

UNITED STATES MARINE CORPS

MARINE CORPS AIR STATION POSTAL SERVICE CENTER BOX 8003 CHERRY POINT, NORTH CAROLINA 28533-0003

> ASO 5353.1E MCCS 12 Jul 12

AIR STATION ORDER 5353.1E

From: Commanding Officer, Marine Corps Air Station, Cherry Point

To: Distribution List

Subj: TOBACCO PREVENTION AND CONTROL PROGRAM

Ref: (a

- (a) SECNAVINST 5100.13E
- (b) SECNAV Memo of 2 Mar 12; Subj: Tobacco Cessation in the Department of the Navy
- (c) MCO 5100.28
- (d) Executive Order 13058
- (e) Exception to Executive Order 13058
- (f) MCO P1700.29
- 1. <u>Situation</u>. To publish instructions and provide complete and comprehensive guidance for the administration of the Marine Corps Tobacco Prevention Program per the references.
- 2. Cancellation. AirStaO 5353.1D.
- 3. <u>Mission</u>. To implement the policies and procedures outlined in the references, and to provide additional instructions for administration of the Tobacco Prevention Program aboard Marine Corps Air Station, Cherry Point.

Execution

- a. Commander's Intent and Concept of Operations
- (1) Commander's Intent. Medical evidence overwhelmingly shows that the use of tobacco products adversely affects health and readiness. The Surgeon General of the United States has determined that the use of tobacco is the most preventable cause of illness and death. The Environmental Protection Agency states that involuntary/passive tobacco use poses a public health risk larger than the hazardous air pollutants from all industrial emissions combined. Tobacco adversely affects night vision, respiratory capacity, wound healing rates and contributes to risk of cold injuries, including frostbite. Tobacco use includes the use of smoking and smokeless tobacco, e.g., spit, plug, leaf, snuff, dip and chew. Statistically, tobacco users have higher

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accident rates than non-tobacco users do. The overall goal of the Tobacco Prevention Program is to provide education on the negative effects of tobacco use and to provide intervention classes for current tobacco users. To reach the goal of decreased prevalence of tobacco use by personnel, our leaders in both the enlisted and officer ranks, must aggressively promote cessation efforts to those who use tobacco.

(2) <u>Concept of Operations</u>. A thorough prevention education program must address the entire scope of the tobacco prevention program. Marines and sailors at all levels will receive prevention education and training at least annually. The key elements of the program are prevention, intervention, and treatment.

b. Subordinate Element Missions

(1) Commanders/Directors/Officers In Charge shall:

- (a) Permit tobacco use <u>only</u> to the extent that it does not endanger life or property or risk impairing non-tobacco users' health.
- (b) Reduce tobacco use, prevent tobacco produce use initiation, reduce non-users' exposure to environmental tobacco smoke (also known as secondhand smoke) and residue, promote quitting, and establish tobacco-free facilities.
- (c) Include the consequences of tobacco use in education on alcohol and substance abuse.
- (d) Prohibit tobacco (to include smokeless tobacco and electronic cigarettes) use in auditoriums, conference rooms, classrooms, libraries, elevators, official buses, vans, shuttle vehicles, gymnasiums and child care/activity centers. Counsel and prosecute offenders via routine methods for disobeying a lawful order.
- (e) Prohibit the use of tobacco (to include smokeless tobacco), by making public announcements and counseling individuals who are currently using smokeless tobacco, prior to and during all tobacco education classes. Counsel and prosecute offenders via routine methods for disobeying a lawful order.
- (f) Prohibit tobacco use in and around entryways, breezeways, and windows to a minimum distance of 100 feet from the building except in designated smoking areas. Consider creating a

smoke/tobacco free break area so that non-tobacco users may have a respite area that is free from temptation and the harmful effects of tobacco and second-hand smoke. Allow non-smokers to take breaks throughout the day commensurate with the smokers. This action can prevent Marines from taking up smoking to get a break from work.

- (g) Consider tobacco and non-tobacco preference in the assignment of berthing spaces (barracks). Prohibit tobacco use in berthing spaces shared by tobacco users and non-tobacco users. Tobacco use will be allowed only in designated tobacco use areas.
- (h) In establishing official designated tobacco use areas, the below criteria shall be followed:
- $\underline{1}$. Select appropriate tobacco use areas that provide for adequate ventilation for non-tobacco users and that ensure a healthy work environment.
- $\underline{2}$. Hallways, restrooms and frequently traveled stairways are not appropriate tobacco use areas unless they have been determined by Industrial Hygiene personnel to be adequately ventilated for non-tobacco users and that they ensure a healthy work environment.
- $\underline{3}$. In buildings, which contain several directorates, the designation of tobacco use areas shall be coordinated jointly by those directors.
- $\underline{4}$. When civilian employees are affected, coordinate with the Civilian Human Resources Office-East (Code CHRO-E) prior to designating an official tobacco use area.
- 5. All designated tobacco use areas must be clearly marked with displayed signs.
- (i) In support of fairness to all Marines, unit commanders should be encouraged to institute new standing orders in their work spaces to stop the use of smoke-less tobacco in these spaces. This order would support fairness to the smokers who already limit their tobacco intake to breaks and lunch hours and would limit the use of the smokeless tobacco and the vessels that hold their body fluids from coming into contact with others.
- (j) Sale of tobacco products shall be limited to convenience stores and the MCX. No discount sales of tobacco

products, with the exception of cessation aids, are permitted. Adjust the price of tobacco products sold in Navy and Marine Corps exchanges to match prices in the commercial sector, and thereby end the five percent discount permitted by DoD policy.

(k) In keeping with the objective "to reach the goal of decreased prevalence of tobacco use by personnel, our leaders (both the enlisted and officer ranks) must aggressively promote cessation efforts to those who use tobacco on the specific days of the Great American Smoke Out - GASO (3rd Thursday in November) and the Great American Spit Out - GASPO (Thursday of 3rd full week in February). On both of these days there will be no selling of tobacco products (with the exception of cessation aids) on base to fully support the initiative.

(2) Medical and Dental Health Care providers shall:

- (a) Inquire about patient's tobacco use during routine physical and dental examinations and advise users of the health risk associated with tobacco use, the benefits of stopping and where to obtain assistance.
- (b) Advise all pregnant tobacco users of the health risks to the fetus and where to obtain assistance to stop tobacco use.
- (c) Medical treatment facilities, personal service centers, Semper Fit Centers and counseling/assistance centers shall provide tobacco users encouragement and professional assistance to stop using tobacco products. Aggressively promote tobacco cessation opportunities and encourage cessation programs, but take care to avoid coercion or pressure on personnel to enter these programs against their will. The Tobacco Cessation Program, open to both smokers and users of smokeless tobacco, is offered monthly or on a 1-on-1 basis via the Health & Wellness Division of the Medical Homeport Department at the Naval Health Clinic Cherry Point. The telephone numbers for information and registration are 466-0277 and the Semper Fit Center at 466-6467.
- (d) Participation in tobacco cessation classes to increase the efficacy of staying quit is highly encouraged. Tobacco cessation aids shall be made available to all active duty personnel, through their medical provider, and do not require participation in tobacco cessation classes.

- c. Coordinating Instructions. This Order does not override tobacco use provisions of existing civilian collective bargaining agreements until those agreements have expired.
- 5. <u>Administration and Logistics</u>. The CG 2dMAW, CO's NHCCP, and FRC-East concur with this Order insofar as it pertains to members of their command.

6. Command and Signal

- a. <u>Command</u>. This Order is applicable to all tenant commands aboard MCAS Cherry Point.
 - b. Signal. This Order is effective the date signed.

E. S. WEISSBERGER Executive Officer