

# The Windsock

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## MAW (Fwd) takes fight to Afghanistan



CPL. SCOTT L. TOMASZYCKI

Lance Cpl. Patrick K. Meinzer, a field wireman with the Marine Wing Communications Squadron 28 detachment deploying to Afghanistan, draws a rifle from the Marine Air Control Group 28 armory here Jan 11. The 2nd Marine Aircraft Wing (Forward) and subordinate units deployed to Afghanistan recently to take over aerial responsibilities for the southwestern region of NATO's International Security Assistance Force.

CPL. SCOTT L. TOMASZYCKI  
MCAS CHERRY POINT

Marines from the 2nd Marine Aircraft Wing (Forward) command element and subordinate units deployed to Afghanistan in a series of recent flights. In the coming weeks, 2nd MAW (Fwd.) is scheduled to take over aerial responsibility for southwestern Afghanistan from 3rd MAW (Fwd.) as part of NATO operations in partnership with Afghan National Security Forces.

Along with the 2nd MAW (Fwd.) headquarters personnel, elements of Marine Air Control Group 28, Marine Wing Communication Squadron 28, Marine Aviation Logistics Squadron 40, and Marine Medium Tiltrotor Squadron 264 also deployed this week as part of the aviation combat element.

During the year-long deployment, 2nd MAW (Fwd.) will provide all manner of aviation support to troops on the ground, includ-

ing close-air support, troop transport, assault transport and medical evacuations.

With American forces poised to withdraw from Afghanistan in 2014, 2nd MAW (Fwd.) will play an important role in transitioning security responsibility from American forces to Afghan forces.

"As this is a time of transition, 2nd MAW (Fwd.) will be closely synced to the requirements of the Afghan Forces through embedded Security Forces Assistant and Advisor teams," said Lt. Col. Charles J. Moses, a senior member of the 2nd MAW (Fwd.) staff.

"Along with our capability is an ever-increasing Afghan National capability that is in transition to support the mission," said Moses. "We see the security lead being taken by Afghans, and that lead includes self-supported missions where our aircraft will be available

See **AFGHANISTAN** page A7

## Tax center opens on Cherry Point

LANCE CPL. PAUL E. WYATT  
MCAS CHERRY POINT

The Cherry Point Tax Center is set to open Wednesday.

The tax center is operated by the Cherry Point Legal Services Support Team and is sponsored by the Internal Revenue Service, said 1st Lt. Luke Huisenga, the officer in charge of the tax center.

Last year, the tax center helped file more than 1,400 returns for refunds totalling more than \$3 million. The center's personnel are trained to ask questions that will help clients maximize their returns.

"It's all about peace of mind," said Huisenga. "It can be daunting to do your return, but here you have someone to help you."

IRS personnel trained and certified the Marines in the center to assist in filing both federal and state tax returns.

Lance Cpl. Ben Smith said the intensive training tax center personnel received will be key to providing the best service possible to patrons who take advantage of their expertise.

"We went through five different classes with the IRS," said Smith, a tax preparer with the center. "This shop is prepared to help Cherry Point personnel handle their taxes."

The tax center is available free of charge to all service members, active or reserve, retirees and dependents. Hours of operation will be Monday through Friday, 7:30 a.m. to 4:30 p.m. for walk-ins. Appointments can be made in advance for Mondays and Wednesdays between 4:30 and 7:30 p.m.

## Harvest HAWK Marines ready for Afghan war

LANCE CPL. CORY D. POLOM  
MCAS CHERRY POINT

More than 80 Marines and four KC-130J Hercules aircraft with Marine Aerial Refueler Transport Squadron 252 are scheduled to deploy to Afghanistan within the next month.

The unit shares Marine Corps C-130 operational responsibilities with its sister unit from the West Coast, VMGR-352. The units rotate each year. VMGR-252 will split its deployment between two detachments. The second will deploy later this year.

VMGR-252 will use its KC-130Js to execute its primary missions, which are transport of cargo and troops and aerial refuel mis-

sions. They will also have one Hercules that can provide close-air support, thanks to a revolutionary new weapons upgrade.

A KC-130J equipped with the Harvest HAWK system can still provide all traditional capabilities with the addition of being able to provide close-air support for more than 10 hours without having to refuel.

"C-130's with the Harvest HAWK system are requested by a lot of the ground units because we can provide troops with extended and consistent surveillance with direct surveillance feeds from the aircraft," said Capt. Thane A. Norman, a fire control operator instructor with VMGR-252.

Norman said in addition to being able to fire Hellfire and Griffin missiles, the Harvest HAWK system has given the crew greater ability to assist ground troops with reconnaissance video. It also has a Blue Force Tracker and Remote Operated Video Enhanced Receiver aboard, which provides the HAWK crew with visuals on all allied forces and downlink feed of other aircraft overhead.

"What we see on the BFT and ROVER can assist the ground commander with tactics and strategies," said Norman. "It also helps us put rounds on the ground without endangering friendly forces."

See **HARVEST HAWK** page A7



COURTESY PHOTO

Gunnery Sgt. Brian D. Cook, the aviation ordnance chief with Marine Aerial Refueler Transport Squadron 252, conducts post-flight Hellfire missile inspections on a variant of a KC-130J Hercules located on Camp Dwyer, Afghanistan May 1, 2011. Early this year, a detachment of Marines from VMGR-252 will return to Afghanistan.

## Housing leases due Feb 1



LANCE CPL. CORY D. POLOM

Sgt. Maj. Angela M. Maness, the air station sergeant major, signs her updated lease with Kathleen Chapman, a senior community manager with Atlantic Marine Corps Communities, at the Grant's Landing Housing Office Jan. 9. Maness said it took her less than 10 minutes to sign and initial her new lease, which has an updated section explaining the new energy plan AMCC has implemented. Current residents have until Feb. 1 to sign their leases, said Chapman.

## Recycled Christmas trees help reinforce dunes at Fort Macon



LANCE CPL. CORY D. POLOM

Paul Branch, a Fort Macon National Park ranger, places a recycled Christmas tree on a dune at the park Jan. 7. The rangers use the trees to shield the dunes from wind erosion.

LANCE CPL. CORY D. POLOM  
MCAS CHERRY POINT

With 2013 underway, Atlantic Marine Corps Community residents aboard Cherry Point recycled their Christmas trees to benefit the Crystal Coast environment.

On Jan. 7, AMCC teamed up with Cherry Point's environmental affairs office to collect more than 70 recycled Christmas trees from two drop-off locations aboard the air station and delivered them to Fort Macon National Park where they are being used to help preserve the beaches and dunes from erosion.

"Not only do these trees help as a wind block, but the trees also help build new dunes," said Paul Branch, a park ranger at Fort Macon National Park. "The trees we receive from the AMCC residents and the local community help ensure the survival

See **FORT MACON** page A7

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Remembering  
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# News Briefs

## Marines deploy to AFRICOM

More than 140 Marines and Sailors with Special-Purpose Marine Air-Ground Task Force Africa deployed from Camp Lejeune Jan. 8.

Scheduled for a six-month deployment, the Marines and Sailors will conduct theater security cooperation and limited crisis response missions.

## Marines Deploy for UDP

More than 170 Marines with Marine Fighter Attack Squadron 122, based at Marine Corps Air Station Beaufort, S.C., deployed to the Western Pacific as part of the Unit Deployment Program Jan. 10 and 11.

The Unit Deployment Program was designed to reduce the number of unaccompanied tours and improve unit continuity. The Commandant of the Marine Corps established the program to provide for the deployment of units to the Western Pacific.

During the deployment, the squadron will support multinational exercises over a six-month period.

The squadron has a long and distinguished history in the Pacific Command area, having participated in 13 deployments to the Pacific theater.

## W-2 Forms Available

Cherry Point Marines and Sailors can access their W-2 forms at <https://mypay.dfas.mil/mypay.aspx>. Marines and Sailors can file taxes free of charge at the Cherry Point Tax Center, which will open Wednesday.

The federal deadline for filing taxes is April 15.

## CMC Required Reading List

All-Marine message 001/13, published Jan. 2, states that each Marine is required to read a minimum of three books from the Commandant's reading list each year. Additional books are recommended for each Marine.

The requirement to read at least three books a year will be noted in a Marine's fitness report or proficiency and conduct marks.

"A Message to Garcia," "Leading Marines," "Warrior Ethos" and "Warfighting," are Commandant of the Marine Corps Gen. James F. Amos' most-recommended books.

For the full list, visit <http://bit.ly/cmnewreadinglist>.

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## Chaplain's Corner :

# Living under God's grace

**LT. DEANN C. COLEMAN**  
HEADQUARTERS AND HEADQUARTERS SQUADRON

Regardless of race, culture, gender, occupation or religion, there are so many things we have in common which identify us as a human race. One very common characteristic is the same for all, whether one believes in God or not, and that is the propensity to sin. Some may be more aware of their sin, but because one isn't aware doesn't mean sin does not exist. Some like to identify sin by placing it in categories, distinguishing a major sin from a minor sin. There are no such categories according to God, only according to law. Law distinguishes the severity of sin. But God (from the Christian perspective) sees all sin as sin because, regardless of the sinful act, his grace covers a multitude of sin.

Knowing this, why is it so easy for someone to point out another's

faults and miss their own fragility? It is so easy to criticize or judge someone without knowing their story or all the facts of their situation. If we reflected on self for a moment we would see the plank in our own eye, which would prevent our focus from staring at the speck in someone else's eye. Many times we search for the speck because we can't stand to look at ourselves, fearing feelings of shame, doubt and guilt. If we focus on others, it lessens our personal condemnation. But God is so gracious he has a remedy for that too. In Romans 8:1, Paul writes "There is therefore now no condemnation to those who are in Christ Jesus."

You see, looking at this issue from the Christian perspective, we don't have to focus on other people's flaws to make ourselves feel better. The human race is recognized as a people filled with imperfections,

frail and weak. But God's mercy and unconditional love toward us gives us the grace needed that validates we are lovable and acceptable as we are.

Can I encourage you this year to be more self-reflective and begin to make the necessary changes that plague your thoughts and prevent you from loving yourself? This year may your goal be to press forward only using the past as a learning tool and become the person you want to be, starting with forgiving yourself for what you assumed were failures or shortcomings. Accept that you are not perfect and will never be. This keeps your focus on your plank vice someone else's speck.

It is my prayer for each of us that we are continually mindful of God's grace extended toward us each day, moment by moment, amen.

## Adoption expense assistance available

**1ST LT. JOSHUA L. OCKERT**  
LEGAL SERVICES SUPPORT TEAM

It may be that you and your spouse can't have children the old-fashioned way. It may be that you just want to provide a home for a special-needs child. Whatever the reason, some Marines find themselves in the position of exploring adoption.

However, adoption is expensive. Agency fees, placement fees, lawyer fees, medical expenses, travel expenses – even back-paying foster care expenses – can really add up. According to a recent survey by the publication Adoptive Families, most adoptions cost more than \$20,000!

There is good news though. Some service members may be eligible for reimbursement of part of those expenses. The maximum assistance is \$2,000 per child and no more than \$5,000 per family each year, no matter how many children are adopted. But with adoptions as expensive as they are, every bit helps.

According to DoD 7000.14-R, Volume 7A, Appendix A, service members on active duty for 180 days or more and who are still on active duty when the adoption becomes final are eligible for reimbursement of adoption expenses. If you and your spouse are both service members, only one of you is eligible.

The adoption itself has to be of a child less than 18 years old and arranged by a qualified adoption agency or other organization autho-

rized by state or local law to place children for adoption. In most cases, that means step-parent adoptions aided by the legal assistance office won't qualify.

Foreign adoptions have additional requirements: the child must also either qualify for automatic citizenship or be granted a certificate of citizenship by the U.S. Attorney General. You'll also have to document the nature of the foreign adoption agency, including its mission is and whether it is authorized by the foreign government to provide adoption placement. No adoptions that violate federal, state, local or foreign law are eligible for reimbursement, including adoptions from Russia, where adoption by American parents recently became prohibited by law.

If you're eligible, you can get reimbursed for public and private agency fees, placement fees, and medical expenses. You can also be reimbursed for some legal fees, including court costs, but not including any fees for legal services you may have received at no charge at Legal Services Support Section-Lejeune or Legal Services Support Team-Cherry Point. You can never receive reimbursement for your own travel expenses.

You have up to one year from the date the adoption is final to file the claim. However, this one-year deadline can be extended in cases where service members are deployed by a

letter from their commanding officer.

To file a claim, fill out and file DD Form 2675 at <http://www.dtic.mil/whs/directives/infomgt/forms/eforms/dd2675.pdf>. You will also need to file documents, that will include receipts for qualifying adoption expenses, certified true copies of all adoption paperwork and court orders, and proof of the child's U.S. citizenship. Any foreign-language documents will need to be translated by a certified translator, and the translator's certifications need to be submitted as documentation as well. Make sure you have your own copies of all of these things because you won't get copies back.

The Installation Personnel Administration Center should assist you in completing the application and mailing it by certified mail to the Defense Finance and Accounting Service. If all goes well, you should receive your adoption expense reimbursement in four to six weeks. Otherwise, you will receive written notice that your application was not approved.

If you have any questions concerning this article or any other legal assistance issue, visit the legal assistance office located at the Legal Services Support Team in building 219. Walk-ins are seen daily starting at 7:30 a.m.

## SGT. CHAS MARTINETZ

**Job Title:** Aircraft traffic controller  
**Unit:** Headquarters and Headquarters Squadron  
**Hometown:** Rockford, Ill.  
**Age:** 23  
**Date Joined:** April 2, 2007

Aircraft flight patterns over the air station form an intricate web. Sgt. Chas Martinetz helps weave that web and keep the aircraft safe.

As a Headquarters and Headquarters Squadron air traffic controller, his primary mission is to help maintain aircraft separation in Cherry Point controlled airspace. At Cherry Point, that mission is executed from high in the control tower and down in the radar room.

Martinetz said the tower and the radar room play two major roles in his job field. The tower allows for a 5-mile line of sight while the radar can track aircraft more than 60 miles away.

"The services we provide are vital to the (Marine Air-Ground Task Force's) mission," said Martinetz. "We provide all-weather services inside or outside of combat for aircraft support or defense."

Martinetz worked as an aviation communication technician with Marine Tactical Air Control Squadron 28 under Marine Air Control Group 28 during his first enlistment but changed jobs after he reenlisted.

"The opportunities for this job both in and out of the Marine Corps were worth the switch," he said. "It was a good career move."



LANCE CPL. S. T. STEWART

## The Windsock

The editorial content is edited, prepared and approved by the Public Affairs Office at Cherry Point. Correspondence should be addressed to: Commanding Officer, Public Affairs Office, (Attn: Individual concerned), PSC Box 8013, MCAS Cherry Point, N.C. 28533-0013. To provide comments or suggestions call 252-466-4241, email: [cherry.point.windsock@gmail.com](mailto:cherry.point.windsock@gmail.com), or visit <http://ice.disa.mil> to submit an ICE comment. Windsock is a registered trademark. To address any distribution problems please contact Ellis Publishing at 252-444-1999. This Department of Defense newspaper is an authorized publication for members of the DoD. Contents of the Windsock are not necessarily the official views of or endorsed by the U.S. Government, the Department of Defense, United States Marine Corps, Marine Corps Air Station Cherry Point, or the Public Affairs Office, Cherry Point, N.C. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, the U.S. Marine Corps, or Ellis Publishing Co., of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. The Windsock is published by Ellis Publishing Co., a private firm in no way connected with the Department of Defense or the U.S. Marine Corps under exclusive written contract with Marine Corps Air Station, Cherry Point, N.C. The editorial content of this publication is the responsibility of the PAO.

**COMMANDING OFFICER**  
MCAS CHERRY POINT  
COL. PHILIP J. ZIMMERMAN

**PUBLIC AFFAIRS DIRECTOR**  
MAJ. WILL KLUMPP

**PUBLIC AFFAIRS CHIEF**  
MASTER SGT. MARK E. BRADLEY

**PRESS OFFICER**  
1ST LT. ALEJANDRO AGUILERA

**PRESS CHIEF**  
GUNNERY SGT. MICHAEL A. FREEMAN

**EDITORS**  
CPL. BRIAN ADAM JONES  
LANCE CPL. S. T. STEWART  
LANCE CPL. CAYCE NEVERS  
STACEY R. SWANN

**STAFF WRITERS**  
CPL. BRIAN ADAM JONES  
CPL. SCOTT L. TOMASZYKI  
LANCE CPL. CAYCE NEVERS  
LANCE CPL. CORY D. POLOM  
LANCE CPL. GLEN E. SANTY  
LANCE CPL. S. T. STEWART  
LANCE CPL. PAUL E. WYATT

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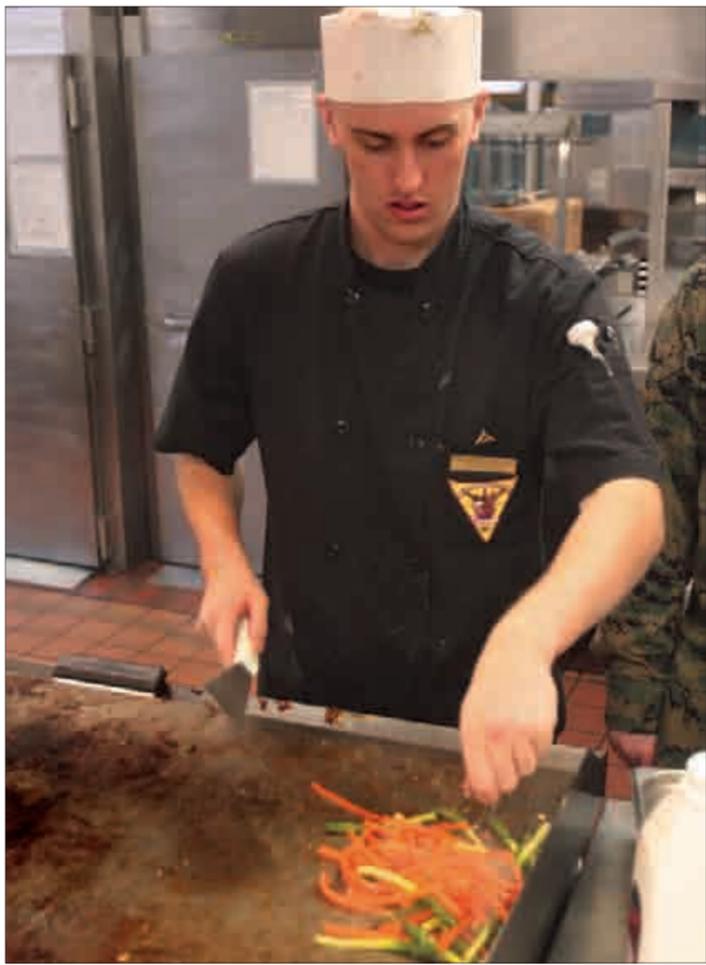




PHOTOS BY LANCE CPL. PAUL E. WYATT

Lance Cpl. Zachery Schram, a food service specialist with Marine Wing Support Squadron 271, pours oil as he sautés carrots and asparagus during the Chef of the Quarter competition at the Cherry Point mess hall Jan. 10. Schram won the competition with a meal of stuffed chicken breast, potatoes au gratin and a frozen berry and fruit coulis. "I just wanted to make something that I could be proud of," Schram said. "I wanted to make something that would remind me of home."

# Marine chef stirs up a victory



Lance Cpl. Zachery Schram, a food service specialist with MWSS-271, sautés carrots and asparagus during the competition. Schram's winning theme reflected the seasons, with brightly colored dishes.



Lance Cpl. Ashlee Wright, a food service specialist with Marine Wing Support Squadron 274, cuts her mushroom-stuffed pork loin during the Chef of the Quarter competition.

**LANCE CPL. PAUL E. WYATT**

MCAS CHERRY POINT

Three Marine chefs chopped, sautéed and baked their way toward the title of Chef of the Quarter at the Cherry Point mess hall Jan. 10.

With stuffed chicken breast, potatoes au gratin and a frozen berry and fruit coulis, Lance Cpl. Zachery Schram, a food service specialist with Marine Wing Support Squadron 271, proved himself to be the top chef at the competition.

However, that's not to say that it was not a hard-fought battle. His competition brought their A-games with their respective meals.

Cpl. Brandon Bower, a food service specialist with Headquarters and Headquarters Squadron, brought a back-home feel to the competition with beer-marinated steak, broccoli and twice-baked potatoes. Lance Cpl. Ashlee Wright, a food service specialist with MWSS-274, had a fall theme with mushroom-stuffed pork, butternut squash soup and chocolate caramel truffles.

Schram said that while he was happy that he won, it wasn't about the competition for him.

"I just wanted to make something that I could be proud of," Schram said. "I wanted to make something that would remind me of home."

The winners of the four Chef of the Quarter competitions go on to compete to be Chef of the Year, which offers the winner a chance to go to the Culinary Institute of America, said Master Sgt. Daniel O'Connell, the food service liaison with Headquarters and Headquarters Squadron.

According to O'Connell, the competition is about more than being able to follow a recipe.

"The Chef of the Quarter is not just cooking talent, it also tests field mess knowledge and operations through written and practical exams," O'Connell said. "It encourages Marines to get more of an understanding of food science. The competition also gives them a chance to showcase their talents."



Cpl. Brandon Bower, a food service specialist with Headquarters and Headquarters Squadron, presents his meal to the judges, from left to right, Aida Watson, an air station human resources specialist; Sgt. Maj. Larry Harrington, Marine Transport Squadron 1; and Sgt. Maj. Holly Prafke, Headquarters and Headquarters Squadron, during the Chef of the Quarter competition at the Cherry Point mess hall Jan. 10.



Master Sgt. Daniel O'Connell, right, mess hall liaison with H&HS, offers a tip to Cpl. Brandon Bower, a food service specialist with H&HS, during the competition at the Cherry Point mess hall.

# Marines receive medal with valor device for rescue mission in Libya

CPL. MICHAEL LOCKETT

26TH MARINE EXPEDITIONARY UNIT

**NEW RIVER, N.C.** – Marines of Marine Medium Tiltrotor Squadron 266 (Reinforced) received the Air Medal with combat distinguishing device Jan. 7 for their actions in rescuing a downed Air Force pilot during Operation Odyssey Dawn in Libya March 22, 2011. Capt. Erik Kolle, pilot of the MV-22B Osprey that flew the mission, Staff Sgt. David Potter and Sgt. Daniel Howington, crew chiefs aboard the aircraft, were awarded the medal in a ceremony outside the squadron's hangar.

The squadron, reinforcing the 26th Marine Expeditionary Unit, was supporting Operation Odyssey Dawn, the armed suppression of the Libyan government's air defenses and ground forces during March 2011. The elements of the MEU operating in the Mediterranean were embarked aboard the USS Kearsarge, a Navy amphibious assault ship. AV-8B Harriers from the squadron assaulted ground targets, helping the Libyan rebel movement that eventually seized control of the country after the death of Muammar Gaddafi. The MEU, specifically VMM-266 and a company from 1st Battalion, 2nd Marine Regiment, acted as a quick reaction force in the event of a downed aircraft.

This role came to the forefront when an Air Force F-15E was downed in the vicinity of Benghazi, a hotspot of the conflict. The pilot and weapons systems officer both ejected without issue at high altitude, but became separated from each other in the ensuing descent. The weapons officer found refuge with rebel forces and was returned unharmed. The pilot landed in hostile territory, evading pursuit as the MEU scrambled a recovery team.

Two MV-22Bs and two CH-53E Super Stallion helicopters launched, carrying Marines from 1st Battalion, 2nd Marines and the 26th MEU's reconnaissance platoon. Kolle's aircraft touched down, recovered the pilot within 90 seconds and immediately took off, returning the pilot to the USS Kearsarge.

The Marines said the squadron as a whole deserved the



CPL. MICHAEL LOCKETT

**The pilot and flight crew of an MV-22B Osprey with Marine Medium Tiltrotor Squadron 266 (Reinforced), which was involved in the rescue of a downed Air Force pilot during Operation Odyssey Dawn, received Air Medals with the combat distinguishing device for valor at Marine Corps Air Station New River, N.C., Jan. 7. VMM-266 is again reinforcing the 26th Marine Expeditionary Unit for their 2013 deployment.**

recognition. Kolle stated that it could have been any pilot in the squadron flying that mission; his presence there was simply a result of their rotation.

VMM-266 will resume its role as the aviation combat element for the 26th MEU in their upcoming deployment.

Slated to deploy soon, the squadron promises to fly the world once more with the skill and effectiveness that it has come to be known for.

# 'I Have a Dream'

**Editor's note:** *The Martin Luther King Jr. federal holiday is celebrated Monday, six days after Dr. King would have turned 84 years old. King was a pivotal figure in the civil rights movement. His lectures and dialogues sparked the conscience of a generation. His charismatic leadership inspired men and women, young and old, in this nation and around the world.*

*We take this opportunity to revisit his famous "I Have a Dream" speech, which he delivered in 1963 in Washington, D.C.*

I am happy to join with you today in what will go down in history as the greatest demonstration for freedom in the history of our nation.

Five score years ago, a great American, in whose symbolic shadow we stand today, signed the Emancipation Proclamation. This momentous decree came as a great beacon light of hope to millions of Negro slaves who had been seared in the flames of withering injustice. It came as a joyous daybreak to end the long night of their captivity.

But one hundred years later, the Negro still is not free. One hundred years later, the life of the Negro is still sadly crippled by the manacles of segregation and the chains of discrimination. One hundred years later, the Negro lives on a lonely island of poverty in the midst of a vast ocean of material prosperity. One hundred years later, the Negro is still languishing in the corners of American society and finds himself an exile in his own land. So we have come here today to dramatize a shameful condition.

In a sense, we have come to our nation's capital to cash a check. When the architects of our republic wrote the magnificent words of the Constitution and the Declaration of Independence, they were signing a promissory note to which every American was to fall heir. This note was a promise that all men, yes, black men as well as white men, would be guaranteed the unalienable rights of life, liberty, and the pursuit of happiness.

It is obvious today that America has defaulted on this promissory note insofar as her citizens of color are concerned. Instead of honoring this sacred obligation, America has given the Negro people a bad check, a check which has come back marked "insufficient funds." But we refuse to believe that the bank of justice is bankrupt. We refuse to believe that there are insufficient funds in the great vaults of opportunity of this nation. So we have come to cash this check — a check that will give us upon demand the riches of freedom and the security of justice. We have also come to this hallowed spot to remind America of the fierce urgency of now. This is no time to engage in the luxury of cooling off or to take the tranquilizing drug of gradualism.

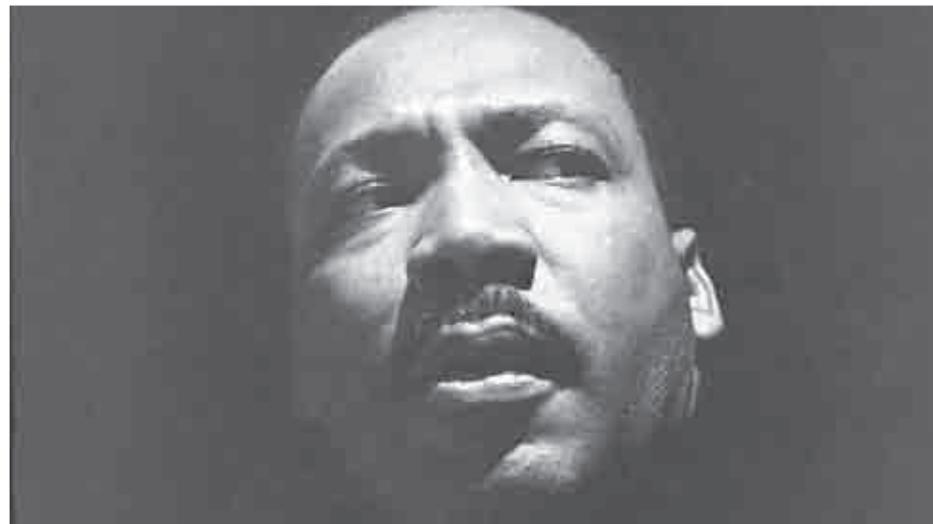
Now is the time to make real the promises of democracy. Now is the time to rise from the dark and desolate valley of segregation to the sunlit path of racial justice. Now is the time to lift our nation from the quick sands of racial injustice to the solid rock of brotherhood. Now is the time to make justice a reality for all of God's children.

It would be fatal for the nation to overlook the urgency of the moment. This sweltering summer of the Negro's legitimate discontent will not pass until there is an invigorating autumn of freedom and equality. 1963 is not an end, but a beginning. Those who hope that the Negro needed to blow off steam and will now be content will have a rude awakening if the nation returns to business as usual. There will be neither rest nor tranquility in America until the Negro is granted his citizenship rights. The whirlwinds of revolt will continue to shake the foundations of our nation until the bright day of justice emerges.

But there is something that I must say to my people who stand on the warm threshold which leads into the palace of justice. In the process of gaining our rightful place, we must not be guilty of wrongful deeds. Let us not seek to satisfy our thirst for freedom by drinking from the cup of bitterness and hatred.

We must forever conduct our struggle on the high plane of dignity and discipline. We must not allow our creative protest to degenerate into physical violence. Again and again we must rise to the majestic heights of meeting physical force with soul force. The marvelous new militancy which has engulfed the Negro community must not lead us to a distrust of all white people, for many of our white brothers, as evidenced by their presence here today, have come to realize that their destiny is tied up with our destiny. They have come to realize that their freedom is inextricably bound to our freedom. We cannot walk alone.

As we walk, we must make the pledge that we shall always march ahead. We cannot turn back. There are those who are asking the devotees of civil rights, "When will you be satisfied?" We can never be satisfied as long as the Negro is the victim of the unspeakable horrors of police brutality. We can never be satisfied, as long as our bodies, heavy with the fatigue of travel, cannot gain lodging in the motels of the highways and the hotels of the cities. We cannot be satisfied as long as the Negro's basic mobility is from a smaller ghetto to a larger one. We can never be satisfied as long as our children are stripped of their selfhood and robbed of their dignity by signs stating "For Whites Only". We cannot be satisfied as long as a Negro in Mississippi cannot vote and a Negro in New York believes he has nothing for which to vote. No, no, we are not satisfied, and we will not be satisfied until justice rolls



down like waters and righteousness like a mighty stream.

I am not unmindful that some of you have come here out of great trials and tribulations. Some of you have come fresh from narrow jail cells. Some of you have come from areas where your quest for freedom left you battered by the storms of persecution and staggered by the winds of police brutality. You have been the veterans of creative suffering. Continue to work with the faith that unearned suffering is redemptive.

Go back to Mississippi, go back to Alabama, go back to South Carolina, go back to Georgia, go back to Louisiana, go back to the slums and ghettos of our northern cities, knowing that somehow this situation can and will be changed. Let us not wallow in the valley of despair.

I say to you today, my friends, so even though we face the difficulties of today and tomorrow, I still have a dream. It is a dream deeply rooted in the American dream.

I have a dream that one day this nation will rise up and live out the true meaning of its creed: "We hold these truths to be self-evident: that all men are created equal."

I have a dream that one day on the red hills of Georgia, the sons of former slaves and the sons of former slave owners will be able to sit down together at the table of brotherhood.

I have a dream that one day even the state of Mississippi, a state sweltering with the heat of injustice, sweltering with the heat of oppression, will be transformed into an oasis of freedom and justice.

I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character.

I have a dream today.

I have a dream that one day, down in Alabama, with its vicious racists, with its governor having his lips dripping with the words of interposition and nullification; one day right there in Alabama, little black boys and black girls will be able to join hands with little white boys and white girls as sisters and brothers.

I have a dream today.

I have a dream that one day every valley

shall be exalted, every hill and mountain shall be made low, the rough places will be made plain, and the crooked places will be made straight, and the glory of the Lord shall be revealed, and all flesh shall see it together.

This is our hope. This is the faith that I go back to the South with. With this faith we will be able to hew out of the mountain of despair a stone of hope. With this faith we will be able to transform the jangling discords of our nation into a beautiful symphony of brotherhood. With this faith we will be able to work together, to pray together, to struggle together, to go to jail together, to stand up for freedom together, knowing that we will be free one day.

This will be the day when all of God's children will be able to sing with a new meaning, "My country, 'tis of thee, sweet land of liberty, of thee I sing. Land where my fathers died, land of the pilgrim's pride, from every mountainside, let freedom ring."

And if America is to be a great nation this must become true. So let freedom ring from the prodigious hilltops of New Hampshire. Let freedom ring from the mighty mountains of New York. Let freedom ring from the heightening Alleghenies of Pennsylvania!

Let freedom ring from the snowcapped Rockies of Colorado!

Let freedom ring from the curvaceous slopes of California!

But not only that; let freedom ring from Stone Mountain of Georgia!

Let freedom ring from Lookout Mountain of Tennessee!

Let freedom ring from every hill and molehill of Mississippi. From every mountainside, let freedom ring.

And when this happens, when we allow freedom to ring, when we let it ring from every village and every hamlet, from every state and every city, we will be able to speed up that day when all of God's children, black men and white men, Jews and Gentiles, Protestants and Catholics, will be able to join hands and sing in the words of the old Negro spiritual, "Free at last! Free at last! Thank God almighty, we are free at last!"

## AFGHANISTAN from page A1

but not required due the success of the Afghans who fill the ranks of the Afghan 215 Corps in Regional Command Southwest.”

With Afghan forces taking on more missions on the ground, the wing will continue to provide air support directly for partnered Afghans in battle.

“There are robust Security Force Assistance Teams forward deployed at all levels of command from regional to brigade,” Moses said. “Our embedded teams will coordinate U.S. support for Afghan missions which will include 2nd MAW (Fwd.) forces. The transition of security lead is already changing from U.S. to Afghan-advised, and all Marines are postured to make them succeed.”

Many wing Marines participated in previous Iraq and Afghanistan campaigns and bring a treasure trove of experience and knowledge that will enhance their ability to ensure the Afghans’ success.

“The more experience you have, the more prepared the Marines and Sailors are,” said Sgt. Maj. Lisa Nilsson, the sergeant major of 2nd MAW (Fwd.) “The mission might change, but it will not change the quality of support the 2nd MAW (Fwd.) Marines and Sailors provide.”

For the Marines, the deployment is about supporting the fight and sharing the experience of deployment with their fellow Marines.

“I’m a radio operator,” said Cpl. Nicholas R. Jurek, field radio operator with the Marine Wing Communications Squadron 28 detachment that deployed to provide communications support to the wing. “Without communications, the Marines on the ground could die. I play a critical role. I like deployments. It’s a really good chance to get close with your brothers that you know already, but you get closer with them. It’s a special bond that we share.”

## HARVEST HAWK from page A1

Maj. James C. Paxton, the commanding officer of the first detachment of VMGR-252 Marines for 2013, said with operations in Afghanistan drawing down, his Marines will play an important role in ensuring safe and effective transition from coalition responsibility to Afghan responsibility.

“I am very excited about being the man in charge over in Afghanistan,” said Paxton. “I have my A-team going out there with me. They are highly trained and ready for anything. I know they will effectively accomplish the mission using vigilance and confidence, which they have built over the last few months through training.”

## FORT MACON from page A1

of Fort Macon.”

Branch said this effort has been going on since 1964 and uses more than 1,500 trees annually to fortify the dunes.

Park rangers strategically place the trees to catch blowing sand. Over time, the trees are covered with sand and become part of the dune. Each year, park personnel stack more trees in the same areas, helping to build up the dunes. Eventually, nature takes over. Wild vegetation begins to grow to further build the dune’s strength.

Dixie Johnson, the strategic marketing manager for AMCC, said AMCC supported this project because it is a great way to give back to a supportive community and help the environment.

“This project goes along with our recycling project and also helps clean up the environment,” said Johnson. “We have been working on getting more information on the importance of recycling to our residents. By recycling their trees, (residents) ensure the rebuilding of a landmark that many visit.”

Erosion from hurricanes has had a significant impact on the Fort Macon area. Projects like these help ensure its preservation, said Branch.

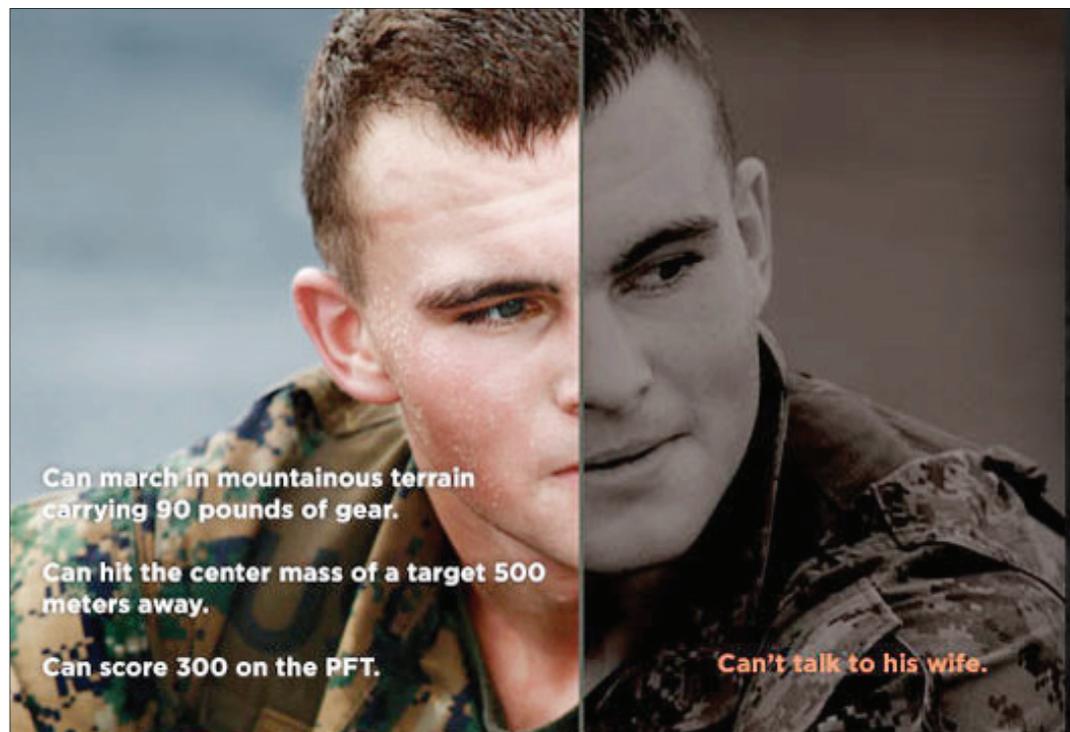
“The project helps ensure a better tomorrow for the community,” said Branch. “The service members who donate to this project ensure that it continues to work year after year.”

Residents who still have a tree and wish to donate it to the environment should place it on the curb on trash day, said Johnson.



LANCE CPL. CORY D. POLOM

**A recycled Christmas tree donated by Cherry Point residents lays next to another from last year, which was placed by Fort Macon Nation Park rangers to help fortify the sand dunes and beaches around the park Jan. 7.**



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# 'Breacher you have control'

LANCE CPL. AUSTIN LONG

HEADQUARTERS MARINE CORPS

## MARINE CORPS BASE CAMP LEJEUNE

– Eight Marines with 2nd Combat Engineering Battalion sprint toward a house with closed doors and windows. One carries explosives, while others carry various tools used to gain entrance into buildings. One holds a blast blanket, a flexible shield used by Marines to protect them from the initial blast and flying debris. Others provide security. Two Marines plant explosives on the door. After an instructor checks the placement, he yells out, "Breacher you have control!"

Immediately, the lead Marine in the group replies, "Roger, I have control! Stand by. Five, four, three, two, one!" With an ear-shattering roar, the door and windows erupt into a shower of dirt and debris, which rain down on the Marines waiting to rush the building.

Jan. 10 was the day the Marines waited for. After three days of classes and one of rehearsals, junior Marines were able to get hands-on training with live explosives at Engineer Training Area 3. The engineers worked diligently in preparation to support infantry units for future deployments.

"The combat engineers could be doing this in country, so I felt it was important for them to get the training," said Sgt. Richard Hill, acting platoon sergeant with 2nd CEB. "The training went well. These guys put in a lot of class time and rehearsal time. They learned the material and were

able to put that knowledge to work."

The Marines learned about manufacturing explosives, expedient explosives and urban breaching.

The main focus for Marines after learning the basics was how to use available resources for explosive charges, said Cpl. Rollie Lemons, an instructor with 2nd CEB.

"These Marines get out what they put in," said Lemons "We're here to teach and provide safety and guidelines."

The expedient portion of the training consisted of makeshift explosives made from material that could be found in a combat environment.

Two of the charges used during the expedient portion were the "grape shot," a directional charge made with an ammo can containing C-4 explosive on the bottom and shrapnel on the top, and a "Frankenstein," which is a multi-directional shot made of a roll of barbed wire with TNT in the center on a timed blasting cap.

Afterward, Marines went on to the urban breaching portion, where they were able to learn the basics of blasting through doors, windows and even walls.

"Training today went well for all areas of training," said 1st Lt. Patrick Mayne, the officer in charge of ETA-3 with 2nd CEB. "These Marines have been training all week, starting with classes, rehearsals and then today with the live fire."



PFC. KASEY PEACOCK

Marines brace against the blast of a door charge Jan. 10 at Engineer Training Area 3 at Camp Lejeune. For many of the Marines with 2nd Combat Engineering Battalion, it was their first live-fire urban breaching exercise.



LANCE CPL. AUSTIN LONG

A circuit of explosives that Marines with 2nd Combat Engineering Battalion put together moments before erupts Jan. 10 at Engineer Training Area 3 at Camp Lejeune. Learning the basics here gave the Marines a foundation to build on for the future, said Sgt. Steven Kenner, chief instructor with 2nd CEB.

# Life & Times

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January 17, 2013



PHOTOS BY LANCE CPL. CORY D. POLOM

Andy Delafield, a Special Olympian, hugs a Marine before they take off on a run following the Cherry Point Commissary's 6th Annual Special Olympics event Jan. 8.

## Commissary hosts Special Olympics

LANCE CPL. CORY D. POLOM  
MCAS CHERRY POINT

More than 30 Special Olympians competed in the Cherry Point Commissary's 6th Annual Special Olympics competition here Jan. 8.

The event was designed to give the Olympians a new mix of games and events based on things found at your local commissary, such as toilet paper and frozen turkeys, said Phyllis Black, the store director for the Cherry Point Commissary.

Each of the athletes selected three volunteers as teammates from the dozens of Marines, Sailors and civilians on hand for the competition. The more than 100 volunteers provided emotional support and filled in when athletes could not or did not want to compete in events.

The volunteers said they were excited about the games and enjoyed the company of the athletes.

"These athletes have a great passion for competition," said Pfc. Eric D. Escobar, a student at the Cherry Point Center for Naval Aviation Technical Training. "It was a lot of fun and they are really motivating."

Escobar said he knew the athletes were enjoying themselves by the smiles on their faces as they

competed in each event.

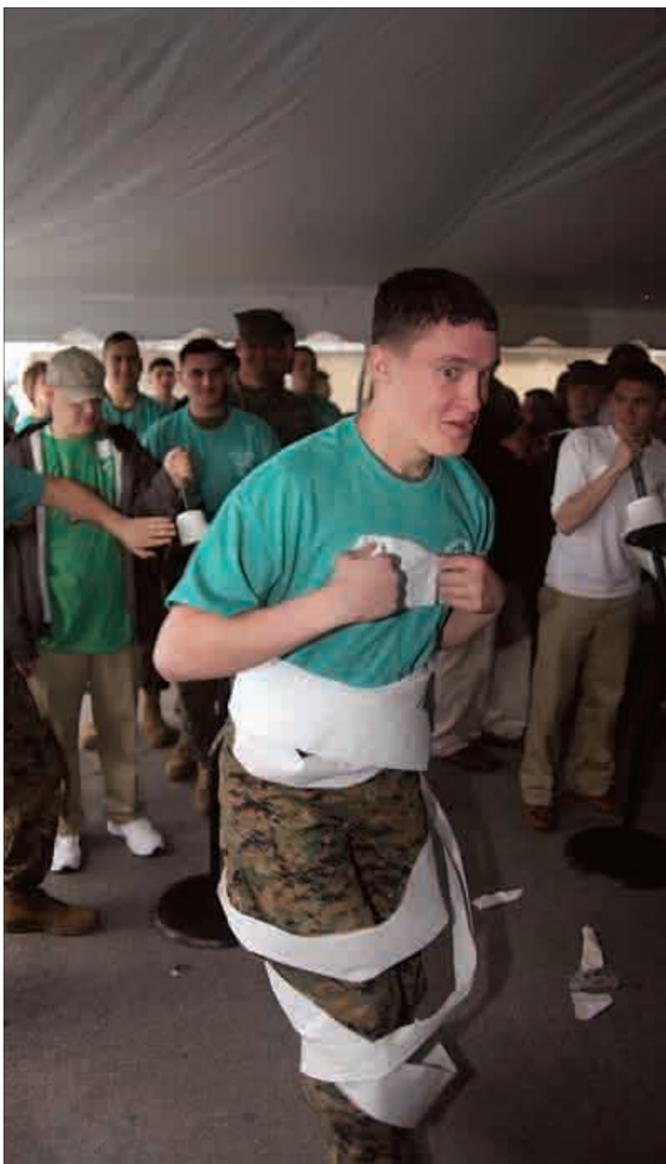
"They are always smiling and laughing," said Escobar. "They trash talk just like Marines, but they will still root for their competition to do well. For them, the fun is being around their friends and just having a good time."

The commissary staff recognized the hard work of the volunteers and the athletes throughout the day.

"Without the support of the volunteers, the commissary wouldn't be able to conduct this event on such a large scale," said Black. "They are the ones who help to make this event happen every year."

Many of the athletes' family members attended to support and cheer on the competitors.

"It is so great that the air station does this event every year for the Special Olympians of our area," said Katie Wildermuth, mother of Kari'Lynn Myers, one of the athletes who competed. "A lot of these athletes can do a lot of great things. They just don't get opportunities like other kids do in school. My daughter has many things going for her right now. Because of the loving and supportive people here aboard the air station, she can have fun and compete."



Pfc. Robert W. Neerbasch, a Special Olympics volunteer, spins in a circle trying to unroll toilet paper to get a win for his athlete during the Commissary's 6th Annual Special Olympics here.



Andy Delafield, a Special Olympian, unwinds rolls of toilet paper while Sgt. Maj. Angela M. Maness, left, and Sgt. Jesse Cody hold them during the Commissary's 6th Annual Special Olympics.



Kari'Lynn Myers, a Special Olympian, bowls a turkey down the lane with the help of her mother, Katie Wildermuth, during the Commissary's 6th Annual Special Olympics here Jan. 8.



Andy Delafield, a Special Olympian, leads a group of Marines on a 5K run aboard the air station during the Special Olympics event here Jan. 8.

# CHERRY POINT MESS HALL

## HOURS OF OPERATION

### Monday-Friday

Breakfast 6-8 a.m., Lunch 11 a.m.-12:45 p.m.,  
Dinner 4-6 p.m.

### Saturday-Sunday/ Holiday Hours

Breakfast/Lunch 8:30-11 a.m.,  
Dinner 3-5 p.m.

## FAST FOOD LINE

### Monday-Friday

Breakfast 6-8 a.m., Lunch 11 a.m.-1 p.m.,  
Dinner 4-6 p.m.

## Breakfast Menu

Assorted fresh fruit, assorted hot and cold cereals, fried eggs and omelets to order, scrambled eggs and hard cooked eggs, grill special, pancakes, French toast or waffles, breakfast potatoes, breakfast meats, creamed beef or sausage gravy, assorted muffins, breads and breakfast pastries.

## Specialty Bar Menu & Blendz

**Tuesday and Thursday Lunch (Blendz)** - Banana-strawberry yogurt, banana-blackberry yogurt, banana-peach yogurt, banana-pineapple yogurt, banana-mango yogurt, banana-blueberry yogurt, Asian chicken chopped salad, Asian beef chopped salad, Savannah fried chicken salad, Southwest chicken strip salad, chef salad bowl, buffalo chicken salad, turkey club salad, beef fajita salad, BLT club salad, Southwest flank steak salad, chicken caesar salad, Chinese chicken salad, antipasto salad.

**Monday** - Pasta primavera, lasagna, chicken rotini casserole, baked ziti with four cheeses, meatballs, baked Italian sausage, boiled rigatoni, boiled spaghetti, simmered ziti, simmered linguine, simmered fettucini, simmered penne rigate, simmered rotini, Italian meat sauce, alfredo sauce, caesar salad, toasted garlic bread and breadsticks.

**Wednesday** - Chicken enchiladas, taco beef filling, burritos, Mexican rice, refried beans with cheese, Mexican corn, shredded lettuce, diced tomatoes, chopped onions, sliced jalapeno peppers, taco shells, flour tortillas, taco sauce, salsa, sour cream.

**Friday** - Wings of fire, honeyed barbecue wings, teriyaki wings, French fried chicken wings, French fried garlic fries, corn on the cob, baked beans, carrot sticks, celery sticks, blue cheese dressing, ranch dressing.

## Weekly Menu

### Thursday January 17

**Lunch** - Cream of broccoli soup, Jamaican jerked chicken, macaroni, rice, succotash, roasted potatoes **Dinner** - Chicken and orzo soup, pork scallopini, tomato sauce, baked stuffed shells, rice pilaf, marinara sauce, chick peas with zucchini, mixed vegetables

### Friday January 18

**Lunch** - New England clam chowder, maple glazed salmon, turkey pot pie with powder biscuits, long grain and wild rice, green beans, cauliflower **Dinner** - Turkey vegetable soup, mambo pork roast, lasagna, sweet potatoes, marinara sauce, steamed broccoli, corn

### Saturday January 19

**Lunch** - Beef barley and onion soup, vegetable and black bean enchiladas, chicken and broccoli casserole, confetti rice, Spanish-style beans, steamed vegetable medley **Dinner** - Cream of chicken soup, java molasses pork loin, Swiss steak with mushroom, gravy, lyonnaise potatoes, buttered egg noodles, stewed tomatoes, peas

### Sunday January 20

**Lunch** - Vegetable beef soup, baked citrus herb-crust fish, fried chicken, brown rice pilaf, red bliss mashed potatoes, cream gravy, green bean casserole, corn **Dinner** - Turkey noodle soup, creamy Cajun shrimp penne, meat loaf, roasted garlic mashed potatoes, brown gravy, Louisiana-style smothered squash, okra melange

### Monday January 21

**Lunch** - Chicken gumbo soup, Southern fried catfish, fried chicken, honeyed roast pork loin, mashed potatoes, red beans and rice, okra mélange, southern-style greens, southern-style combread, sweet potato pie, pecan pie, peach cobbler **Dinner** - Bayou jerk pork loin, turkey meatloaf, buttered egg noodles, islander's rice, lyonnaise wax beans, broccoli polonaise, brown gravy, chicken gumbo soup

### Tuesday January 22

**Lunch** - Salmon with tomato cucumber relish, chicken fried chicken, rice pilaf, mashed potatoes, sausage gravy, succotash, southern-style greens, cream of potato soup **Dinner** - Roast beef, baked ziti with Italian sausage, parsley buttered potatoes, peas, vegetable stir fry, toasted garlic bread, Navy bean soup, horseradish sauce

### Wednesday January 23

**Lunch** - Santa Fe glazed chicken, baked smoked chicken, Southwest orzo pasta, whipped sweet potatoes, corn on the cob, simmered mustard greens, raisin sauce, chunky beef noodle soup **Dinner** - Swedish meatballs, spicy shrimp with cheesy grits, rice pilaf, French fried cauliflower, French cut green beans, brown gravy, chicken noodle soup

# Cervical Cancer Awareness Campaign begins

Laurie Varner

NAVAL HEALTH CLINIC CHERRY POINT

January is Cervical Cancer Awareness Month and Health Net Federal Services wants every woman in the TRICARE North Region to be cervical cancer-free. TRICARE beneficiaries who receive their health care from civilian providers are screened for cervical cancer less frequently than the national average. Let's change those numbers and save lives. Early detection and prevention is the key.

Here's what you need to know about cervical cancer:

1. Cervical cancer is preventable.
2. Regular Pap tests can catch abnormal cells before they turn into cervical cancer.
3. Cervical cancer is slow growing. On average, it takes 10 years to develop.
4. Women in their 40s and 50s are at the greatest risk.
5. If you have never had a Pap test or not had one in a long time, it's not too late.
6. Early stage cervical cancer can be treated.
7. Cervical cancer is caused by HPV, a virus.

8. There's a vaccine to protect you from the most dangerous HPVs.

9. A Pap test is quick, easy and painless.

10. There's no cost to you, as a TRICARE beneficiary, when you see a network provider.

11. TRICARE covers Pap tests for women over 18 years of age from a network provider.

For more information, visit our Cervical Cancer Awareness Campaign web page running throughout the month of January at [www.nhfc.com](http://www.nhfc.com) or follow our cervical cancer posts on Facebook at <http://bit.ly/cercancer>.

Make a commitment today. If you are due for a screening, call your provider today. If you're current on your screening, encourage someone in your life to get theirs. You can help save a life.

The Naval Health Clinic also offers the Gardasil HPV Vaccination for boys, girls, men, and women ages 9-26. The vaccine is available at the NHCCP immunization and military medicine departments.



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**Thursday, January 17**  
6:00pm - Playing for Keeps PG13  
**Friday, January 18**  
5:00pm - The Hobbit PG 13  
8:45pm - Playing for Keeps PG 13  
**Saturday, January 19**  
2:00pm - Cirque du soleil PG  
4:30pm - The Hobbit PG 13  
8:15pm - Killing Them Softly R  
**Sunday, January 20**  
2:00pm - Cirque du soleil PG

## MOVIE SYNOPSIS

**Playing for Keeps** - A charming, down-on-his luck former soccer star returns home to put his life back together. Looking for a way to rebuild his relationship with his son, he gets roped into coaching the boy's soccer team. But his attempts to finally become an "adult" are met with hilarious challenges from the attractive "soccer moms" who pursue him at every turn.

**The Hobbit** - Bilbo Baggins, who is swept into an epic quest to reclaim the lost Dwarf Kingdom of Erebor from the fearsome Dragon Smaug. Approached out of the blue by the Wizard Gandalf the Grey, Bilbo finds himself joining a company of 13 Dwarves led by the legendary warrior, Thorin Oakenshield. Their journey will take them into the Wild, through treacherous lands swarming with Goblins, Orcs and deadly Wargs, as well as a mysterious and sinister figure known only as the Necromancer.

**Cirque du soleil** - Two young people journey through the astonishing and dreamlike worlds of Cirque du Soleil to find each other as audiences experience the immersive 3D technology that allows them to leap, soar, swim and dance with the performers.

**Killing Me Softly** - Alice, a research scientist living in London, drops her comfortable but ordinary relationship with her boyfriend and begins an obsessive affair with a mysterious and handsome mountaineer (Joseph Fiennes).

Movies are subject to change without notice

# Announcements

► Indicates new announcement

## ► Marine Corps Scholarship Foundation

The Marine Corps Scholarship Foundation is now accepting applications through March 1.

The foundation provides need-based scholarships to the children of Marines and Navy corpsmen who attend an accredited undergraduate college or vocational or technical institution.

Special scholarships are available to the children of those who were wounded or fallen in combat.

For more information, applications and eligibility criteria, visit <http://www.mcsf.org>.

## ► Barbecue in Blue Jeans

Moore's Barbeque and The New Bern Sun Journal are sponsoring a barbecue in blue jeans at the New Bern Firemen's Museum Friday.

Doors open at 6 p.m. Dinner will be served at 7 p.m. Tickets cost \$25 per person in advance or \$30 at the door. Tickets can be purchased at the New Bern Firemen's Museum, Mitchell Hardware, New Bern Riverfront Convention Center or the New Bern Fire Department.

Funds raised at the event will help support the New Bern Firemen's Museum.

For more information, call 636-4087.

## ► Martin Luther King Jr. Day Celebration

Morehead City will host the Martin Luther King Jr. Day Celebration at the Crystal Coast Civic Center Monday at 11 a.m.

This free event is meant to bring people together for music, speeches and a lunch served by the Boys and Girls Club of Coastal Carolina.

For more information, call 726-3754.

## ► Barracks Cooking Class

Marine Corps Community Service's Semper Fit will host a barracks cooking class Jan. 23.

The class starts at 10:30 a.m. at the Semper Fit Center. For more information, call Kristen Gibson at 466-6474.

## ► James Gregory Comes to Morehead City

Comedian James Gregory is scheduled to perform a stand-up comedy routine at the Morehead Center for Performing Arts Jan. 26, 8-10:30 p.m. Ticket prices are \$25.

For more information, visit <http://bit.ly/themhcenter> or call 726-1501.

## ► Sudan Shriners' Parade

The Shriners will host a parade in downtown New Bern

Jan. 26 at noon.

The parade will include clowns, horses, mini-cars, bands and marchers.

The parade is part of the Winter Ceremonial, which occurs annually on the fourth weekend of January.

For more information, call 637-5197.

## ► American Music Festival

The American Music Festival is scheduled for Jan. 26 at 8 p.m. at the History Place in Morehead City.

Individual ticket prices are \$25 for adults and \$15 for students and service members.

For more information, call 728-6152.

## ► Heart & Soul Half Marathon and 5K

Village of Walnut Creek will host the Heart & Soul half marathon and 5K in Goldsboro, N.C., Feb. 2.

Awards will be presented to the top three male and female participants in each age group.

Time will be kept by chip timing. Each runner must pick up a chip to receive a time.

Registration fee varies between \$10 and \$45 depending on the race and purchase date.

To register, visit <http://www.runtheeast.com>.

## ► Cocoa 5K and 1-mile Fun Run

Carolina Chocolate Festival Cocoa 5K and 1-mile fun run will take place at Crystal Coast Civic Center Feb. 2.

The race is open to individuals and families.

Entry fees are \$15 per individual and \$40 per family up to four family members. Each additional family member is \$10.

The 1-mile fun run will begin at 7:30 a.m. The 5K run will begin at 8 a.m.

T-shirts will be available for purchase.

To register, visit <http://bit.ly/Cocoa5K>.

## ► Ringling Brothers and Barnum and Bailey Circus

The Ringling Brothers and Barnum and Bailey Circus is scheduled to perform at the Palmerston North City Arena in Raleigh Feb. 6-10.

Ticket prices vary.

To reserve a seat, call 800-745-3000.

## ► New Bern Antique Show and Sale

The New Bern Preservation Foundation will host its annual antique show and sale Feb. 15-17 from 10 a.m.-5 p.m.

Tickets are \$7 in advance and \$8 at the door.

Tickets are good for all three days and can be purchased at Mitchell Hardware, Harris Teeter and the New Bern Preservation Office.

## ► NC Zoo Snooze: "Creatures of the Night"

Operation Military Kids and the North Carolina Zoo have partnered together to host a Zoo Snooze: "Creatures of the Night" for military youth, ages 7-12, March 1-2.

This overnight adventure will have participants spending the evening exploring the world of elusive backyard creatures with games, activities and presentations.

A nature hike, craft time, and hands-on activities are just a few of the activities the youth can enjoy throughout their adventure.

A snack is provided in the evening and a light breakfast will be served the following morning.

Participants will receive a free pass into the zoo following the Zoo Snooze: "Creatures of the Night."

The deadline to register is Feb. 18.

Price of registration is \$10.

For more information, visit <http://bit.ly/zoosnooze>.

## ► Vienna Boys Choir

The Vienna Boys Choir is scheduled to perform in the Legends in Concert Series from the New Bern Historical Society at the New Bern Riverfront Convention Center March 3, beginning at 3 p.m. Ticket prices vary.

For more information, call 638-8558.

## Marine and Family Programs

### Marine, Family Programs Office Numbers

#### Building 298

- Library – 466-3552.
- Retired Activities – 466-5548.

#### Building 286

- Exceptional Family Member Program – 466-3305.
- Child Development Resource and Referral – 466-5490.

#### Building 87

- Sexual Assault Prevention and Response Program – 466-5490.
- Substance Abuse Counseling – 466-7568.
- New Parent Support Program – 466-3651.
- Family Advocacy Program – 466-3264.
- Military Family Life Consultant – 876-8016.
- Families Overcoming Under Stress Representative – 466-7137.

#### Building 4335

- Lifelong Learning – 466-3305.
- The Family Member Employment Program, Transition Assistance Management Program, Relocation Assistance Program and accredited financial counselors can be reached at 466-4201.

#### Budget for Baby

The Navy-Marine Corps Relief Society offers Budget for Baby classes.

To register, call 466-2031.

#### Breastfeeding Class

The Navy-Marine Corps Relief Society offers free breastfeeding classes to expectant mothers.

The purpose of the class is to help prepare the mother to be ready and confident to breastfeed once the baby arrives.

To register, call 466-2031.

#### Veterans' Assistance

A representative from the Veterans Affairs Office visits Cherry Point each Thursday in building 4335. Call 466-4201 for assistance.

#### Marine Corps Family Team Building

Educational resources and services to foster personal growth and enhance the readiness of Marine Corps families. Located in Building 87. For more information, email [family.readiness@usmc.mil](mailto:family.readiness@usmc.mil).

## Monthly and Weekly Events

### Courage to Change

Cherry Point and Havelock Courage to Change support group is for friends and families of people who suffer from alcoholism. Meetings are held at St. Paul's Lutheran Church in Havelock Tuesdays at 7 p.m.

For information, call 241-6155.

### Marine Corps League Meetings

Cherry Point's detachment of the Marine Corps League meets the third Tuesday of each month at Miller's Landing at 7 p.m. For more information, call 515-1175.

### Dart Tournament

Weekly dart tournaments at the Road House restaurant and recreation facility are held Saturdays at 8 p.m. For more information, call 241-6155 or 466-3044.

### Disabled Veterans

Chapter 26 of the Disabled American Veterans meets the third Wednesday of the month at the Senior Center

in Havelock at 7 p.m. For information, call Ancil Jones at 622-5245.

### Domestic Violence Support

Support groups for victims of domestic violence are provided by the Carteret County Domestic Violence Program. The group meetings are held Wednesdays at 6 p.m. For more information, call 728-3788.

### Al-Anon Family Group Meeting

Al-Anon family group meetings are held Tuesdays at 8 p.m. for family members and friends of individuals with possible alcohol problems.

Meetings are held at Havelock First Baptist Church.

For more information, call 447-8063.

### Education Fairs

The Cherry Point education office is currently hosting monthly career and education fairs, at the Jerry Marvel Training and Education building, room 171b.

The next fair is Feb. 15.

For more information, call Dana Bayliss, at 466-2046.

### Young Marines

The Cherry Point Young Marines is a youth organization for ages 8-18. Groups meet Friday nights 5:30 p.m.-8 p.m. and Saturdays 8 a.m.-12 p.m. The group is for youth mentors.

For more information on volunteering, call Paula Cusson at 444-5914.

### Welcome Aboard Expo

Cherry Point hosts a Welcome Aboard Expo every month at Miller's Landing.

The expo is open to all new Marines, Sailors, civilian employees and spouses.

The next expo is Feb. 20 at 9 a.m.

For questions or to register, contact Sandy Langlois at 466-5743 or email [sandy.k.langlois@usmc-mccs.org](mailto:sandy.k.langlois@usmc-mccs.org).

## Hotlines

### 2nd MAW Command Inspector General

466-5038

### Station Inspector

466-3449

### Fraud, Waste and Abuse

If you know of or suspect any fraud, waste or abuse aboard MCAS Cherry Point, call 466-2016.

This line's automated answering service is available 24/7.

### Sexual Assault

This procedure is not meant to replace calling 911 if you are in immediate danger. Immediately call 665-4713, which is monitored 24/7.

The person answering the call will help you decide the next steps to take. You may remain anonymous.

### Severe Weather and Force Protection

Cherry Point personnel call 466-3093.

FRC East personnel call 464-8333.

DLA personnel call 466-4083.

From the USMC History Division

## This month in Marine Corps History

### January 11, 1945

The first elements of Marine Aircraft Group 24 landed at Lingayen, Luzon, Philippines, to provide close air support for Army forces. Over the next three months, MAG-24 and MAG-32 flew a total of 8,842 combat sorties and dropped more than 19,000 bombs as part of the Fifth Air Force in support of the Sixth Army.

### January 21, 1918

The 1st Aeronautical Company arrived at Ponta Delgada, Azores, for anti-submarine duty. The unit was one of the first completely equipped American aviation units to serve overseas in World War I.

### January 27, 1988

Approximately 400 Marines and Sailors from the 2nd Marine Division, 2nd Marine Aircraft Wing, and 2nd Force Service Support Group deployed to the Persian Gulf. Contingency Marine Air-Ground Task Force CM 2-88 would relieve Contingency MAGTF 1-88 in the volatile Persian Gulf and provide effective landing force capability to Joint Task Force Middle East.

AP PHOTO/JOE ROSENTHAL

## Off Limits

### MCAS CHERRY POINT AREA

- 98 CENT ONLY STORE
- (BIG DADDY) WESLEY'S GROCERY
- COASTAL SMOKE SHOP
- EXPRESSIONS
- FRIDAY'S NIGHT CLUB (AKA CLUB INSOMNIA, CLUB CLASSICS, INFINITY LOUNGE)
- H&D EXPRESS AKA CITGO
- NADINE'S FOOD MART
- SUPER EXPRESSWAY
- TOBACCO OUTLET (HAVELOCK AND NEW BERN)
- TOBACCO SHOP & GIFTS (BEAUFORT AND NEW BERN)
- TOBACCO TOWN
- TOBACCO SHOP (NEWPORT AND NEW BERN)
- TWIN RIVERS (NOT THE MALL)
- WHITE SANDS CONVENIENCE STORE

### MCB CAMP LEJEUNE AREA

- BELL AUTO SALVAGE II
- DASH-IN
- DISCOUNT TOBACCO
- D'S DRIVE THRU
- D'S QUICK MART
- EXPRESS WAY
- KINGS DRIVE THRU
- LAIRDS AUTO & TRUCK CENTER
- MOE'S MART
- NEW YORK TOBACCO CENTER
- ONE STOP SHOP
- SMART BUY
- SMITTY'S R&R
- TOBACCO FOR LESS
- TOBACCO HOUSE CIGARETTE CENTER
- TOBACCO LEAF
- VETERANS AFFAIRS SERVICES