(Date): Counseled this date concerning your failure to pass the Physical Fitness Test on _____ with a score of _____. Minimum score to pass for your age group is _____ and the primary reason you failed was your (2 pull-ups, 10 crunches, 35:05 minute run time). You are not maintaining basic standards of physical fitness in accordance with MCO 6100.13, Marine Corps Physical Fitness Program. Specific recommendation for corrective action is to participate in the Remedial Conditioning Program in order to improve your physical fitness and pass the Marine Corps PFT test. You are required to obey all rules, regulations, and orders under the UCMJ. Assistance was available through your chain of command, medical, training section, and Semper Fit representative. Failure to take corrective action may result in administrative action, including but not limited to reduction in rank at a Competency Review Board and/or Administrative Separation for Unsatisfactory Performance per paragraph 6206, MARCORSEPMAN. I was advised that within 5 working days after acknowledgment of this entry, a written rebuttal can be submitted and this rebuttal will be filed in my OMPF. I choose to _____/not to _____ make such a statement.

_____ _____

Signature of Marine Date Signature of CO Date