximately 90 Marines with Marine Aerial Refueler Transport Squadron 252 deployed to Afghanistan this week to fill critical roles that were being supported by fellow 2nd Marine Aircraft Wing personnel. Marines and Sailors from other units including Marine Aviation Logistics Squadron 14 and 2nd MAW headquarters also joined their fellow service members downrange this week, stepping in to take over essential roles across various support sections.

"Essentially, there is a group of service members from different units banded together going out to support 2nd

MAW (Fwd.) to replace troops during a turnover that marks the halfway point of a year-long deployment," said Maj. Stephen D. Driskill, the 2nd MAW (Fwd.) watch officer. "We are going out there with a conglomeration of different military occupational specialties and billets."

In January, 2nd MAW (Fwd.) deployed to Afghanistan to take over the role as the lead aviation combat element for southwestern Afghanistan, replacing 3rd MAW (Fwd.) as part of NATO operations in partnership with Afghan National Security Forces.

During the deployment, 2nd MAW (Fwd.) has been

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In This Edition:



Intramural soccer league, see B1 for story and photos



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News Briefs

Uniform Evaluation Continues

Marine Barracks Washington, D.C., is conducting an on-going evaluation of female uniforms and covers during the 2013 parade season.

The testing process, being conducted at the direction of Commandant of the Marine Corps Gen. James F. Amos, is to evaluate the use of a modified male blue dress coat and dress cover on women who march in the Friday Evening and the Tuesday Sunset Parades.

Female Marines who are in a ceremonial hosting capacity during these parades will only evaluate the dress cover.

Given the frequency with which Barracks Marines wear the blue dress uniform, the highly-visible unit is uniquely positioned to evaluate the use of what are traditionally male uniform items on female Marines.

It's unknown at this time whether or not this change will be instituted on a Corps-wide basis.

At the end of this parade season, the command at the Barracks will gauge feedback from its diverse population of Marines and report this information to the Commandant.

At that point, the way ahead will be determined.

PII Breach Reporting Update

Marine Administrative Message 350/13 released up-to-date procedures for personally identifiable information breach reporting July 15.

The message states command information systems security managers are responsible for reporting personally identifiable information breaches and taking necessary actions to ensure proper closure of each incident.

Commands are responsible for cost-related actions required in response to personally identifiable information breaches to include manpower and funds.

Marine Corps Museum Upgrade

The National Museum of the Marine Corps is launching a seven-year \$100-million project to document the service's history from the end of fighting in Vietnam to today's conflicts in Afghanistan and Iraq.

To do so, its facility on the outskirts of Marine Corps Base Quantico, Va., will nearly double in size, growing from 112,000 to 200,000 square feet by 2020.

The expansion will unfold in stages, featuring the addition of an IMAX-style movie theater, and refurbished aircraft and combat vehicles along with a host of new exhibits. Construction of the new wing is scheduled to begin in 2015.



Chaplain's Corner :

Aesop's 'The Two Soldiers and the Robber'

Lt. STEVEN J. VORIS
MAG-14

Two soldiers traveling together were set upon by a robber. One fled; the other stood his ground and defended himself with his stout right hand. The robber being slain, the timid companion ran up and drew his sword, and then, throwing back his traveling cloak said, "I'll at him, and I'll take care he shall learn whom he has attacked." On this, he who had fought with the robber made answer, "I only wish that you had helped me just now, even if it had been only with those words, for I should have been the more encouraged, believing them to be true; but now put up your sword in its sheath and hold your equally useless tongue, till you can deceive others who do not know you. I, indeed, who have experienced with what speed you run away, know right well that no dependence can be placed on your valor."

Courage is one of the three Marine Corps core values. Courage is not optional in military service. Marines can learn technique in the classroom, practice war games in the field, but the ultimate test of courage is when faced with a scary situation. And, that scary situation doesn't always happen on the battlefield. Sometimes that scary

situation is admitting to the maintenance officer that a piece of equipment is missing, grounding a jet for safety concerns, or giving honest feedback when the commanding officer asks for it. When fellow Marines see you duck an opportunity to display courage, your credibility is destroyed and others don't know if they can depend on you in the next scary situation.

Courage, as an attribute, can be nurtured as a training exercise. Marines have to intellectually understand what the right course of action is for particular scary situations so they can automatically implement that COA without much thought, e.g. the natural inclination is to run from a fire instead of grabbing a fire extinguisher and putting the fire out, and firefighters train to that particular form of courage. Marines can mentally rehearse their worst case personal COAs so they can strengthen their personal resolve to do what is right. In addition, Marines can get counseling for the situations that frighten them so they can come to terms with their own personal demons. Courage is an essential value for Marines. Let your actions confirm what your words have already said.

MCAS watches for potential polluting

RUAN STEWART, PE, QEP
ENVIRONMENTAL AFFAIRS DEPARTMENT

In his statement on Environmental Policy, Cherry Point's commanding officer, Col. Philip Zimmerman, recognizes the natural environment as a key asset in Cherry Point's training and support mission, and calls on all air station personnel to protect, preserve and enhance our land, air and water resources. This call is a result of the air station being considered an industrial facility and is likely to generate waste products.

Most improperly handled materials and waste products could wind up being washed into the storm water conveyance system and discharge into major waterways surrounding the air station: Slocum Creek, Hancock Creek and the Neuse River. This can happen if the air station does not ex-

ercise best management practices. Therefore, this is one area in which Cherry Point's Marines, Sailors and civilians can have a positive impact on our water resources. Also, North Carolina recognizes the potential impact of Cherry Point's operation on water quality and has issued the air station an individual storm water permit under the National Pollutant Discharge and Elimination System.

The permit allows the air station to discharge and monitor storm water from its property for various physical parameters and analytical constituents likely to impair water quality. Presently, Cherry Point monitors five watershed outfalls: School House Branch, Sandy Branch, Luke Rowe Gut, Mill Creek and Jacks Branch along the industrial corridor of the air station. The specific goals of the pro-

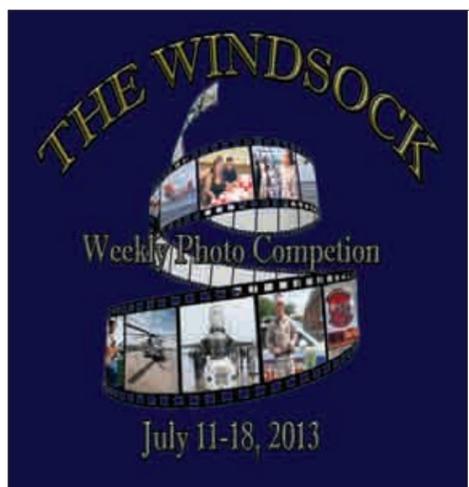
gram include the following:

- Protect water quality within the monitored watersheds by quick identification and elimination of pollution sources.
- Assess compliance with soil erosion and sedimentation control for construction and post-construction site runoff.
- Identify illicit discharge.
- Assess long-term water quality trends within the monitored watershed.
- Collect data that can be used to calibrate and validate future hydrologic/hydraulic models for the air station.

Here at Cherry Point, monitoring of the outfalls is a daily activity. In the past, it was difficult to do.

Now, it is made easier by the use

See STORM page A3



LANCE CPL. STEVE ACUFF
A Marine with Marine Transport Squadron 1 exits an HH-46E Sea Knight and search and rescue helicopter, commonly known as "Pedro," during a search and rescue exercise July 9.

The Windsock
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July 18 - July 25, 2013

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CPL. ALVIN P. ARCEMENT

Job Title: Cyber Network Operator
Unit: Marine Wing Support Squadron 271
Age: 29
Hometown: San Antonio, Texas
Date Joined: August 1, 2011

Most people wouldn't think doing a job that involved building servers, setting up networks or creating administrative privileges for others would seem fun and interesting, but to one individual, it's what he strives to do, and he enjoys the challenges it presents.

Cpl. Alvin P. Arcement is a Marine who has a passion for learning and being kept on his toes.

"In my job there's definitely always something to learn," he said. "In the field, everything falls under the cyber network operator. We build the servers and set up networks and that act as network administrators which have access to email exchange accounts."

The duties of a cyber network operator differ in garrison from being in the field.

In garrison, Arcement works under the direction of the Navy-Marine Corps Internet system.

In the field, he oversees and maintains the battlefield internet and manages access rights.

Keeping equipment up and running and being able to find and take on challenges is what Arcement looks forward to when he comes to work.



Pfc. UNIQUE B. ROBERTS

The Windsock

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466-3542.

F-35 from page A1

"Every time I get out of that airplane, I'm ear-to-ear grinning," said Gillette. "I look forward to seeing it develop more here at FRC East when the modifications begin."

Hagen praised Schmidle during the ceremony for pushing to get the F-35B to Cherry Point.

"I've heard about the F-35B for many years and it is truly an honor to be here today," said Hagen. "With the arrival of the F-35B, the future of Marine Corps aviation has come to Cherry Point. I know there is no better depot in the country to perform the maintenance."

2ND MAW from page A1

providing aviation support to troops on the ground, including close-air support, troop transport, assault transport and medical evacuations.

"Otis" Marines will use their KC-130Js and a Harvest Hawk to help them accomplish their mission, said Capt. Andrew D. Meyers, the VMGR-252 operations officer.

"The Harvest Hawk will benefit 2nd MAW," said Meyers. "It is a unique platform that allows us to bring more capabilities. We will be able to stay on station longer during missions, instead of having to keep refueling, so our time is maximized because we can fill the voids that may be created if other assets have to leave the fight. Therefore, we eliminate battlefield turnover."

The Harvest Hawk also boasts a multi-imagery system, a missile rack with four AGM-114 Hellfire missiles and another internal bomb rack that can hold eight AGM-176 Griffin Block II B missiles inside the aircraft.

Meyers said he has total confidence in the abilities of the Marines and their aircraft.

"The KC-130 is a stellar aircraft with a good reputation," he said. "The detachment of Marines we have in the fight right now have performed great so far; we are expecting to follow that reputation and continue to conduct combat operations as expected."

Meyers said he is excited about the deployment because it is the culmination of everything the Marines have been working toward.

"The thing that makes KC-130 squadrons unique is the fact that they are operational even when in garrison," said Meyers. "The missions that we conduct here on a daily basis are the same missions we conduct in combat."

Driskill said he believes the deployment will go smoothly.

"I've heard nothing but good things about what's going on downrange," he said. "Everything is going well. The Marines are getting the job done and excelling by going above and beyond that."



LANCE CPL. ANDREA CLEOPATRA DICKERSON

A Marine Aerial Refueler Transport Squadron 252 Marine bids farewell to his child Wednesday before departing for Afghanistan. The Marines, along with detachments from a variety of fields, are filling critical roles as 2nd Marine Aircraft Wing (Forward) nears the halfway mark of its one-year deployment.

MCI-EAST from page A1

MCI-East since July 22, 2011, came into his position after serving as the director for Command and Staff College, Marine Corps University aboard MCB Quantico. Gorry also spent four years at Marine Corps Recruit Depot Parris Island as a Series Commander, Company Commander, and Battalion S-4 Officer. Gorry holds a Bachelor of Science in Business Administration from the University of North Carolina.

"Thank you for allowing me to be here and supporting my efforts," said Gorry. "A great relationship between the base and town can't happen overnight, but the Marines, their families, and local government have done everything they can to help me. I'm looking forward to continuing on in the Fleet Marine Force and see great things come from Camp Lejeune."

Castellvi, who comes into the position of commander of MCI-East holds a degree in finance from the University of Illinois, with a Marine Corps career that began in 1984 as an infantry officer with 1st Battalion, 2nd Marines. Castellvi comes to MCB Camp Lejeune from 1st Marine Expeditionary Force where he served as the Chief of Staff.

"I'm anxious to get out and meet each and every one of you," said Castellvi. "I'm proud to be a part of this all. I pinched myself this morning to make sure none of this is a dream. I want to continue the legacy that continues on Lejeune. I will dedicate every day to support the Marines and Sailors on Camp Lejeune. This is your Marine Corps. The Corps belongs to the people, and I'm proud to be a part of it."

STORM from page A2

of a telemetry system that consists of a data-logger, cell phone with an IP addressable modem, computer and solar panel for real-time monitoring. This system is a standalone.

The data-loggers are used to monitor signals from various pieces of equipment and store the impulses they generate. This allows the user to download and observe real-time data from the stations, using the cell phone modem and installed software on a PC, without having to visit the field site.

The data-logger has several input ports to accommodate a variety of sensory devices. Presently, the sensory devices that are hooked up to the data-logger are flow meters; water quality sondes for measuring conductivity, temperature, dissolved oxygen, salinity, pH, turbidity and total dissolved solids; an automatic sampler; and a rain gauge. The data-logger possesses the unique capability for remote programming via the telephone modem. This offers a significant advantage in modern storm water monitoring. It allows the user to manipulate the program or to monitor effectiveness remotely. This is particularly helpful to Cherry Point.

As an example, Cherry Point's NPDES permit requires the air station to sample the first flush of a rain event. In the past, this was difficult to do. By the time the person taking the sample reaches the site, the first flush has already passed. Now, the automatic sampler is made to trigger automatically based on specific flow rate categorized as the first flush or to trigger manually after observing the flow rate from the sensor via the modem through a PC. Everyone aboard the air station is welcome to view real-time monitoring data from these outfalls at the Environmental Affairs Department in Building 4223.

Cherry Point recognizes that water is a very important resource to everyone on the air station. The impact on its quality depends on everyone. Everyone needs to ensure that the air station order on water quality is achieved in addition to compliance with State and Federal regulation under the Clean Water Act. The mission can only be achieved when everyone – Marines, Sailors and civilians – plays his or her part.

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Next rotation of Special-Purpose MAGTF Africa 13 arrives in Italy



2ND LT. TATIANA ZAPPARDINO

Sgt. Maj. Athanasios Verros speaks to the Marines and Sailors of Special-Purpose Marine Air-Ground Task Force Africa 13 upon their final arrival to Naval Air Station Sigonella, Italy, for their pre-planned six-month rotation in support of Marine Corps Forces Africa and U.S. Africa Command. They have completed a four-month pre-deployment package and are equipped to conduct theater security cooperation with partner nations throughout Africa.

2ND LT. TATIANA L. ZAPPARDINO

SPECIAL-PURPOSE MARINE AIR-GROUND TASK FORCE AFRICA

SIGONELLA, Italy – The anticipation is over, but the hard work is just beginning as the next iteration of Special-Purpose Marine Air-Ground Task Force Africa 13 arrived here July 8 for their six-month rotation in support of U.S. Marine Corps Forces Africa.

The Marines and Sailors of Special-Purpose MAGTF Africa 13 are part of a rotational force primarily staffed from 4th Combat Engineer Battalion stationed in Baltimore. They will conduct theater security cooperation, military-to-military engagements and provide resources to support limited crisis response within U.S. Africa Command's area of responsibility.

"The Marines just finished a four-month long training package and I have no doubt they are ready for the real thing," said Lt. Col. Jack Estepp, the executive officer of Special-Purpose MAGTF Africa 13.

The planning process and arrangements up to this point were non-stop as final logistical decisions were sorted and the coordination of multiple moving parts was synchronized. The arrival alone had to be planned down to the smallest detail from the charter bus' designated pit stops to the proper weight distribution on the departing aircraft.

"A lot of learning took place as we planned for our upcoming deployment," said 1st Lt. Jacob Braith, the assistant logistics officer with Special-Purpose MAGTF Africa 13.

With such a small force and so many moving parts, they conduct an involved screening process in order to ensure the Marines and Sailors are physically and mentally prepared for this particular assignment.

The task force is comprised of more than 30 reserve units from throughout the United States, yet within a few short months, esprit de corps developed rapidly within

this tight-knit group.

"Junior Marines had to fill senior billets and they did very well stepping up to the plate," said Braith.

Special-Purpose MAGTF Africa 13's mission is to assist African nations in addressing their security concerns.

The task force is equipped to provide assistance in a variety of topics including logistics, counter terrorism, communications, non-lethal weapons training, maritime security force assistance, military planning, small-unit leadership and vehicle maintenance.

"Our primary focus is to build stronger relationships with our African partner nations," said Estepp.

Their ability to support simultaneous engagements throughout the region is enhanced by their location in southern Europe.

Marines complete certification to aid in civilian life

Pfc. Mike Granahan

MCAS CHERRY POINT

Four Marines from Cherry Point became certified logistics associates and certified logistics technicians July 10 via the Manufacturing Skill Standards Council Pilot Program.

The program offers Marines the chance use job skills already acquired through their military occupational specialty to earn a certification recognized in the civilian sector.

The free program is available to 0431 logistics/embarkation, 3043 supply administration operation specialist, 3051 warehouse clerk, 0491 computer operator and 3052 packing specialist Marines.

"The Marine Corps has partnered with the Manufacturing Skills Standard Council to pilot a program helping Marines in logistics and supply jobs to get certifications recognized in the civilian workplace," said Cassandra A. Coney, an education and career specialist with Personal and Professional Branch, Marine and Family Programs Division, Headquarters U.S. Marine Corps.

The certification process consists of two assessments. Passing the foundational level assessment earns Marines the title of certified logistics associate and passing the mid-level makes Marines certified logistics technicians. Passing the CLA assessment is a prerequisite for the CLT.

The certification is tangible documentation of the knowledge and experience Marines gain throughout their service and is beneficial when applying for a job after separation, said Cpl. Andrea A. Bowman, a newly certified CLT and a warehouse clerk with Headquarters and Headquarters Squadron.



Pfc. Mike Granahan

Col. Ernest L. Ackiss speaks to Marines on Cherry Point July 10 who recently earned Certified Logistics Associate and Certified Logistics Technician certificates. The program offers Marines the chance use job skills already acquired through their military occupational specialty to earn a certification recognized in the civilian sector. Ackiss is the Deputy Branch Head, Personal and Professional Development Branch, Headquarters, U.S. Marine Corps.

"I'm getting out in August and I still don't have a job lined up yet so this certification is something that will help when compared to others," said Bowman. "I think everyone who is eligible to participate in the program should take advantage of the opportunity."

Marines take the assessments based on knowledge they have already acquired in their job field. If a Marine does not pass, they are provided with study materials and

a chance to retake the test.

"Many who took the tests, especially the more junior Marines, passed the CLA exam, which is more basic, but not the CLT exam," said Coney. "Those who did not pass both exams have received four distance learning courses free of charge and will have an opportunity to retake the test. However, a high number of sergeants and corporals did pass both tests on the first try."

The program is now expanding with test sites at Marine Corps Logistics Base Barstow, Ga.; Marine Corps Air Station Miramar, Calif.; Marine Corps Base Camp Pendleton, Calif.; and MCB Camp Smedley D. Butler, Okinawa, Japan.

Forty percent of the Marines who took the exams passed both the CLA and CLT, the highest rate of any service.

"It's free and it can't hurt, it can only help," said Bowman.

MWCS-28 prepares for Exercise Combined Endeavor

Pfc. Unique B. Roberts

MCAS CHERRY POINT

More than 30 Marines with Marine Wing Communications Squadron 28 are preparing to exhibit their communication capabilities with efficiency and ability during an upcoming deployment to Grafenwöhr, Germany, in support of Exercise Combined Endeavor in mid-September.

Combined Endeavor is the largest command, control, communications and computers interoperability event in the world. MWCS-28 Marines will be partnering with approximately 1,400 communication professionals from more than 40 NATO and Partnership for Peace countries to conduct a series of operationally focused interoperability tests.

Partnership for Peace is a program of practical bilateral cooperation between individual Euro-Atlantic countries and NATO. It allows partners to build individual relationships with NATO, choosing their own priorities for cooperation.

"The exercise brings together the bilateral ties of 40 nations to ensure that our communication with our ally partners is still successful and that we can understand each other in future crises," said Gunnery Sgt. Damian Dobbs, MWCS-28 communications chief.

Equipment plays a major role in ensuring Combined Endeavor is successfully carried out.

MWCS-28 has spent the last several months assessing equipment that will be needed for the upcoming exercise. One key piece of gear is the PRC-117 radio.

The PRC-117 multi-band multi-mission radio is a man-portable device that covers a large frequency and allows communication squadron 28 to transmit voice and data traffic during the exercise to all partnering nations.

MWCS-28 Marines intend to build strong relationships with all personnel involved in Combined Endeavor, said Lance Cpl. Brandon D. Davenport, a generator mechanic for MWCS-28.

By the end of this exercise, all of the nations will be confident in communication interoperability among NATO and Partnership for Peace countries, said Dobbs.

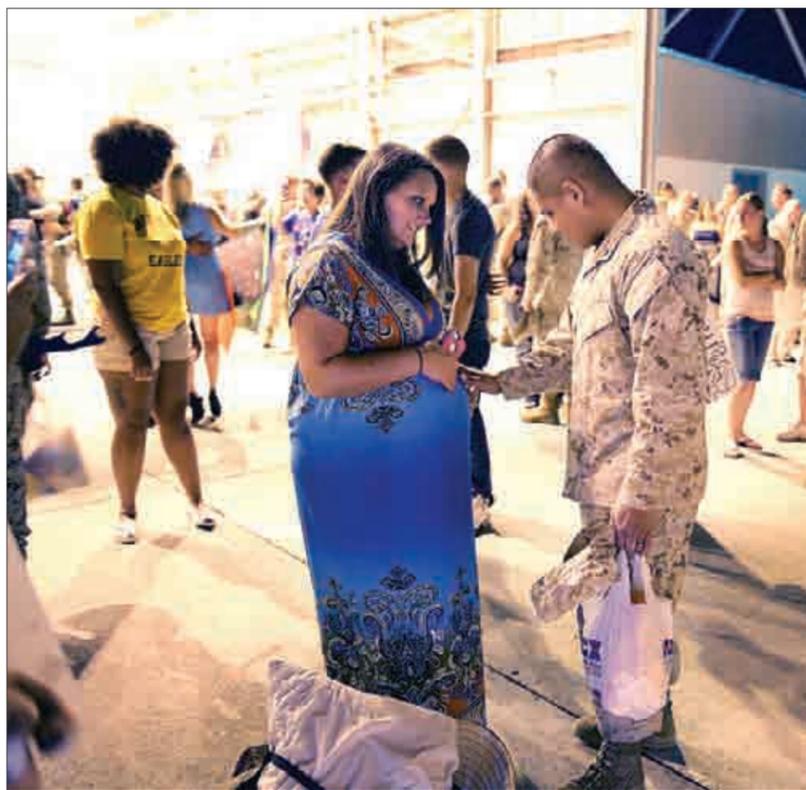
MWCS-28 was named the top communications unit in the Marine Corps April 18 when it earned the Lt. Col. Kevin M. Shea Memorial Unit of the Year Award. The annual award recognizes a communications or information technology unit within the operational forces that has distinguished itself by making outstanding contributions to the development or advancement of concepts, doctrine, technology, or procedures.



Pfc. Unique B. Roberts

Cpl. Corey A. Floyd, a data technician with Marine Wing Communications Squadron 28, configures a laptop in the unit's command operations center during a field exercise here July 10. MWCS-28 Marines are preparing to take part in Exercise Combined Endeavor in Grafenwöhr, Germany, this fall.

VMAQ-2 departs, VMAQ-4 returns



Pfc. Victor A. Arriaga

Lance Cpl. Jonathan Zuniga, an aircraft intermediate level structures mechanic with Marine Aviation Logistics Squadron 14, greets his wife and unborn child after returning from a six-month deployment to Marine Corps Air Station Iwakuni, Japan, July 15.

Pfc. Victor A. Arriaga

MCAS CHERRY POINT

More than 50 Marines with Marine Tactical Electronic Warfare Squadron 2 departed on a six-month deployment to Marine Corps Air Station Iwakuni, Japan Sunday as part of the unit deployment program in support of U.S. Pacific Command.

VMAQ-2 will replace more than 50 VMAQ-4 and Marine Aviation Logistics Squadron 14 Marines who returned from a similar deployment late Tuesday night.

"This is a new theater for us," said Maj. Mark Fenwick, the operations officer for VMAQ-2. "It's great that we can integrate with other partners and provide unit capabilities."

VMAQ-2's role will be to support theater contingency operations and conduct training with Marine Corps units and allied nations.

VMAQ-4 was the first Marine EA-6B Prowler squadron to deploy in support of the UDP since 2006.

"While we were out there, we were able to complete training and new qualifications for aircrew and maintainers," said Capt. Brian Layman, the powerline officer in charge and Prowler pilot with VMAQ-4. "This training has only set us up for success and operational readiness."

While deployed, members of VMAQ-4 participated in multiple large force exercises with partner nation services such as the Japanese Maritime Self-Defense Force.

"It was a good opportunity to do training flights with these guys," he said. "It was nice to be able to fly with Harriers, Hornets and Prowlers at the same time."

Another good opportunity the squadron had was being able to experience Japanese culture. Marines were able to attend a baseball game and visit Hiroshima's Peace Park, the site of the World War II atomic bomb dropping.

"A lot of it had to do with community relations," said Staff Sgt. David Goudzwaard, the squadron's staff non-commissioned officer in charge for VMAQ-4. "They got to talk to and interact with the Japanese people and their culture."

Family members gathered here to await the arrival of the Marines late Tuesday night.

"It was hard being away from him," said Alishia Zuniga, wife of Lance Cpl. Jonathan Zuniga, an aircraft intermediate level structures mechanic with MALS-14 and soon-to-be father who deployed with VMAQ-4. "I was afraid he wasn't going to make it back in time for the baby to be born because it is due on Sunday."

Alishia said to keep her mind off of things, she continued to work hard at her job and waited patiently for her husband.

"I feel excited and relieved to be back," said Zuniga. "But I'm here, so the baby can come out now."

The UDP force will grow to more than 150 VMAQ-2 and MALS-14 Marines throughout August.

VMAQT-1 trains to teach



CPL. SCOTT L. TOMASZYCKI

An EA-6B Prowler with Marine Tactical Electronic Warfare Training Squadron 1 comes in for a landing at Marine Corps Auxiliary Landing Field Bogue, N.C., July 11. Pilots were refreshing their skills in expeditionary airfield landings, which is landing on a short runway with the help of a tail hook and arresting gear.

CPL. SCOTT L. TOMASZYCKI

MCAS CHERRY POINT

Marine Tactical Electronic Warfare Training Squadron 1 continued its transition from operational to fleet replacement squadron by training its instructors-to-be in the art of landing on expeditionary airfields at Marine Corps Auxiliary Landing Field Bogue July 8–12.

Squadron pilots are currently training to become instructors to teach new pilots how to fly EA-6B Prowlers.

Landing on aircraft carriers and expeditionary airfields is not a skill Prowler pilots use often but is a necessary skill replacement pilots must master.

“The pilots and electronic warfare officers who were doing this throughout the week will be instructors at the fleet replacement squadron,” said Capt. Jill L. Stephenson, the aviation safety officer of the squadron. “We’re conducting training to sharpen our skills and take a look at how this is going to be as part of the syllabus when we have students. For a lot of us, it has been a long time since we’ve done anything like this, so it’s knock-

ing the rust off and getting our skills honed again.”

Expeditionary airfield and aircraft carrier landings are one of the hardest landings a pilot can make. Shorter airfields require arresting gear to safely land.

“It is a skill set that forces them to become good pilots,” said Maj. Nathaniel A. Baker, the maintenance officer of the squadron. “It forces them to have a quick scan, it forces them to hold the airplane at the correct angle of attack at the correct airspeed at the correct altitude at all times in order to facilitate landing. By training them to do that, the student pilots can then go anywhere in the world that has arresting gear, execute arrested landings and operate from short-field runways.”

Baker said expeditionary airfields are typically 5,000 feet or less. The minimum distance in feet for a Prowler to safely use a runway is 5,000 feet, and that is only in the case of an emergency.

Since being designated as a training squadron in June, the pilots have focused on training to become instructors so they can pass critical skills on to the next generation of Prowler pilots.

VMM-363 ships MV-22B Osprey aircraft to Japan



PHOTOS BY LANCE CPL. CHRISTOPHER JOHNS

Marines with Marine Medium Tiltrotor Squadron 363, Red Lions, 3rd Marine Aircraft Wing, tape pressed paper over the windows of an MV-22B Osprey aboard Naval Air Station North Island, Calif., July 9. Maintainers spend 30 to 45 minutes preparing each individual aircraft for shipping to Okinawa, Japan.

LANCE CPL. CHRISTOPHER JOHNS

MARINE CORPS AIR STATION MIRAMAR / 3RD MARINE AIRCRAFT WING

NAVAL AIR STATION NORTH ISLAND, Calif. – Marines with Marine Medium Tiltrotor Squadron 363, the “Red Lions,” prepared MV-22B Ospreys for shipping to Japan on Naval Air Station North Island, Calif., July 9.

The Red Lions are providing 12 aircraft to VMM-262, the newest squadron to stand up with the Osprey as its primary aircraft in Okinawa, Japan.

For the past year, the squadron worked toward their mission of mastering these aircraft to ensure mission capability before sending the majority of their Marines and assets to the new squadron.

“This is a culminating event for the squadron,” said Lt. Col. Timothy Miller, VMM-363 commanding officer. “It took a monumental effort to get 14 aircraft prepared for this. We were asked to give 12; we have an extra two ready should the unthinkable happen.”

Preparations for the move had begun even before the aircraft were ready.

“The Marines who work with and maintain these aircraft are already headed to Japan,” said Col. Patrick Gramuglia, Marine Aircraft Group 16 commanding officer. “Now all we need to do is get the aircraft to them, and that is the purpose behind what we are doing today.”

Red Lion maintainers spent the day sealing windows

and putting covers over portions of the aircraft to prevent any dust, debris or animals from entering into the engines and causing malfunctions once they are used again.

“We want to ensure the safety of the pilots and crews of these aircraft so we cover as much of the openings in the aircraft as possible as a sort of preventive maintenance,” said Lance Cpl. Jeremy Corder, an airframe mechanic with the Red Lions. “It takes about 30 to 45 minutes to fully prepare each aircraft.”

Nine aircraft arrived at the naval air station July 9, with three more to arrive in the following days. After all the aircraft are prepared for the journey they will be towed to a ship that will carry them to their final destination July 15.

“It’s been an all-hands effort in order to accomplish this mission,” said Gramuglia. “For this squadron to be able to perform to this kind of standard in such a short amount of time has been phenomenal.”

Gramuglia and Miller aren’t the only ones who feel proud of a job well done.

“It feels good to know I had a hand in the beginnings of a new squadron,” said Corder. “We get to build ourselves back up now, back to our former capabilities. I’m excited for my friends who will be stationed in Okinawa, Japan now; it’s a new experience and I’m sure they will grow from it.”



A Marine with Marine Medium Tiltrotor Squadron 363 Red Lions, 3rd Marine Aircraft Wing, tows an MV-22B Osprey to its spot aboard Naval Air Station North Island, Calif., July 9. Once all 12 aircraft are fully prepared, they will be towed to a ship which will carry them to their final destination in Okinawa, Japan, July 15.

VMA-513 ‘The flying nightmares’ deactivated

CPL. WILLIAM WATERSTREET

MARINE CORPS AIR STATION YUMA

YUMA, Ariz. - In many cultures throughout human history, warriors have held the belief that the best of them, the man who had no equal on the battlefield, after his death would watch over his countrymen from the afterlife. Should the day ever arise when he was needed, he would be reborn to fight again. The Norse and the Greeks believed this of their greatest heroes.

The Marine Corps has no shortage of heroes to stand alongside Hector and Achilles, but the Corps' true strength lies not in the individual, but in the efforts of brothers bound together for a shared purpose. So as with the great funeral pyres of old, now the Marine Corps sends one of its finest warriors, Marine Attack Squadron 513, to pay the ferryman's toll.

In a ceremony at the squadron hanger on Marine Corps Air Station Yuma, Ariz., VMA-513 "The Flying Nightmares" was deactivated as an active duty squadron in the U.S. Marine Corps. As of July 12,

VMA-513 has been laid to rest after 69 years of dedicated, faithful service.

"I'm proud of the Nightmares; I'm proud of their tradition," said Lt. Col. Samuel Smith, the commanding officer of VMA-513. "I truly believe that we are finishing this thing very strong, with a crew of Marines and Sailors that I wouldn't trade for anybody. They have done a miraculous job, and I couldn't be prouder."

"It's an awesome experience to be one of the last of the Nightmares," added Capt. Tommy Ragsdale, the logistics and embarkation officer and an AV-8B Harrier pilot with VMA-513, who has been with the squadron for three years. "To be the last element of this squadron's history is something special. The squadron's done some amazing things, and we are one more link in that cable."

VMA-513 was one of seven operational squadrons in the Marine Corps to fly the Harrier. With the end of Operation Iraqi Freedom and the impending cessation of Operation Enduring Freedom, the Corps has had to make some tough choices in

its cuts. There are likely to be even fewer Harriers in the future as the Corps transitions to the F-35B Lightning II.

"[A deactivation] is something we don't do very often, but with the drawdown going down to 182,000 [Marines], we had to make cuts in the Marine Corps, and VMA-513 was involved in that," said Smith.

The squadron's aircraft have already been disbursed to other units. The hand-off occurred in June at the conclusion of VMA-513's final deployment in support of the 31st Marine Expeditionary Unit.

"MAG-12, who we were attached to at the time, really showed a class act," said Smith, who has been with the squadron since Dec., 2011. "Not only were all my Marines on line to salute the airplanes as they went out, but also a good portion of MAG-12 was out there as well. The line extended well past the flightline and on down the taxiway. Seeing all those people honor the Nightmares as we left... I was very choked up that day. It will be a memory that sticks with me forever."



PHOTOS BY SGT. DENGRIER BAEZ

Lt. Col. Samuel Smith, the commanding officer of Marine Attack Squadron 513, left, and Sgt. Maj. Raquel Painter, the sergeant major of VMA-513, case the colors of the United States in a symbolic gesture marking the squadron's deactivation during a ceremony July 12 aboard Marine Corps Air Station Yuma, Ariz.



Lt. Col. Samuel Smith, the commanding officer of Marine Attack Squadron 513, right, and Maj. Andrew Diviney, the executive officer of VMA-513, left, salute the Marines of the squadron during VMA-513's Deactivation Ceremony aboard Marine Corps Air Station Yuma, Ariz., July 12. This marks an end to VMA-513's 69 years of faithful service to the nation.

Life & Times

A-Team takes El Cerro 10-0



PHOTOS BY LANCE CPL. CAYCE NEVERS

A member of The A-Team dribbles the ball downfield during an intramural soccer game here Monday. The A-Team racked up a 10-0 lead that lasted until the end of regulation.

LANCE CPL. CAYCE NEVERS

MCAS CHERRY POINT

With a blow of a whistle, the game was over and The A-Team added another win, improving its record to 2-1 Monday. The A-Team managed to run and kick its way to victory against team El Cerro during an intramural soccer league game at the multipurpose field here.

El Cerro showed its dedication and determination by continuing to play even without a full team, but ultimately lost 10-0.

"It was a pretty good game," said Lance Tucker of The A-Team. "Unfortunately the other team didn't have all their players here but they played pretty well."

With a total of only seven players, El Cerro could have forfeited the game; however, it chose to continue to play regardless of its disadvantage.

"I feel great that we played with only six or seven players," said Kevin CastroReyes, captain of team El Cerro. "The fact that we still played is a good thing."

But the strength in numbers enjoyed by The A-Team meant that every time a member of El Cerro gained possession, he was quickly surrounded by defenders.

"It was rough not having a full team because you are overwhelmed," said CastroReyes. "You have two people marking you. You have a lot of open areas, and the ball goes back and forth too many times, which kills your stamina."

El Cerro's determination throughout the game was quite impressive to the members of The A-Team.

With Cherry Point being a small air station, intramural leagues build camaraderie among players and throughout the air station as a whole, said Tucker.

"It is good to get out and get into an activity," said Tucker. "For us it's about the teamwork, getting out and passing the ball around while getting to know each other outside of work."



Members of The A-Team and El Cerro battle it out during a soccer game here Monday.



A member of The A-Team prepares to kick the ball downfield. The A-Team beat team El Cerro 10-0.

(Left) A member of The A-Team takes possession of the ball during a soccer game at the multipurpose field.

(Right) A member of team El Cerro passes the ball. El Cerro showed its dedication and determination by continuing to play even without a full team.



CHERRY POINT MESS HALL

HOURS OF OPERATION

Monday-Friday

Breakfast 6-8 a.m., Lunch 10:30 a.m.-12:45 p.m.,
Dinner 4-6 p.m.

Saturday-Sunday/ Holiday Hours

Breakfast/Lunch 8:30-11 a.m.,
Dinner 3-5 p.m.

FAST FOOD LINE

Monday-Friday

Breakfast 6-8 a.m., Lunch 11 a.m.-1 p.m.,
Dinner 4-6 p.m.

Breakfast Menu

Assorted fresh fruit, assorted hot and cold cereals, fried eggs and omelets to order, scrambled eggs and hard-cooked eggs, grill special, pancakes, French toast or waffles, breakfast potatoes, breakfast meats, creamed beef or sausage gravy, assorted muffins, breads and breakfast pastries.

Specialty Bar Menu & Blends

Tuesday and Thursday Lunch (Blends) - Banana-strawberry yogurt, banana-blackberry yogurt, banana-peach yogurt, banana-pineapple yogurt, banana-mango yogurt, banana-blueberry yogurt, Asian chicken chopped salad, Asian beef chopped salad, Savannah fried chicken salad, Southwest chicken strip salad, chef salad bowl, buffalo chicken salad, turkey club salad, beef fajita salad, BLT club salad, Southwest flank steak salad, chicken caesar salad, Chinese chicken salad, antipasto salad.

Monday - Pasta primavera, lasagna, chicken rotini casserole, baked ziti with four cheeses, meatballs, baked Italian sausage, boiled rigatoni, boiled spaghetti, simmered ziti, simmered linguine, simmered fettucini, simmered penne rigate, simmered rotini, Italian meat sauce, alfredo sauce, caesar salad, toasted garlic bread and breadsticks

Wednesday - Chicken enchiladas, taco beef filling, burritos, Mexican rice, refried beans with cheese, Mexican corn, shredded lettuce, diced tomatoes, chopped onions, sliced jalapeño peppers, taco shells, flour tortillas, taco sauce, salsa, sour cream

Friday - Wings of fire, honey-barbecue wings, teriyaki wings, French fried chicken wings, French fried garlic fries, corn on the cob, baked beans, carrot sticks, celery sticks, blue cheese dressing, ranch dressing

Weekly Menu

Thursday July 18

Lunch - Chicken with rice soup, pork green chile and corn stew, Indian spiced roast chicken breast, long grain and wild rice, steamed broccoli, Harvard beets, breadsticks **Dinner** - Bean and bacon soup, lemon chicken, Salisbury steak, rice, oven-browned potatoes, sautéed mushrooms and onions, southern-style greens

Friday July 19

Lunch - New England fish chowder, baked fish with spinach topping, chicken and cheese enchiladas, golden jewel multi-grain blend Yucatan-style rice, steamed vegetable medley, herbed green beans **Dinner** - Louisiana seafood gumbo, stuffed green peppers, grilled bratwurst, steamed rice, Lyonnaise potatoes, sautéed zucchini, German sauerkraut

Saturday July 20

Lunch - Lentil vegetable soup, mesquite roasted pork loin, chicken Provençal, red beans with rice, Italian roasted potatoes, mixed vegetables, broccoli polonaise **Dinner** - Chicken vegetable soup, grilled steak, Asian barbecue, turkey, baked macaroni and cheese, baked potatoes

Sunday July 21

Lunch - Minnesota wild rice soup, honey barbecue chicken, vegetable lasagna, Franconia potatoes, Italian vegetable blend, simmered pinto beans **Dinner** - Cabbage and white bean soup, beef and corn pie, French fried fish, French fried shrimp, tater tots, turnips and bacon, peas with mushrooms, tartar sauce, cocktail sauce

Monday July 22

Lunch - Open-faced steak sandwich, Cajun lightning chicken, rice pilaf, green beans Nicosia, sautéed summer squash with tomato, loaded baked potato chowder **Dinner** - Vegetarian split pea soup, spaghetti with meat sauce, barbecued spareribs, scalloped potatoes, steamed broccoli

Tuesday July 23

Lunch - Louisiana chicken and sausage gumbo, southern fried catfish fillets, turkey with vegetable primavera, roasted zucchini, potatoes au gratin, calico cabbage, hush puppies **Dinner** - Tomato noodle soup, Yankee pot roast, Casablanca vegetable stew, oven-browned potatoes, steamed rice, corn on the cob, sweet sour greens

Wednesday July 24

Lunch - Hearty winter vegetable soup, maple mustard pork loin, chicken parmesan, whipped sweet potatoes, penne rigate noodles, marinara sauce, ratatouille, broccoli, cheese and rice, breadsticks **Dinner** - Chicken tortilla soup, Texas barbecue beef brisket, baked tuna and noodles, baked macaroni and cheese, vegetable stir fry, beans fiesta

Feds fight illegal debt collection practices

CONTRIBUTED ARTICLE

CONSUMER FINANCIAL PROTECTION BUREAU

WASHINGTON, D.C. – the Consumer Financial Protection Bureau put companies on notice through bulletins advising that all companies under bureau jurisdiction will be held accountable for unlawful conduct in collecting consumers’ debts, July 10.

The CFPB announced that it is now also accepting debt collection complaints and is publishing action letters for consumers to consider using in corresponding with debt collectors.

“These bulletins make clear that it doesn’t matter who is collecting the debt — unfair, deceptive or abusive practices are illegal,” said CFPB Director Richard Cordray at a field hearing in Portland, Maine. “Consumers need options to help them secure fair and respectful treatment from those debt collectors that fail to abide by the law. They can protect themselves by using our action letters to communicate with debt collectors and by submitting a complaint to us if they believe they are harmed by illegal conduct.”

Debt collection is a multi-billion dollar industry. It is

estimated that there are more than 4,500 debt collection firms in the U.S. According to the Federal Reserve Bank of New York, as of the first quarter of this year, almost 15 percent of all credit reports – covering an estimated 30 million consumers – show collection items from debt collection. These consumers had at least one debt in collections for amounts that averaged about \$1,400.

Many collection firms play by the rules and treat consumers fairly, but those that do not can cause financial harm to consumers and undermine the marketplace. Banks and other creditors may collect their own debt. They also may hire a debt collector or sell the debt to third parties. Those third-party debt buyers may collect the debt themselves or sell it again.

To submit a debt collection complaint, consumers can go online at www.consumerfinance.gov/complaint, call the toll-free phone number at (855) 411-CFPB (2372) or TTY/TDD phone number (855) 729-CFPB, fax the CFPB at (855)237-2392 or mail a letter to: Consumer Financial Protection Bureau, P.O. Box 4503, Iowa City, Iowa 52244.

For more information visit <http://bit.ly/cfpbcollect>.

Swimming safety tips

CONTRIBUTED ARTICLE

WWW.HNFS.COM

More than 3,500 people die from unintentional drowning each year, and one in five of those are children 14 and younger, according to the Centers for Disease Control and Prevention. Whether you’re at the pool, ocean, river, lake or pond, play it safe this summer by using common sense and paying attention. It could save your life or the life of someone you love.

Health Net Federal Services, the managed care support contractor for the TRICARE North Region, offers the following water safety tips:

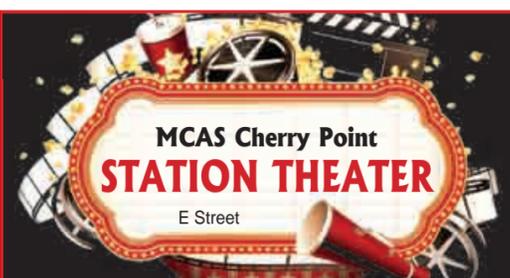
At the pool

- Enroll your child in swimming classes taught by a certified instructor.
- Stay within an arm’s reach of children and watch them at all times.
- Take your children with you if you need to leave the pool area or make sure another adult is available to watch them.
- Don’t eat food or chew gum while swimming.
- Enclose pools with a 5-foot high fence to prevent access when unattended. Make sure gates self-close and self-latch and install latches high enough to be out of reach from your child.
- Remove any toys or inflatable items in the pool when not in use so they don’t tempt a child.
- Don’t run around the pool; always walk to avoid slipping.
- Avoid drinking alcohol before swimming or when you’re watching children.
- Keep radios, televisions and electrical appliances away from the pool and don’t operate them when you’re wet.
- Make sure non-swimmers wear life jackets and only use pool toys in the shallow end of the pool.

At the beach

- Stay within designated swimming areas, preferably where there’s a lifeguard, and don’t go too far from shore.
- Pay attention to all posted warning signs.
- Be aware of currents and tides. If you get caught in a current, swim parallel to the shore until you feel the current relax, then start swimming toward shore.
- Avoid jumping off of bridges, cliffs or rocks. The water may be shallow or you may hurt yourself when you hit the water.
- Find a spot that has good visibility and is safe for swimming. Murky water, hidden underwater objects, unexpected drop-offs, and aquatic plant life are all hazards.
- Never swim alone; kids should always have a buddy.
- When boating or kayaking, always wear a life jacket.

Please keep these safety tips in mind as you enjoy your summer. Visit <http://bit.ly/summersafetips> for more information.



ADULTS ONLY \$4 • KIDS (4-12) ONLY \$3

Movie Hotline: 466-3884 • www.mccscherrypoint.com

NOW SHOWING

Friday, July 19

5:00pm - Monster University G

7:20pm - White House Down PG13

Saturday, July 20

2:00pm - Monster University G

4:20pm - Now You See Me PG13

6:50pm - White House Down PG13

Sunday, July 21

2:00pm - Monster University G

4:20pm - White House Down PG13

movie synopsis

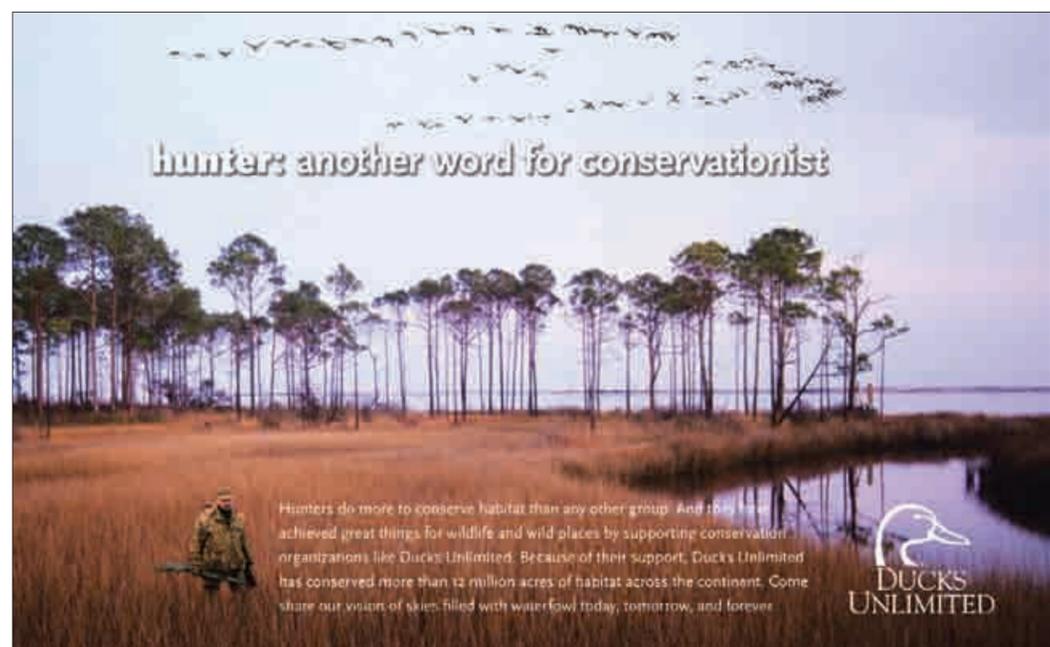
Monster University - A look at the relationship between Mike and Sulley during their days at Monsters University -- when they weren't necessarily the best of friends.

White House Down - While on a tour of the White House with his young daughter, a Capitol policeman springs into action to save his child and protect the president from a heavily armed group of paramilitary invaders.

Now You See Me - An FBI agent and an Interpol detective track a team of illusionists who pull off bank heists during their performances and reward their audiences with the money.

The Purge - A family is held hostage for harboring the target of a murderous syndicate during the Purge, a 12-hour period in which any and all crime is legalized.

MOVIES ARE SUBJECT TO CHANGE WITHOUT NOTICE.



StormReady

NATIONAL WEATHER SERVICE

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or contact your local Emergency Management Office

Announcements

► Indicates new announcement

► Family Day at Kings Dominion

MCCS will host a Family Day at Kings Dominion Amusement Park in Doswell, Va., Saturday. Prices are \$60 per person ages 13 and up, \$48 per person ages 9-12. Price includes transportation, admission and entry into the Waterworks Park. Call 466-2197/2172 for more information.

► Survivors of Sexual Abuse/Assault

Marine and Family Programs will provide peer support to persons impacted by sexual assault and/or childhood sexual abuse and assist in the healing process of moving from victim to survivor at the Chapel Lounge Tuesday. For more information, call 466-3264.

► Strong Marine Couples Post-Deployment Workshop

Marine Corps Family Team Building will host Strong Marine Couples, a post-deployment workshop, at Millers Landing Tuesday from 5:30 pm-8:30 pm.

The workshop will focus on strengthening relationships, couples communication, fighting fairly, building trust and elements of a successful marriage.

To register or for more information, call 466-4637.

► Marine & Family Programs temporarily closed

Marine & Family Programs will be closed from July 22-24 in order to move from their temporary locations into their new refurbished space in building 232. Full operations will resume July 25.

For emergencies during this time, please contact the 466-4201, or go to the Education Services Office in Room 217 of Building 4335.

PGA-Hosted Hook a Kid on Golf Clinic

Professional Golfers' Association pro Jim Ferree will host a Hook a Kid on Golf program for children ages 8-15 at the Cherry Point Sound of Freedom Golf Course.

The sessions will be held from Monday through July 19 from 8:30 a.m.-noon.

Registration is \$155 and includes a set of clubs, golf shirt, hat and golf goodie bags. Participants with their own clubs pay a reduced fee of \$65.

For more information, call 466-5493.

To register, visit the Cherry Point Sound of Freedom Golf Course.

Civil War Reenactment

Fort Macon State Park will host a free Civil War Reenactment Saturday from 10 a.m.-4 p.m.

The First North Carolina Volunteers will perform events

such as flag talks, musket firing and drills throughout the day.

For more information, call 726-3775.

8th and 1 Evening Parade

Cherry Point personnel can sign up with Crystal Coast Travel and Leisure for a trip to Washington, D.C., to see "The Evening Parade" Aug. 2 at the Marine Corps War Memorial near Arlington National Cemetery.

The parade honors Marines who have given their lives since Nov. 10, 1775. The cost is \$250 per person and includes transportation, two nights lodging and a day to sight see.

For more information, call 466-2172 or 466-2197.

Sergeants Major Golf Tournament

The Cherry Point Sound of Freedom Golf Course will host the Cherry Point Sergeants Major Golf Tournament Aug. 9 at noon.

The tournament will be in four-player superball format and will give service members an opportunity to meet Cherry Point sergeant major, Sgt. Maj. Benjamin L. Pangborn, and 2nd Marine Aircraft Wing sergeant major, Sgt. Maj. Christopher G. Robinson.

Registration for annual golf members and E-5 and below is \$35. Registration for E-6 and E-7 is \$45 and registration for E-8, E-9, officers and all others is \$50.

For more information, call 466-3044.

► Volunteer Oyster Reef Build and Restoration

The N.C. Coastal Federation will host a volunteer opportunity to help rebuild an oyster reef at the Morris Landing Clean Water Preserve on Stump Sound, Holly Ridge, N.C., Aug. 10 from 10 a.m. to 3 p.m.

Restoration efforts will be divided into two sessions; a morning session and an afternoon session.

Volunteers will place bags in the water and install plants along the shoreline.

Lunch will be provided between noon and 1 p.m.

To register or for more information, visit nccoast.org.

MCAS Cherry Point's Sprint Triathlon and Relay

Marine Corps Forces Special Operations Command will host Cherry Point's 10th Annual Sprint Triathlon and relay Aug. 17.

The event is open to the public. Registration for active duty, retirees and reservists before July 27 will be \$20 or \$70 for a team. All others before July 27 will be \$40 or \$115 for a team.

Registration for active duty, retirees and reservists from July 28-Aug. 3 will be \$35 or \$95 for a team.

All others from July 28-Aug. 3 will be \$50 or \$140 for a team. A \$20 fee will be added from Aug. 4-7.

Monthly and Weekly Events

Disabled Veterans Meetings

Chapter 26 of the Disabled American Veterans meets the third Wednesday of the month at the Senior Center in Havelock at 7 p.m.

For information, call Ancil Jones at 349-0006.

Al-Anon Group Meetings

Al-Anon family group meetings are held Mondays at 8 p.m. for family members and friends of individuals with possible alcohol problems.

Meetings are held at Havelock First Baptist Church.

For more information, call 447-8063.

Baby Boot Camp New Parent Program

New Parent Support Program hosts a free Baby Boot Camp monthly at the Training and Education Building.

The next Baby Boot Camp is Aug. 21-22 from 8:30 a.m.-3:30 p.m.

Parents with children one year old or younger will receive a hands-on ex-

perience learning to adjust to parenthood.

Reservations are required.

To register, call 466-3651.

Domestic Violence Support

Support groups for victims of domestic violence are provided by the Carteret County Domestic Violence Program.

Meetings take place Wednesdays at 6 p.m.

For more information, call 728-3788.

Welcome Aboard Expo

Cherry Point hosts a Welcome Aboard Expo each month at Miller's Landing.

The expo is open to all new Marines, Sailors, civilian employees and spouses.

The next expo is Aug. 21 at 9 a.m.

For questions or to register, contact Sandy Langlo is at 466-5743.

Cherry Point Education Fairs

The Cherry Point education office is currently hosting monthly career and education fairs at the Jerry Marvel Training and Education building, room 171b.

The next fair is July 26.

For more information, call Dana Bayliss, at 466-2046.

L.I.N.K.S. for Marines

Marine Corps Family Team Building hosts a Lifestyles, Insights, Networking, Knowledge and Skills course, for Marines class at the Center for Naval Aviation Technical Training every month.

The next class is Wednesday from 7 a.m.-noon.

Marines will get a chance to test their knowledge of Marine Corps history, culture and traditions while discovering resources, services and benefits available on base.

They will also gain insight on separation and deployments.

For more information, call 466-4637.

Register at <http://bit.ly/CPSprint> or in the Marine Dome. A \$20 fee will be added from Aug. 4-7.

For more information, call 466-2208.

Free Blue Star Museum Admission

Blue Star Museums offers free admission to more than 1,800 museums for active duty military and up to five dependents from May 27 through Sept. 2.

Blue Star Museums is a partnership with the National Endowment for the Arts, Joining Forces, MetLife Foundation and nearly 2,000 museums across the country.

For more information, visit <http://bit.ly/bluestar13>.

Marine and Family Programs

Marine, Family Programs Office Numbers

Building 298

- Library – 466-3552.
- Retired Activities – 466-5548.

Building 286

- Exceptional Family Member Program – 466-3305.
- Child Development Resource and Referral – 466-3595.

Building 87

- Sexual Assault Prevention and Response Program – 466-5490.
- Substance Abuse Counseling – 466-7568.
- New Parent Support Program – 466-3651.
- Family Advocacy Program – 466-3264.
- Military Family Life Consultant – 339-6084.
- Families Overcoming Under Stress Representative – 466-7137.

Building 4335

- Education – 466-3500.
- The Family Member Employment Program, Transition Assistance Management Program, Relocation Assistance Program and accredited financial counselors can be reached at 466-4201.

Budget for Baby

The Navy-Marine Corps Relief Society offers Budget for Baby classes.

To register, call 466-2031.

Breastfeeding Class

The Navy-Marine Corps Relief Society offers free breastfeeding classes to expectant mothers.

The purpose of the class is to help prepare the mother to be ready and confident to breastfeed once the baby arrives.

To register, call 466-2031.

Veterans' Assistance

A representative from the Veterans Affairs Office visits Cherry Point each Thursday in building 4335.

Call 466-4201 for assistance.

Marine Corps Family Team Building

Educational resources and services to foster personal growth and enhance the readiness of Marine Corps families. Marine Corps Family Team Building is located in Building 87.

For more information, email family.readiness@usmc.mil.

Religious Services

Sundays

9 a.m. – Liturgical Protestant Service, Fellowship Chapel

9 a.m. – Roman Catholic Mass, Memorial Chapel

11 a.m. – Contemporary Worship Service, Memorial Chapel

Tuesdays – Thursdays

11:45 a.m. – Roman Catholic Mass, St. Michael's Chapel

Signs of Terrorist Activity:

Deploying Assets/Getting Into Position



One sign or signal to look for is someone deploying assets or getting into position. This is a person's last chance to alert authorities before a terrorist act occurs. It is important to remember that pre-incident indicators may come months or even years apart. If you observe suspicious activities, call Cherry Point Emergency Dispatch immediately at 466-3616 or report it online at USMCEagleEyes.org.

OPERATION EAGLE EYES

Hotlines

2nd MAW Command Inspector General
466-5038

Station Inspector
466-3449

Fraud, Waste and Abuse

If you know of or suspect any fraud, waste or abuse aboard MCAS Cherry Point, call 466-2016.

Suicide/Stress

To talk to someone at the National Suicide

Hotline, call 1-800-273-8255.

To seek confidential counseling with personal battles, call the DSTRESS line at 1-877-476-7734.

Sexual Assault

This procedure is not meant to replace calling 911 if you are in immediate danger. Immediately call 665-4713, which is monitored 24/7.

Severe Weather and Force Protection

Cherry Point personnel call 466-3093.

FRC East personnel call 464-8333.

DLA personnel call 466-4083.

Off Limits

MCAS CHERRY POINT AREA

98 CENT ONLY STORE
(BIG DADDY) WESLEY'S GROCERY
COASTAL SMOKE SHOP
EXPRESSIONS
FLYERS (AKA FLYERS 101, BIKERS, BEERS AND BABES)
FRIDAY'S NIGHT CLUB (AKA CLUB INSOMNIA, CLUB CLASSICS, INFINITY LOUNGE)
H&D EXPRESS (AKA CITGO)
NADINE'S FOOD MART
SUPER EXPRESSWAY
TOBACCO OUTLET (HAVELOCK AND NEW BERN)
TOBACCO SHOP
TOBACCO SHOP & GIFTS (BEAUFORT AND NEW BERN)
TOBACCO TOWN
TWIN RIVERS (NOT THE MALL)
WHITE SANDS CONVENIENCE STORE

MCB CAMP LEJEUNE AREA

ATHEAS ATTIC
BELL AUTO SALVAGE II
DASH-IN
DISCOUNT TOBACCO
D'S DRIVE THRU
D'S QUICK MART
EXPRESSIONS
EXPRESS WAY
KING'S DRIVE THRU
LAIRD'S AUTO & TRUCK REPAIR
MOE'S MART
MP SUPER DISCOUNT
NEW YORK TOBACCO CENTER (AKA TOBACCO FOR LESS)
NORTHERN LIGHTS SMOKE SHOP
ONE STOP SHOP
PRICE IS RIGHT LAWN DESIGN
SMART BUY
SMITTY'S R&R
TOBACCO
TOBACCO CLUB
TOBACCO HOUSE CIGARETTE CENTER
TOBACCO LEAF
VETERANS AFFAIRS SERVICE

NEXT UP...

SPRINT CUP
Race: Samuel Deeds 400 at The Brickyard
Where: Indianapolis Motor Speedway
When: July 28, 1 p.m. (ET)
TV: ESPN
2012 Winner: Jimmie Johnson (right)



NATIONWIDE SERIES
Race: STP 300
Where: Chicagoland Speedway
When: Sunday, 3 p.m. (ET)
TV: ESPN
2012 Winner: Elliott Sadler

CAMPING WORLD TRUCKS
Race: Mudsummer Classic
Where: Eldora Speedway
When: July 24, 8 p.m. (ET)
TV: SPEED
Inaugural Race



Former rising star Brian Vickers makes major Sprint Cup comeback with victory at New Hampshire

To get an idea of the significance of Brian Vickers' victory on Sunday at New Hampshire Motor Speedway, one need look no further than the official Sprint Cup Series media guide.

To find information about the part-time driver of the No. 55 Toyota at Michael Waltrip Racing, one has to look in the "Other Drivers" section.

While most of the top stars have their own page or two, Vickers is lumped into a catch-all category that includes drivers such as Robert Richardson, Stephen Leicht, Scott Speed, Cole Whitt and Josh Wise, none of whom regularly compete for race victories.

At one point in his career, Vickers, now 29, was considered a rising NASCAR star. Driving for Hendrick Motorsports, he won the 2003 championship of the series now known as Nationwide at age 20 to become the youngest driver to win a major NASCAR championship. He moved on to the Cup series, driving for Hendrick, and got his first win at Talladega in 2006.

When Toyota joined NASCAR in 2007, Vickers moved to the Red Bull team, where he struggled initially, failing to qualify for several races, before he finally won at Michigan in 2009. Then midway through 2010, he developed blood clots and missed the remainder of the season. In 2011, his season was marred by run-ins on the track with numerous drivers, including championship contender Matt Kenseth, and by the announcement that his team was ceasing its NASCAR operations.

He started the 2012 season without a ride, but was picked up for a six-race stint by Michael Waltrip Racing, which later extended it to eight races. His career comeback was underway as he posted three top-five and five top-10 finishes and led 158 laps in those eight races.

For this season, he's sharing the No. 55 with Mark Martin and Michael Waltrip and running the full Nationwide Series schedule in a Toyota fielded by Joe Gibbs Racing. He also ran three Cup races as a substitute for the injured Denny Hamlin.

On Sunday at New Hampshire, Vickers and his Rodney Childers-led crew used pit strategy to overcome an early setback due to a penalty on pit road and join the lead pack late in the race. Then Vickers outdueled Tony Stewart, who wound up running out of fuel, and Kyle Busch, who finished second, down the stretch. The battle for the win including a critical final green-white-checked-flag run that saw Vickers power to the front after a three-wide battle for the lead.

In his winner's interview, Vickers said the win was special for many



Brian Vickers celebrates his first Sprint Cup victory of the 2013 season.

reasons, including his relationship with Childers, who built Vickers' first go-kart back in the day and has been a friend and supporter since.

"Rodney and I have been trying to work together for a long time," he said. "It's taken us 20 years to do it, and nothing could be more special for me than for both of us to have this win."



Brian Vickers in Victory Lane at New Hampshire

"For me, personally, I think the biggest thing is just the support of family and friends, my parents, my grandmother, my fiancée and so many others through all of the difficult times and not having a ride."

Vickers, who said he believes the win will go a long way toward getting him a full-time ride in the No. 55 for next season, also thanked those in the NASCAR garage who believed in him through all his troubles, including the people at his race team and at his sponsor, Aaron's.

"When your back is against the wall and things are not looking so good, you find out quickly who is willing to vouch for you or not," he said. "I learned a lot through that experience personally and I grew a lot as a person. I'll never forget those learning curves. All of that, coming here, sitting in Victory Lane, just makes it one of the most special events of my life."

NUMERICALLY SPEAKING

2 Bonus points earned by Clint Bowyer for leading laps, the fewest of any driver in the top 15 in Sprint Cup Series points.

30 Bonus points earned by Matt Kenseth for leading laps, the most of any Sprint Cup Series driver this season.

8 Points positions lost by Joey Logano in the past two Sprint Cup races, to 18th.

3 Rookies in the top 10 in Camping World Truck Series points: Jeb Burton in second place, Ryan Blaney in sixth and Darrell Wallace Jr. in 10th.

SPRINT CUP STANDINGS

1. Jimmie Johnson, 696
2. Clint Bowyer, 640
3. Carl Edwards, 623
4. Kevin Harvick, 622
5. Dale Earnhardt Jr., 578
6. Matt Kenseth, 576
7. Kyle Busch, 576
8. Greg Biffle, 545
9. Brad Keselowski, 529
10. Kasey Kahne, 523

NOTEBOOK

Jeff Burton races to third place at New Hampshire



Jeff Burton's No. 31 Chevrolet

Jeff Burton's strong third-place finish at New Hampshire Motor Speedway on Sunday appears to be another sign that he's regaining the form that has seen him win 21 Sprint Cup races in his 21-year career.

After winning two races and finishing sixth in the standings in 2008, the driver of the No. 31 Chevrolet at Richard Childress Racing has been winless since and failed to finish in the top 10 in points.

But in recent weeks, he appears to be picking up the pace, and he says that despite his 17th-place points position, Burton says a Chase berth isn't out of the question.

"We have been running a lot better the last two months," he said. "I'm not saying we are the class of the field, but we are definitely making progress, and we feel like we are starting to build on something, and we understand what we're looking for now."

"And we don't think we are out of the Chase. We feel like we can still do it. There's a lot of stuff that's going to happen between now and Richmond [the final race of the regular season]."

Burton, a four-time winner at New Hampshire, said his wasn't the fastest car on Sunday, but it was close.

"I thought we had the second- or third-best car," he said. "I thought 78 [Kurt Busch] had the best car."

Busch started second and led a race-high 102 laps before being involved in a crash and dropping to 31st at the finish.

"Once [Busch] had his trouble, I thought, 'Hey, the door is open, and now we've got a shot,'" Burton said. "Just didn't work out for us."

Jeff Gordon still hopes for a Sprint Cup midweek night race

With the Camping World Truck Series set to run on the dirt at Eldora Speedway on Wednesday night, July 24, there's been lots of buzz about having one of NASCAR's elite series racing on dirt and racing on a weeknight.

For years, many in the sport have suggested that a midweek Sprint Cup Series night race would be a prime-time TV hit. Jeff Gordon agreed in his comments to reporters at Daytona.

"I would love to see that," he said. "I think when Monday Night Football ends, we should start Monday night racing."

Gordon first came into the public eye when he was running USAC short-track races that were televised nationally on Thursday nights by ESPN, and he knows firsthand how popular those shows were.

"Thursday Night Thunder was ridiculously successful back in the day," he said. "I am not saying we need to do it every week, but if we could find the right week in the schedule and mix it up, make it special, and make it make sense for the fans at home as well as the ones that could attend, then I think it would be awesome."

But he said he hasn't received much positive feedback when he broaches that subject with the NASCAR brass.

"It seems like every time I talk to NASCAR about doing a weekly race or one midweek, they say, 'If you do it on this day, you won't get as many people coming to the track, so the track suffers, and if you do it on this day, then maybe the track does well, but then the people at home won't watch it because of this,'" he said. "So it always seems to be some kind of obstacle."

Major driver changes announced at Stewart-Haas Racing for the 2014 Sprint Cup season

In the NASCAR world, it's been known for months that Kevin Harvick was leaving Richard Childress Racing at the end of this season to drive for Stewart-Haas Racing. Childress himself said so in a pre-season press gathering.

But it wasn't confirmed by the folks at Stewart-Haas Racing until last Friday at New Hampshire Motor Speedway, when team co-owner Tony Stewart made the announcement that Harvick and his longtime sponsor, Budweiser, would be joining his three-driver team.

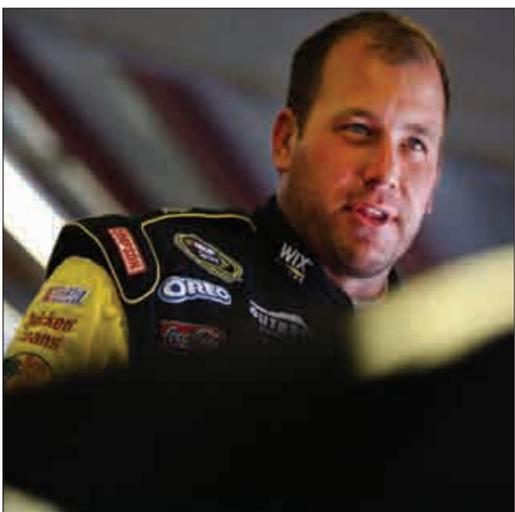
The unanswered question up until Friday was whether Stewart-Haas would add a fourth team for Harvick or whether one of the current drivers, Ryan Newman or Danica Patrick, would be displaced.

For Newman, a 16-time winner on the Cup circuit, the answer came earlier in the week in a phone call from Stewart.

"I got a phone call from Tony (Stewart) on Wednesday," Newman said. "That was it. His phone call was about making the announcement and that I would not be a part of Stewart-Haas Racing in 2014."

Newman indicated that Stewart, a fellow Indiana native whose own career has been similar to Newman's going all the way back to their early days racing USAC open-wheelers, hoped their friendship could survive the business changes.

"His stress was the importance of our friendship and that, to me, will never change," Newman said. "We've only ever argued over how hard we race. That is the kind of friends Tony and I are. There is a chance that we might do that again in the future, but we have a



Ryan Newman won't be racing for Stewart-Haas after the 2013 Sprint Cup season.

great friendship and I look forward to keeping that. That was the main point of our conversation outside of the obvious of 2014."

Stewart had similar comments about his relationship with Newman.

"This was a business decision that was Gene's [Haas] as well as mine, and it was a hard decision," Stewart said. "There is a personal side and there is a business side. For Ryan and I, we had to put the per-

sonal bit of it aside to work through the business part. "I'm behind him 100 percent. I believe in him 100 percent. I truly wish we were able to facilitate four teams at this time. We are just not able to do that."

For Harvick, leaving the only team owner he's ever had in NASCAR for Stewart-Haas is a chance to put some new spark in his step. It has worked recently for Stewart, who in 2009 left Joe Gibbs Racing to start Stewart-Haas and has gone on to win 15 races and the 2011 championship. And it's working for Matt Kenseth, who left Roush Fenway Racing for Joe Gibbs Racing this year and already has won four races.

"The decision to make the change was ... from a personal standpoint, to rejuvenate exactly what you're doing," said Harvick, who will drive a Chevrolet numbered 4 next season. "For me ... having that relationship with a guy that is going to be sitting in the cars next to you ... having that kind of teammate that has won championships, a team that has won championships in the last couple of years is ... exciting."

Then there's the chance to take advantage of the technology available from Hendrick Motorsports, which shares cars, engines and information about them with the Stewart-Haas team.

Newman also will be experiencing a change next season, but at this point he has no idea what the new season will bring as far as which team or what sponsors he'll be affiliated with in the future.

"I have no idea on any part of it," he said. "There are no answers that I have. Obviously, I have my own homework to do."