

The Windsock

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New female cover on horizon

CPL. ANDREA CLEOPATRA DICKERSON

U.S. DEPARTMENT OF DEFENSE

The female dress cover may change soon, more than 11 years after Gen. James T. Conway, the 34th Commandant of the Marine Corps, started an initiative to make the change.

For the past few months, female Marines in recruiting units and field bands tested the new proposed female cover. Now that the testing phase has concluded, Commandant of the Marine Corps Gen. James F. Amos will begin reviewing the results from surveys and data collected during the process.

Female Marines have been the focal point of several recent Corps-wide changes including physical fitness tests with pull-ups, and the initial introduction of females in traditionally all-male ground units.

So far, Marines have responded positively to the proposed cover.

"I like the new cover," said Staff Sgt. Terri L. Kopetzki, a clarinet instrumentalist with the 2nd Marine Aircraft Wing Band. "They fit us, and they look better on us."

Kopetzki wears her dress cover frequently for performances and other engagements. Because she spends so much time wearing her cover, she notices subtle differences that might not be as noticeable to other Marines.

"The new cover is comfortable," said Kopeski. She

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CPL. ANDREA CLEOPATRA DICKERSON

Staff Sgt. Terri L. Kopetzki, a clarinetist with the 2nd Marine Aircraft Wing Band, displays the covers she wore during the testing phase of an initiative aimed at changing the female dress cover. Gen. James T. Conway, the 34th Commandant of the Marine Corps, started the initiative more than 11 years ago. "The new cover is comfortable," said Kopeski. She finds it easier to style her hair and place it where she likes it, versus wearing a low bun to accommodate the "V" shape at the bottom of the current "bucket" covers.



LANCE CPL. CORY D. POLOM

Fog from liquid oxygen surrounds Lance Cpl. Daniel Hernandez, right, and Lance Cpl. Alexander Guajardo, as they work on filling a 50-gallon tank outside the cryogenics compound at Cherry Point Jan. 22. Both are cryogenic technicians with Marine Aviation Logistics Squadron 14. See the story and photos page A3.

2nd MAW heroes honored at dinner

LANCE CPL. S.T. STEWART

U.S. DEPARTMENT OF DEFENSE

Maj. Gen Glenn M. Walters, 2nd Marine Aircraft Wing commanding general, and his wife Gail hosted a heroes dinner at his residence aboard Cherry Point Jan. 30 for those who played instrumental roles in support of the Marines and Sailors of 2nd MAW and who demonstrated acts of heroism in 2012.

"This is the first time I've hosted a dinner like this for so many heroic Marines and Sailors," said Gail Walters. "It is incredible what they have done. Some of them have actually saved lives, and to me that is amazing."

Nine Marines, Sailors and civilians joined Walters and other 2nd MAW leadership during the dinner prepared by celebrity chef Rick Tarantino and four chefs from the Cherry Point mess hall.

"It is an honor to be able to support the young men and women of our armed forces," said Tarantino. "I am thankful for the opportunity to do this for them."

All the food and drinks were donated by a local community business.

"It is an honor to be a part of something like this," said Bob Savage, one of the people who has helped coordinate the dinner since the first dinner two years ago. "I have never been more proud to be an American than I am today."

Before the dinner kicked off, all in attendance gathered at the table as the general introduced the honorees and told the guests why each one were there.

Cpl. Quinn J. Tobias, an intelligence specialist with Marine Wing Headquarters Squadron 2 at Cherry Point, saw a young boy struggling to stay above water while swimming

approximately 200 yards from the coast of Atlantic Beach, N.C.

He reacted without hesitation, swimming over to the boy and ducking under the waves crashing over his head. Tobias, a native of Salem, Ore., grabbed the boy and used every ounce of energy in his body to hold his head out of water until lifeguards arrived nearly two minutes later.

Cpl. William Jones, a logistics and embarkation specialist with Marine Tactical Air Command Squadron 28 at Cherry Point, and his wife Meredith drove to New Jersey to help with the Hurricane Sandy relief and subsequent clean-up efforts.

With his own money, Jones, a native of Tuscaloosa, Ala., rented a truck and transported donated goods from Havelock to the devastated

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Operation Eagle Eyes goes online

CPL. SCOTT L. TOMASZYCKI

U.S. DEPARTMENT OF DEFENSE

Operation Eagle Eyes started a website for Marines, Sailors and civilians to report suspicious criminal or terrorist activity.

At <https://usmceagleeyes.org>, anyone can select a stateside Marine installation and make a report concerning suspicious activity, which is then sent to security experts to review. If necessary, military law enforcement will act on the information.

"Security is everybody's responsibility because we're the eyes and ears of our community, especially here on base and even out in town," said Henry A. Prutch, an anti-terrorism analyst at Cherry Point. "If we see something suspicious, there's probably something not right about it, and we should report it."

There are a number of indicators of potential terrorist or criminal activity. Individuals conducting surveillance of the installation or its facilities with binoculars, cell phones,

video or photos, could signal potential threats. Also, people asking detailed questions about installation security, personnel numbers or deployments timelines could be gathering information for an attack.

"Most of the time, terrorism isn't uncovered by law enforcement; it's usually uncovered by a private citizen who notices something out of place," said Prutch. "Around the barracks, in base housing, even out in town where you live, you'll notice if something is out of place and doesn't seem right."

Prutch said military law enforcement does a good job of looking out for criminal activity and potential terrorist threats, but they cannot be everywhere or see everything. He said that after some incidents, witnesses recall seeing someone acting suspiciously but fail to report it. In many cases, police may have been able to intervene before incidents occurred.

"If you don't have proper security, people can slip through," said Prutch. "For here on base, it's really for all of our safety, not only the active duty Marines, but we've got base housing and Marine families living here; we've got civilians who work here. So it's for our protection, and also for national security."

Robinson to honor Montford Point Marines



Sgt. Maj. Christopher G. Robinson, 2nd Marine Aircraft Wing, will be the guest speaker at a special presentation honoring the history of the Montford Point Marines at the base theater Friday at 10 a.m. The event, hosted by the Montford Point Marines Association, will highlight the contributions of African Americans throughout the history of the Marine Corps.

command of Marine Air Control Group 28 for nine days.

The Marine air command and control system, wielded for the 2nd Marine Aircraft Wing by MACG-28, enables the Marine Corps to rapidly project power virtually anywhere in the world.

Kojac met me beneath the flagpole at the MWCG-28 headquarters building aboard Cherry Point. The building's architecture is different from every other on the air station, and not what one would expect from a military headquarters. Its all-glass exterior reflects the world back at itself, as if the work done inside those walls is in pursuit of a great, though less visible mission.

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With your smartphone download a QR code reader and scan the code.

News Briefs

2nd Maw (Fwd) deploys to Afg.

More than 70 Marines serving with 2nd Marine Aircraft Wing (Fwd.) departed for Afghanistan Monday in support of the NATO-led International Security Assistance Force and Operation Enduring Freedom.

This unit was recently reactivated and will be commanded by Brig. Gen. Gary L. Thomas.

2nd Maw (Fwd.) will be the lead aviation combat element in Southwestern Afghanistan under the command of II Marine Expeditionary Force (Fwd.), a Camp Lejeune-based unit.

Accumulated leave extension

Marine Administrative Message 057/13 announced that the temporary authority to accrue annual leave per fiscal year, which was increased from 60 to 75 days of leave, has been extended through Sept. 30, 2015.

Marines who have more than 75 days of accrued annual leave after Sept. 30 of each year will lose the additional days. Special leave is not included in the 75 days of annual leave accumulated.

The extension expires for Marines who have more than 75 days on Sept. 30, 2015, and the leave will revert to 60 days carried over.

New cammies coming soon

The Marine Corps will soon issue improved flame-resistant uniforms to deploying Marines.

The update addresses long-standing concerns over durability, comfort and compatibility of the utility uniform with body armor.

The new uniforms will be an update to the Flame Resistant Organizational Gear first issued in 2007. They will incorporate both woodland and desert Marine pattern designs, reinforced fabric to resist tears, more camouflage coverage and additional pockets to organize gear.

Marine officials said the contract will call for 76,000 pairs of trousers and blouses a year, which will be expected within 12 months of a contract being awarded.

New pistol qual program

The Marine Corps is introducing a new pistol qualification program featuring tougher courses of fire more closely tied to combat scenarios.

Shooters will have less time to engage targets, which are being redesigned to be more unique and human shaped.

The Combat Pistol Program was approved by Lt. Gen. Richard Mills, deputy commandant for combat development and integration. It will replace the Entry Level Pistol Program across the Corps by fall 2014.

This will be the first significant change to pistol qualifications since adoption of the M9 9mm service pistol in the 1980s.

Chaplain's Corner:

Words are Powerful

Lt. DEANN C. COLEMAN

HEADQUARTERS AND HEADQUARTERS SQUADRON

Recently the chapel staff had to complete "Back in the Saddle" training along with everyone in the Marine Corps. During our Equal Opportunity brief, the trainer recommended a video to watch on YouTube titled "Brown Eyes and Blue Eyes (Children Session)" by Jane Elliott to encourage and enhance our learning of the subject. I went back to my desk and watched the video. I was amazed by the impact the words spoken had upon the children. I don't want to cheat you out of experiencing it for yourself, so I will refrain from providing all the details and encourage you to search for the video on YouTube and watch it for yourself. The power words had upon the children's belief of themselves and each other either impaired their learning or enhanced it depending on whether each day supported blue or brown eyes.

I shared this video with my congregation on Sunday when I preached because there were so many messages within this video that aligned with my sermon titled "God's Word is Powerful and Active." I have heard it

said that knowledge is power, but words are very powerful as well. One can have knowledge and never share it with anyone, but words shared can impact a person's life for the rest of their lives.

When my daughter was young, approximately age 5-6, I can recall praying with her daily with the goal of teaching her how to pray and to create a positive and high self-esteem. One of the phrases I would say often to encourage her was, "God I thank you that my daughter is creative." Eventually, one day out of the blue, my daughter said in her beautiful childlike voice, "Mommy, I'm creative right?" I said, "Indeed you are dear." She would repeat that often to others, saying, "I'm creative," and now as a young woman she is very confident, courageous and creative in many ways. Words are powerful!

Wouldn't it be wonderful if we could enforce our own faith by believing the positive things God says about us? As a Christian, I depend on the Bible to provide daily guidance, so when Jesus says, "A new command I

See CHAPLAIN page A7

Marine awarded for participation in Toys for Tots

LANCE CPL. CORY D. POLOM

MCAS CHERRY POINT

The Single Marine Program recognized Staff Sgt. Royce Kelley, the Headquarters and Headquarters Squadron adjutant, for his hard work and dedication and presented him with the SMP's Toys for Tots Volunteer of the Year award during a ceremony at The Roadhouse Jan. 30.

Kelley earned the award, which is expected to be presented annually, by logging the most hours manning donation sites and transporting donated toys to the local distribution site.

Kelley also pioneered a system of organizing the toys by gender and age, said Jen Krivohlav, the SMP coordinator for Cherry Point. "This made it easier for the more than 1,000 families to come in and get toys to have a great Christmas."

Krivohlav said all the volunteers did an amazing job providing the community with a joyful holiday, and the dedication shown by Kelley set him apart.

"It is humbling to receive this award," said Kelley. "My family had times when we weren't very well off. If I would have known this program was out there, I would have asked my family to get involved. That is why I am so adamant about volunteering for this event."

The three units that boasted the highest number of members who participated in the annual toy drive were also recognized. They are H&HS, the Center for Naval Aviation Technical Training Marine Unit Cherry Point and Marine Wing Communications Squadron 28.

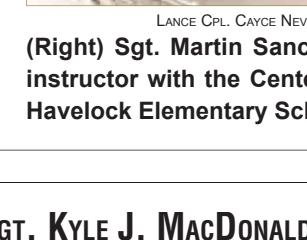


COURTESY PHOTO

Staff Sgt. Royce D. Kelley, Headquarters and Headquarters Squadron adjutant, and Cpl. Manuel S. Palma, an H&HS administration clerk, man a Toys for Tots donation site Oct. 18. Both Marines volunteered to help with the Cherry Point Toys for Tots drive. Kelley was awarded the Single Marine Program's Toys for Tots Volunteer of the Year award.

Windsock Photo of the Week

Jan. 24 and Jan. 31 edition



LANCE CPL. CAYCE NEVERS

(Left) A puppy at the Carteret County Humane Society in Newport takes a break after being walked Jan. 19. The animals' direct care is provided by shelter staff and volunteers.



LANCE CPL. PAUL E. WYATT

(Right) Sgt. Martin Sanchez Jr., an electronic countermeasures system instructor with the Center for Naval Aviation Technical Training, helps a Havelock Elementary School student with his homework Jan. 22.

The Windsock

Weekly Photo Competition

February 7 - February 14, 2013

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Vote on Google+ - <http://bit.ly/CherryPointPlus>

Vote on Flickr - <http://bit.ly/cpflickr>

SGT. KYLE J. MACDONALD

Job Title: Supply Management Division

Database Administrator

Unit: Marine Aviation Logistics

Squadron 14

Hometown: Palm Desert, Calif.

Age: 24

Date Joined: October 2008

As information technology continues to develop at breakneck speed, the Corps' East Coast aviation combat element depends on tech-savvy Marines to keep digital-age tracking systems operating smoothly. Sgt. Kyle J. MacDonald is one Marine who keeps information flowing to those who need it most.

Each day, MacDonald works with two different supply systems – the Naval Aviation Logistics Command Management Information System and the Relational Supply system. The NALCOMIS is an automated information system that provides aviation maintenance and materiel management with timely, accurate and complete information, which is used by supply, squadrons and the work centers. The RSUPPLY system provides submarine, surface amphibious and aviation units with online inventory, logistics and financial management tools. Together, these systems allow Marines to place requisitions, track orders and inventory, and ensure squadrons get everything they need to support their operational tempo and maintain a high state of readiness.

MacDonald said it is important for him to have a solid understanding of related supply functions.

"I enjoy being able to interact with everyone in supply," said MacDonald. "Part of my job is to know how to do a little bit of everyone else's job so that I can help them out as well."

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EDITORS

LANCE CPL. GLEN E. SANTY

LANCE CPL. S. T. STEWART

LANCE CPL. CAYCE NEVERS

STACEY R. SWANN

STAFF WRITERS

CPL. BRIAN ADAM JONES

CPL. SCOTT L. TOMASZYKI

CPL. ANDREA CLEOPATRA DICKERSON

LANCE CPL. S. T. STEWART

LANCE CPL. CORY D. POLOM

LANCE CPL. PAUL E. WYATT

REMEMBER TO RECYCLE



LANCE CPL. CAYCE NEVERS



PHOTOS BY LANCE CPL. CORY D. POLOM

Lance Cpl. Alexander Guajardo, left, attaches a hose to a 50-gallon storage tank to fill it with liquid oxygen as Lance Cpl. Daniel Hernandez puts his face protection on outside the cryogenics compound at Cherry Point Jan. 22. Both are cryogenic technicians with Marine Aviation Logistics Squadron 14.

Cryogenics Marines supply 2nd MAW with oxygen, nitrogen



LANCE CPL. CORY D. POLOM

MCAS CHERRY POINT

A small group of Marines aboard the air station use science and specialized equipment to provide all aviation units here a nearly limitless supply of liquid oxygen and liquid nitrogen.

Marine Aviation Logistics Squadron 14's cryogenics technicians obtain, purify and distribute the two elements which are used in a variety of ways on all 2nd Marine Aircraft Wing aircraft.

Cryogenics technicians use a large machine called an oxygen/nitrogen generating plant that isolates the two useful gasses from the air we breathe and chills them to their liquid form. The Marines use this machine to fill multiple 400-gallon tanks for storage and distribution to Cherry Point aviation squadrons.

Oxygen is used to supply aircraft with breathable air for pilots, crew-members and passengers. Nitrogen is used in multiple areas of aircraft including the canopy, tires, struts and even pressurized missile tubes, said Cpl. Jheremie K. White, a cryogenics technician.

When transferred from the cryogenics storage area to Cherry Point squadrons, they remain in liquid state; however, units use them in their gaseous state. White said technicians can store 800 times the amount of the resources in liquid form than gas.

In liquid form, oxygen is -297 degrees Fahrenheit and nitrogen is -321 degrees Fahrenheit. Cryogenics Marines wear protective clothing and equipment to help keep the liquid from coming into contact with their skin and stay warm while working with the extreme cold of the elements.

"This job takes a lot of patience and dedicated time," said Hernandez. "Without the proper protective equipment, these natural gases in their liquid state can cause instant frostbite and even loss of body parts."

These Marines take their job extremely seriously, pushing for perfection every time they fill a tank.

"At one time, there are nine units who will use two of our 50-gallon oxygen tanks each," said White. "We have only 20 of these tanks, so ensuring the mission accomplishment of these units depends on our concentration and persistence to maintain a professional and efficient shop."

"These gases are critical to all aspects of flight for the aircraft," said Sgt. Brandon T. Busby, an egress mechanic with Marine Tactical Electronic Warfare Squadron 1. "If we had to do everything cryo does on top of our jobs here at the aviation squadrons, there would be a lot less time to do preventive maintenance and other things."

Fog from liquid oxygen surrounds Lance Cpl. Alexander Guajardo, a cryogenics technician with Marine Aviation Logistics Squadron 14, as he fills a 50-gallon storage tank outside the cryogenics compound at Cherry Point Jan. 22.



Fog from liquid oxygen surrounds Lance Cpl. Alexander Guajardo, left, and Lance Cpl. Daniel Hernandez, as they fill a 50-gallon storage tank outside the cryogenics compound at Cherry Point Jan. 22.



PHOTOS BY LANCE CPL. URIEL AVENDANO

Marines follow a crew chief to a CH-46E Sea Knight during a three-day exercise at Marine Air Ground Combat Center Twentynine Palms, Calif., Jan. 28. The exercise consisted of ground offensive, defensive and counter attack operations coordinated by Yuma-based Marine Aircraft Group 13, Marine Medium Helicopter Squadron 268, 2nd Battalion, 4th Marine Regiment and 3rd Battalion, 4th Marines.

Marines participate in ITX during pre-deployment training

LANCE CPL. URIEL AVENDANO

MARINE CORPS AIR STATION YUMA

MARINE CORPS AIR GROUND COMBAT CENTER TWENTYNINE PALMS, Calif. – A three-day final exercise consisting of deliberate ground offensive, defensive and counter attack operations coordinated by Yuma-based Marine Aircraft Group 13, Marine Medium Helicopter Squadron 268, 2nd Battalion, 4th Marine Regiment and 3rd Battalion, 4th Marines, began near the Cleghorn Pass range at Marine Corps Air Ground Combat Center in Twentynine Palms, Calif., Jan. 28.

The exercise was part of the newly-implemented pre-deployment Integrated Training Exercise and provided a venue to assess the aviation combat element's ability to conduct operations with the ground combat element in live-action scenarios.

"Over multiple days, there are two ground battalions operating in the east and the west," said Maj. David Slay, MAG-13's future plans ITX coordinator. "As the ACE, we provide assets to support both of them throughout the day."

The close air support operations showcased the capabilities of different air inserts. HMM-268 conducted a helo-borne assault.

In support of the ground combat element, HMM-268 inserted roughly 100 infantry Marines to form a blocking posi-

tion to prevent the enemy from outmaneuvering the main effort.

"Inserting a blocking position of Marines into a canyon area prevents the enemy from being reinforced," said Maj. Jeff Barber, an HMM-268 pilot. "With a helo-borne assault, we don't have any planned withdrawal."

A whole series of different scenarios related to the day's scheme of maneuvers in support of the ground elements' needs were supported by the ACE.

"They send requests during certain times, and we fill those required requests for (close air support) using Harriers, Cobra's or Huey's," said Slay. "We either grant or deny those requests depending on how many assets are available."

As fixed wing and rotary assets fly in, ground units coordinate attacks with the ACE to prosecute the enemy.

"We identify what the problem is and figure out how we're going to attack that problem together," said Barber. "With integrated training, it teaches us to come together and meet the expectations we have from one another."

From setting up a forward arming and refueling point to executing casualty evacuation scenarios, providing logistics and intelligence, or tactical recovery of aircraft and personnel training, the exercise tested every part of the air squadrons' muscle.



Marines from 3rd Battalion, 4th Marine Regiment ride in a CH-46E Sea Knight during a three-day training exercise at Marine Corps Air Ground Combat Center Twentynine Palms, Calif., Jan. 28. HMM-268 inserted roughly 100 infantry Marines to form a blocking position to prevent the enemy from outmaneuvering the main effort.

"The MAG-13 headquarters element did a phenomenal job in handling the (Air Tasking Order) cycle as well as integrating all of the outside agencies into the exercise," said Capt. Sean Breit-Roup, an HMM-268 CH-46 pilot. "The MAG did a superior job."

This was the first ITX to be introduced into the Corps' schedule, replacing En-

hanced Mojave Viper.

"The importance of these exercises is to train the ground guys to get them ready, so they can get realistic expectations of what they'll encounter. It's important to integrate both the aviation and the ground side," said Breit-Roup.

ITX is slated to wrap up Friday.

2nd LAAD Marines advance leadership skills



LANCE CPL. PAUL E. WYATT

Cpl. Adam Mastrogiovanni and Lance Cpl. Larry Holmes, gunners with 2nd Low Altitude Air Defense Battalion, consult a defense advanced GPS receiver during a land navigation exercise here Jan. 31. The land navigation exercise was part of the team leader course, which covers multiple skill sets in classroom and practical application scenarios, including aircraft identification, rules of engagement, quick reaction drills and live-fire exercises.

LANCE CPL. PAUL E. WYATT

MCAS CHERRY POINT

On a chilly late-January day, two Marines using a defense advanced GPS receiver worked their way through the Cherry Point Carolina pines. Cpl. Adam Mastrogiovanni and Lance Cpl. Larry Holmes, gunners with 2nd Low Altitude Air Defense Battalion, knew they were on track when they spotted an ammo can near a riverbank. It was the first of four they needed to find to complete their land navigation exercise.

Mastrogiovanni and Holmes are students in the battalion's rigorous 13-day team leader course, which began Jan. 23 and is scheduled to end Friday. The course is designed to be mentally challenging and provide team leaders with the tools necessary to succeed in combat operations.

The course covers multiple skill sets in classroom and practical application scenarios, including aircraft identification, rules of engagement, quick reaction drills and live-fire exercises.

The most challenging and interesting component of

the course, according to both Mastrogiovanni and Holmes, has been learning about the Link-16 system. The Link-16 is a military tactical data exchange network used to communicate real-time information across a battle zone.

"The Link 16 is extremely new to us, and it's some high-tech stuff," said Mastrogiovanni. "The capabilities that it gives Marines operating in a combat zone are incredible. It seems like something from the future."

With all the challenges they have overcome, and all the knowledge they have gained, the Marines look forward to the challenges that lie ahead, and are motivated to complete the course.

"It's been hard, but it is worth every second," said Mastrogiovanni. "I have learned so much about the capabilities of our data systems, and I already feel better prepared to lead my Marines onto the battlefield some day."

"As Marines, we are all leaders," he said. "This course is just helping us become better ones."

HEROES from page A1

areas.

Sgt. Shane M. Moreland, a crew chief with Marine Medium Tiltrotor Squadron 365 at New River, demonstrated heroism and valor in defense of his aircraft and crew June 27 when flying into an area known to be under heavy enemy fire in order to insert an element of Company A, 2nd Reconnaissance Battalion to a tactical landing zone.

With multiple rounds impacting the aircraft, Moreland, a native of Brownfield, Texas, suppressed the enemy with machine gun fire, preventing further damage to the aircraft. On departure from the zone, after assessing significant battle damage to critical flight control and fuel systems, he turned his attention to stabilizing an Afghan soldier who had been shot in the leg.

Sgt. Brandon S. Miller, an aircraft electrical systems technician with Marine Tactical Electronic Warfare Squadron 2, arrived on the scene of a vehicle submerged in Slocum Creek Oct. 18, and dove into the cold water to attempt to rescue the driver.

Miller, a native of Killeen, Texas, continuously attempted to dive down to the driver's rescue for 30 to 45 minutes until the rescue dive team from Morehead City arrived.

Cpl. Madison G. DeLoach, a helicopter crew chief with Marine Heavy Helicopter Squadron 464 at New River, responded to a downed AH-1 Cobra which crashed on Forward Operating Base Wolfpack, Afghanistan. DeLoach, a native of Jones, Miss., saved the lives of the pilot and co-pilot when he and a fellow Marine pulled them out of the burning aircraft and immediately provided first aid.

Petty Officer 3rd Class Nathan Jamal Pena, a corpsman with Marine Wing Support Squadron 274 at Cherry Point, deployed to Afghanistan as the corpsman for a police advisory team from January to November 2012.

His medical treatment and humanitarian outreach to three local Afghan children enabled proper care for a head, eye, and respiratory injury, dramatically improving their quality of life and improving the relationship between the Marines and the civilian populace.

During an IED attack, Pena, a native of Woodruff, S.C., displayed unwavering courage and tactical proficiency by treating five policemen and initiating the medical evacuation of the wounded.

Lance Cpl. Trevor Staples, an advanced maintenance technician with Marine Aviation Logistics Squadron 31 at Beaufort, instinctively went to the aid of an avionics Marine who suffered a seizure Dec. 20.

Staples, a native of Havre, Mont., immediately provided first aid and checked to ensure his fellow Marine was breathing while another Marine lifted his head and rolled the Marine onto his side to prevent choking as a third contacted emergency services.

Megan Morrow, a Marine spouse, and Jennifer Krivohlavy, a Single Marine Program coordinator, were both recognized for the instrumental roles within the community of Cherry Point. Both have supported military families and active duty military members through the SMP and the family readiness programs.

The nine who were recognized came from different military installations. Both in the states and overseas, different military occupational specialties, and were recognized for many different reasons.

"These Marines and Sailors were hand selected by their commands for their actions," said Sgt. Maj. Christopher G. Robinson, 2nd MAW sergeant major. "It's all about giving back to the Marines. That is what this dinner is for, to honor them for their actions, and they have earned it."

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Ospreys conduct low-altitude training in Philippines

1ST LT. JEAN-SCOTT DODD

III MARINE EXPEDITIONARY FORCE / MARINE CORPS INSTALLATIONS PACIFIC

ANTONIO BAUTISTA AIR BASE, Phillipines – Three MV-22B Ospreys and approximately 30 Marines with Marine Medium Tiltrotor Squadron 265 conducted low-altitude flight training here Jan. 23-24, marking the Marine Corps' first Osprey training in the Republic of the Philippines.

The Marines flew routes approved by the Philippine government and used during previous flight training exercises. The flights also marked the first low-altitude training the squadron has conducted since arriving to Okinawa.

"The flights we conducted are important for our pilots and crews to maintain proficiency," said Maj. Joshua T. Fraser, the operations officer for VMM-265, "The routes here provide a great venue for low-altitude training."

Philippine Air Force members accompanied Marines on the flights, providing an opportunity to familiarize themselves with the aircraft and learn about its capabilities firsthand from the pilots and crew.

"It was exciting to fly in the Osprey and experience what it can do," said Tech. Sgt. Edwin Agang, operations chief for 570th Composite Tactical Wing, PAF. "The Marines flew by the same rules and regulations the Philippine Air Force abides by and used similar routes to those flown by our aircraft."

Marines also briefed PAF personnel on the capabilities of the MV-22 Osprey and gave tours of static displays of the aircraft, emphasizing its ability to support diverse missions including combat, disaster relief and non-combatant evacuation operations.

"We appreciated the Marines coming down and taking time to discuss the Osprey with us, answer our questions, and provide us tours," said Agang. "We are glad to host them at our base and look forward to future bilateral



1ST LT. JEAN-SCOTT DODD

An MV-22 Osprey prepares for take off for night low-altitude training Jan. 24 on Antonio Bautista Air Base, Philippines. Ospreys conducted day and night low-altitude training Jan. 23-24 in the Republic of the Philippines, marking the Marine Corps' first Osprey training in the Republic of the Philippines and the first low-altitude training the pilots and crew have conducted since the aircraft's Oct. 2012 arrival to Okinawa. The Osprey is with Marine Medium Tiltrotor Squadron 265, Marine Aircraft Group 36, 1st Marine Aircraft Wing, III Marine Expeditionary Force.

training opportunities with the U.S. Marines."

The low-altitude training the Marines conducted is critical for the squadron's pilots and the crew, according to Fraser.

"Pilots may have to fly at low altitudes for a variety of reasons, from evading detection by enemy aircraft and radar to locating and evacuating casualties or delivering troops and supplies," said Fraser. "The assigned mission

and terrain will dictate altitudes for flight, so it is important Osprey pilots train at low altitudes."

The squadron was able to meet all its goals for its first training evolution in the Republic of the Philippines, conducting both day and night low-altitude flights. The Marines look forward to returning for future training alongside Philippine Armed Forces personnel, according to Fraser.

KOJAC from page A1

2nd MAW, headquartered at Cherry Point, serves as the Marine Corps' East Coast aviation component. MACG-28, one of five groups that comprise 2nd MAW, provides the wing with aviation command and control.

The group is made up of six squadrons, each of which performs separate but equally important missions for 2nd MAW and II Marine Expeditionary Force. Marine Tactical Air Command Squadron 28 hosts the commanding general's tactical command post; planning, executing, and assessing the air war. Marine Air Support Squadron 1 processes infantry battalion requests for support from jets and helicopters and controls those assets. Marine Air Control Squadron 2 controls the aircraft making deep strikes on the enemy and provides air traffic control and weather forecasts. Marine Wing Communication Squadron 28 operates and maintains 2nd MAW's satellite and multi-channel radios, tactical switchboards and tactical computer servers. 2nd Low Altitude Air Defense Battalion's Marines are trained to employ the Stinger missile system against air threats and serve as security forces against ground threats. Marine Unmanned Aerial Vehicle Squadron 2 flies II MEF's principal aerial intelligence, surveillance and reconnaissance platform.

MACG-28's subordinate squadrons are largely located around the group headquarters on a stretch of road shared with the Cherry Point rifle range. The complex is separated from the rest of the air station by the air station flight line and a forest of Carolina pines.

The colonel and I went to the formation for 1st Sgt. Reginald Daniels, the company first sergeant for Company A, MWCS-28. It was an unseasonably warm day for December, even for North Carolina, and a formation of Marines stood in the sun.

Kojac stood in the background, as much as a colonel can, at least.

Daniels received a Bronze Star for actions in Afghanistan in 2011, while deployed as the company gunnery sergeant for 1st Battalion, 6th Marine Regiment. Following a "catastrophic improvised explosive device attack" on Aug. 5, 2011, that severely wounded his company commander, a Navy corpsman and two Marines, Daniels freed two service members trapped in the vehicle, secured the site, and ensured the wounded were safely evacuated, all the while ensuring accountability of all serialized gear.

In his remarks at the ceremony, Daniels turned to face a group of fellow Marines from 1st Bn., 6th Marines who were in attendance. "That was a bad day," he said.

"That's why we're here as Marines – the bad days," the colonel would say to me later.

For the past 11 years, the United States Marine Corps has established itself as the most versatile military entity on the planet. Marines led the initial invasion of Afghanistan in 2001. Marines cleared the path to Baghdad in 2003. Marines set the standard for humanitarian operations in Southeast Asia in 2004, in Haiti in 2010, and in Japan in 2011. In March 2011, when Moammar Gadhafi massacred thousands of his own people, AV-8B Harriers from the 2nd Marine Aircraft Wing dropped the first bombs on the tanks that were shelling the cities and towns.

"If on the battlefield, aircraft squadrons are the wing's muscle and the maintenance and ground support squadrons are the bones, then the units of the control group are the central nervous system – largely invisible, but essential," Kojac said.

Over the course of a more than 20-year career, Kojac has spent time beneath a broad array of flagpoles, including the largest of them all – the White House. He said, however, that there's no place like the Fleet Marine Force. His six previous tours with the wing are the overwhelming reference points for his assignment with MACG-28. He admitted, though, that his postings with the Commandant of the Marine Corps and the Chairman of the Joint Chiefs, as well as his time on the National Security Council staff, have informed how he looks at things.

"The big take-away from those experiences was the importance of our Marines in the operating forces," he said. "The success of our decisions by policy makers at the top echelons, frankly, depends on how well Marines do their jobs."

The next time I saw the colonel was Jan. 18, far from the MACG-28 flagpole, at

MCAS Beaufort, S.C., where a small detachment of Marines with MACS-2 hone their ability to control aircraft.

The colonel invited me to join him on his visit. With us were the sergeant major for MACG-28, Sgt. Maj. Timothy King; the commanding officer of MACS-2, Lt. Col. Jeffrey Hanson; and the sergeant major for MACS-2, Sgt. Maj. Alex Dobson.

"If there's one message to MACG-28 Marines at Cherry Point, New River or Beaufort, it is good units do everything well," Kojac said. "And that only get accomplished through the work of noncommissioned officers."

Kojac said the control group is the adhesive that binds the wing to the ground combat element, and enables interoperability among the different branches of the military.

"These Marines are making things happen. They are helping Marine aviation or joint aviation do the job," Kojac said. "The whole reason the control group exists is to assist the aviation combat element in working with the ground combat element and assist the ACE in working with the joint force component commander."

The group sergeant major offered a circle of noncommissioned officers at Beaufort some insight into how to be successful in their mission.

"Be genuine. Listen to your people. Ask the right questions. Follow up. Know your Marines. They know if they matter to you or not – and that's how you make a difference for them and for your unit," King said.

Kojac said his job is to enable the success of the unit by setting the example and communication that down to his squadron commanders and executive officers.

"Most Marines do not remember their group commanders," he said. "But we do remember whether or not our squadrons were good units."

COVERS from page A1

finds it easier to style her hair and place it where she likes it, versus wearing a low bun to accommodate the "V" shape at the bottom of the current "bucket" covers.

After testing the new cover, Kopetzksi said it was a good idea to see what it was like wearing both.

"It allows us to see what they both look like on us and what reactions other Marines in the fleet have when they see us in them," she said.

Kopetski, who was recently recognized as the Marine Corps' Staff Non-Commissioned Officer Musician of the Year, said she hopes the new version of the female cover is approved.

CHAPLAIN from page A2

give you: Love one another. As I have loved you, so you must love one another." (John 13:34) I should do my very best to lean forward each day to love others despite the situation. Also, where King David writes, "I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well." (Psalm 139:14) I should believe in my heart and mind that I am uniquely created, formed and shaped by God. Wouldn't it be wonderful if we could believe the positive things said to us or the positive words God says about us in our scriptures and allow those words to encourage, inspire, transform and enlighten us?

Before we can properly love others, we must first love ourselves. So my prayer is that the affirmative words spoken to each of us provide a favorable self-perception so that we can freely and confidently speak positive words to others. I believe what King David delineated for us, "you are fearfully and wonderfully made" is an acknowledgement of the uniqueness of every human being and the marvelous creative work of God's hand upon each of us. May we all believe that we are fearfully and wonderfully created so that when we look in the mirror, despite our faults and imperfections, we are able to accept who we are and where we are because of who God knows we are and not necessarily because of our negative thoughts or the discouraging words spoken to us in the past. Lean forward with a positive self-perception. Believe these words designed to help your soul prosper. Be blessed!

Life&Times

Facebook.com/MCASCherryPoint

February 7, 2013



PHOTOS BY CPL. ANDREA CLEOPATRA DICKERSON

Montford Point Marine, retired Master Sgt. Turner Blount, stands with his wife Sadie in their Jacksonville, N.C., residence near a family photo of the couple taken decades ago while Blount was enlisted in the Marine Corps. Blount served during World War II, the Korean War and Vietnam.

War vet carries on fading legacy

CPL. ANDREA CLEOPATRA DICKERSON

MCAS CHERRY POINT

When he received his draft letter into the Marine Corps in 1943, Turner Blount had no idea what he was signing up for.

The retired master sergeant said he originally thought about going into the Army during his junior year of high school, but after unsuccessfully job hunting with a friend, Blount entered the draft.

"I had a friend. We were pretty close, so one day he said, 'Let's go get jobs,'" said Blount, one of the first African Americans to train at Recruit Depot Montford Point. "We couldn't find jobs, so I said, 'Let's just join the Army.' Then he said to me, 'We should be Marines, they are the toughest thing going.'"

From 1798 to 1942, the Marine Corps practiced a discriminatory policy, not allowing African Americans into their ranks, making them the last of all the military branches to finally do so. The policy wasn't changed until more than two decades after they began allowing women to join their elite ranks.

On June 25, 1941, President Franklin D. Roosevelt issued Executive Order 8802; the elimination of racial discrimination from federal departments, agencies and the military. From 1942 to 1949, more than 20,000 black men trained on the hallowed grounds of Montford Point.

After enlisting in 1943, Blount was unable to escape the harsh realities of the time period. Even military members were affected by segregation. The whites at Montford Point were strict, but the black drill instructors were harsh, he said.

"Our training was intense," said Blount. "Our drill instructors did not want us to fail. They wanted us to prove that we deserve to be Marines, so they expected more from us."

Upon completion of boot camp, Blount headed to Hawaii with the 19th Marine

Depot Company. Shortly after forming up there, he headed to the island of Saipan in the Marianas Islands to assist with the invasion. As soon as Blount reached the island, he was put in charge of about 30 men.

While the Tuskegee Airmen and other notable all-black military units were making history during WWII, the Montford Point Marines were also paving the way for future service members. Many of these courageous Marines fought alongside their brothers-in-arms during conflicts on the Marianas Islands, Saipan, Tinian, Guam, Peleliu, Iwo Jima, Okinawa, Japan and China.

During his military career, Blount saw action during three conflicts, World War II, the Korean War and Vietnam. He recalled an experience when he dropped an oil drum on his toe and was taken to a makeshift field hospital.

"I couldn't cry or show any weakness even though they cut my whole toenail in half and removed it," he said, chuckling. "They didn't give me any anesthesia. Everyone was watching me, expecting me to be tough because I'm a Marine."

Blount, a quiet man, said he cherished the 26 years he spent serving in the military, despite the adversity he faced while coming up in the ranks. Blount never let that discourage him or taint his Esprit de Corps.

"I don't know why, but when asked if he would do it all over again, he said he wouldn't change a thing," said his wife, Sadie.

Blount said because of his experiences in the military, he was inspired to give back to the community and military families. While in the service, he worked part time at Sears and a local Jacksonville, N.C., apartment complex run by his church. Photos of him while in the service are on display for visitors to see in the Montford



The Montford Point Marines Museum, located at Camp Gilbert H. Johnson in Jacksonville, N.C., houses artifacts and memorabilia of legendary Marines like Sgt. Maj. Gilbert "Hashmark" Johnson. On June 25, 1941, President Franklin D. Roosevelt issued Executive Order 8802, the elimination of racial discrimination from federal departments, agencies and the military. From 1942 to 1949, more than 20,000 black men trained on the hallowed grounds of Montford Point.

Point Museum aboard Camp Gilbert H. Johnson in Jacksonville, housed in one of the original buildings from the era.

"He went on to become a city council member in Jacksonville, N.C., a city that originally didn't even want him," said Blount's daughter Dorothy. "Black service men couldn't even carry their weapons in the city. They had to take a boat to Camp Lejeune when they had training to do at the rifle range, and they even had to be guarded whenever they went in town. But he still wanted to make a difference, serving on the city council for 17 years."

Blount has received many awards and accolades over the years, the most memorable is the Congressional Gold Medal placed around his neck. When the Montford Point Marines were awarded the medal, their legacy was etched permanently

in history alongside other recipients like Rosa Parks, Frank Sinatra and the Dalai Lama.

As he looked down, Blount said he doesn't regret any part of his journey; his only regret is not being able to receive his Congressional Gold Medal from President Obama.

"My medal was given to me by a very excited Marine who happened to be a general," he said. "I was really hoping President Obama was going to be there. I just wanted to shake his hand. People always stop me and thank me for my service; I want to thank the President for everything he's done."

Although Blount will not be there, The Montford Point Association will host a Black History Month celebration at the air station theater Friday at 10 a.m.



The Montford Point Marines Museum located on Camp Gilbert H. Johnson in Jacksonville, N.C., houses artifacts and memorabilia of legendary Marines like Sgt. Maj. Gilbert "Hashmark" Johnson.

Montford Point Marines

Museum Facts

- The Montford Point Marines Museum is housed on the hallowed grounds of Montford Point Camp in the East Wing of building M101, Camp Gilbert H. Johnson, Jacksonville, N.C.
- The museum is open to the public on Tuesdays and Thursdays from 11 a.m. - 2 p.m. and 4 - 7 p.m. and Saturdays from 11 a.m. - 4 p.m.
- To schedule group tours, call (910) 450-1340.

CHERRY POINT MESS HALL

HOURS OF OPERATION

Monday-Friday

Breakfast 6-8 a.m., **Lunch** 11 a.m.-12:45 p.m.,
Dinner 4-6 p.m.

Saturday-Sunday/ Holiday Hours

Breakfast/Lunch 8:30-11 a.m.,
Dinner 3-5 p.m.

FAST FOOD LINE

Monday-Friday

Breakfast 6-8 a.m., **Lunch** 11 a.m.-1 p.m.,
Dinner 4-6 p.m.

Breakfast Menu

Assorted fresh fruit, assorted hot and cold cereals, fried eggs and omelets to order, scrambled eggs and hard cooked eggs, grill special, pancakes, French toast or waffles, breakfast potatoes, breakfast meats, creamed beef or sausage gravy, assorted muffins, breads and breakfast pastries.

Specialty Bar Menu & Blendz

Tuesday and Thursday Lunch (Blendz) - Banana-strawberry yogurt, banana-blackberry yogurt, banana-peach yogurt, banana-pineapple yogurt, banana-mango yogurt, banana-blueberry yogurt, Asian chicken chopped salad, Asian beef chopped salad, Savannah fried chicken salad, Southwest chicken strip salad, chef salad bowl, buffalo chicken salad, turkey club salad, beef fajita salad, BLT club salad, Southwest flank steak salad, chicken caesar salad, Chinese chicken salad, antipasto salad.

Monday - Pasta primavera, lasagna, chicken rotini casserole, baked ziti with four cheeses, meatballs, baked Italian sausage, boiled rigatoni, boiled spaghetti, simmered ziti, simmered linguine, simmered fettuccini, simmered penne rigate, simmered rotini, Italian meat sauce, alfredo sauce, caesar salad, toasted garlic bread and breadsticks.

Wednesday - Chicken enchiladas, taco beef filling, burritos, Mexican rice, refried beans with cheese, Mexican corn, shredded lettuce, diced tomatoes, chopped onions, sliced jalapeno peppers, taco shells, flour tortillas, taco sauce, salsa, sour cream.

Friday - Wings of fire, honeyed barbecue wings, teriyaki wings, French fried chicken wings, French fried garlic fries, corn on the cob, baked beans, carrot sticks, celery sticks, blue cheese dressing, ranch dressing.

Weekly Menu

Thursday February 7

Lunch - Cream of broccoli soup, Jamaican jerk chicken, Creole macaroni, cilantro rice, succotash, balsamic roasted potatoes **Dinner** - Chicken and orzo soup, pork scallopini with tomato sauce, baked stuffed shells, rice pilaf, marinara sauce, stewed chick peas with zucchini, vegetables

Friday February 8

Lunch - New England clam chowder, maple glazed salmon, turkey pot pie with baking powder biscuits, rice, green beans, cauliflower polonaise **Dinner** - Turkey vegetable soup, mambo pork roast, lasagna, sweet potatoes, marinara sauce, broccoli, Mexican corn

Saturday February 9

Lunch - Beef barley and onion soup, vegetable and black bean enchiladas, chicken and broccoli casserole, confetti rice, Spanish-style beans, steamed vegetable medley **Dinner** - Cream of chicken soup, java molasses pork loin, Swiss steak with mushroom gravy, lyonnaise potatoes, buttered egg noodles, stewed tomatoes, peas

Sunday February 10

Lunch - Vegetable beef supreme soup, baked citrus herb-crusted fish, fried chicken, brown rice pilaf, red bliss mashed potatoes, cream gravy, green bean casserole, corn **Dinner** - Turkey noodle soup, creamy Cajun shrimp penne, meat loaf, roasted garlic mashed potatoes, brown gravy, Louisiana-style smothered squash, okra mélange

Monday February 11

Lunch - Minestrone soup, beef short ribs, chicken and Italian vegetable pasta, steamed rice, roasted zucchini, steamed baby carrots **Dinner** - Bayou jerk pork loin, turkey meatloaf, buttered egg noodles, islander's rice, lyonnaise wax beans, broccoli polonaise, brown gravy, chicken gumbo soup

Tuesday February 12

Lunch - Salmon with tomato cucumber relish, chicken fried chicken, rice pilaf, mashed potatoes, sausage gravy, succotash, Southern-style greens, cream of potato soup **Dinner** - Roast beef, baked ziti with Italian sausage, parsley buttered potatoes, peas, vegetable stir fry, toasted garlic bread, Navy bean soup, horseradish sauce

Wednesday February 13

Lunch - Santa Fe glazed chicken, baked smoked chicken, Southwest orzo pasta, whipped sweet potatoes, corn on the cob, simmered mustard greens, raisin sauce, chunky beef noodle soup **Dinner** - Swedish meatballs, spicy shrimp with cheesy grits, rice pilaf, French fried cauliflower, French cut green beans, brown gravy, chicken noodle soup



Movie Hotline: 466-3884

Visit us at www.mccscherrypoint.com

Adults only \$4 • Kids (4-12) only \$3

NOW SHOWING

Friday, February 8

5:00pm - Les Misérables PG13

8:00pm - Texas Chainsaw R

Saturday, February 9

2:00pm - Cirque du soleil PG

4:00pm - Les Misérables PG13

7:00pm - Guilt Trip PG13

9:00pm - Texas Chainsaw R

Sunday, February 10

2:00pm - The Hobbit PG13

Prepare for cold weather exercise

DR. KIMBERLY LAZARUK

NAVAL HEALTH CLINIC CHERRY POINT

Just because the weather has gotten colder doesn't mean you need to forgo your favorite outdoor exercise. It does, however, mean you need to take some extra time to prepare. Now is a good time to re-focus on activity goals and move forward. Here are a few tips adapted from the Mayo Clinic to ensure your outdoor exercise is not frozen in time:

- Dress in layers – start with a thin layer to draw sweat away from your body. Next add an insulation layer, like fleece. The final layer should be waterproof yet breathable. Don't forget about a hat and gloves.
- Stay hydrated – just because you may not feel hot doesn't mean you're not losing fluids during your exercise. Hydrate before the activity and keep hydrating during and after the activity.
- Remember sunscreen – even though it's cold out, the

sun can still cause sunburn, so protect exposed skin with sunscreen, at least 15 SPF and labeled "broad spectrum".

- Consider the wind – factor wind chill in to your decision to exercise outdoors, remembering that as you move you create wind and thus could make it colder than the thermometer reads. It's also a good idea to begin your exercise going into the wind to avoid the extra chilling effect at the end of your exercise.
- Listen to your body – if you start to feel numb or a stinging sensation, get out of the cold and gradually warm up the area. If you don't feel improvements in a reasonable amount of time, seek medical assistance.

By following these simple tips, you can exercise outdoors even as the temperature drops. Always be sure it's safe for you to exercise regardless of the weather by consulting your health care professional before beginning an exercise program.



You are not alone. There is support. If you or someone you know is in immediate danger of hurting himself or others, please call the National Suicide Prevention Lifeline.

1-800-273-TALK (8255)

It's important to talk about suicide and feelings of depression or PTSD. If you're looking for more information or resources, trained health professionals are available 24/7 at the:

DCoE Outreach Center

866-966-1020

resources@dcoeoutreach.org

www.dcoe.health.mil

Civilian Life Ahead?



Get Assistance With

- Employment
- Education
- Benefits
- Life Goals

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SURVIVED AN IED ATTACK ON HIS CONVOY NEAR BAGHDAD.

SURVIVED REPEATED AMBUSHES FROM THE ENEMY IN FALLUJAH.

SURVIVED SNIPER FIRE IN THE HELMAND PROVINCE.

KILLED BY A SELF-INFILCTED GUNSHOT WOUND IN HIS HOME.



IF YOU SUDDENLY FIND THE ENEMY IS IN YOUR HEAD, YOU NEED TO FIGHT BACK. THE DISTRESS LINE PROVIDES CONFIDENTIAL COUNSELING FOR MARINES AND THEIR FAMILIES WHEN IT'S NEEDED. MOST CALL TODAY AND LET US HELP YOU WIN YOUR PERSONAL BATTLES.

DSTRESS

NO MARINE LEFT BEHIND

1.877.SEMPER.FI

Announcements

► Indicates new announcement

Tax Center Open

The tax center is now open. Free services are available to active duty, reserve, and retired military and their family members.

Make sure to bring all W-2 Wage and Tax statements, 1099 forms and other records of income, supporting documents for any credit deductions, a valid identification card, social security information and a legal voided blank check if direct deposit is requested.

Marine Corps Scholarship Foundation

The Marine Corps Scholarship Foundation is accepting applications through March 1.

The foundation provides need-based scholarships to children of Marines and Navy corpsmen who attend an accredited undergraduate college or vocational or technical institution.

Special scholarships are available to the children of those who were wounded or fallen in combat.

For more information, applications and eligibility criteria, visit <http://www.mcsf.org>.

Black History Month Celebration

The Montford Point Marines Association will host a special presentation honoring the history of the Montford Point Marines at the air station theater Friday at 10 a.m.

Sgt. Maj. Christopher Robinson, 2nd Marine Aircraft Wing sergeant major, will be the guest speaker.

This event will highlight the contributions of African Americans throughout the history of the Marine Corps.

Special Showing of Supersize Me

There will be a special showing of the documentary Supersize Me in honor of Healthy Heart Month at the air station theater Wednesday at 1 p.m. This free show will meet the criteria for the annual training requirement for the Semper Fit Nutrition Class.

New Bern Antique Show and Sale

The New Bern Preservation Foundation will host its annual antique show and sale Feb. 15–17 from 10 a.m.–5 p.m.

Tickets are \$7 in advance and \$8 at the door. Tickets are good for all three days and can be purchased at Mitchell Hardware, Harris Teeter and the New Bern Preservation Office.

Bridging the Gap

A Bridging the Gap: Communication for Deployments workshop will be held at the Jerry Marvel Training and

Monthly and Weekly Events

Courage to Change

Cherry Point and Havelock Courage to Change support group is for friends and families of people who suffer from alcoholism. Meetings are held at St. Paul's Lutheran Church in Havelock Tuesdays at 7 p.m.

For information, call 241-6155.

Marine Corps League Meetings

Cherry Point's detachment of the Marine Corps League meets the third Tuesday of each month at Miller's Landing at 7 p.m. For more information, call 515-1175.

Dart Tournament

Weekly dart tournaments at the Road House restaurant and recreation facility are held Saturdays at 8 p.m. For more information, call 241-6155 or 466-3044.

Disabled Veterans

Chapter 26 of the Disabled American Veterans meets the third Wednesday of the month at the Senior Center

in Havelock at 7 p.m. For information, call Ancil Jones at 622-5245.

Domestic Violence Support

Support groups for victims of domestic violence are provided by the Carteret County Domestic Violence Program. The group meetings are held Wednesdays at 6 p.m. For more information, call 728-3788.

Al-Anon Family Group Meeting

Al-Anon family group meetings are held Tuesdays at 8 p.m. for family members and friends of individuals with possible alcohol problems.

Meetings are held at Havelock First Baptist Church.

For more information, call 447-8063.

Education Fairs

The Cherry Point education office is currently hosting monthly career and education fairs, at the Jerry Marvel Training and Education building, room 171b.

Education Building, room 235, Feb. 20 from 5:30–8:30 p.m.

Registration is due by Feb. 18.

This workshop is designed for couples or individuals who want to learn ways to communicate effectively and maintain an intimate connection with their partner during deployments.

To sign up or receive more information, call 466-4637.

Stress Management for Spouses

A Stress Management for Spouses workshop will be held at the Jerry Marvel Training and Education Building, room 235, Feb. 27 from 5:30–8:30 p.m.

Registration is due by Feb. 25.

This workshop is geared specifically toward spouses of deployed service members.

To sign up or receive more information, call 466-4637.

Chocolate and Wine Night

The Enlisted Spouses Club will host a ladies Chocolate and Wine night at the Accidental Artist in New Bern Feb. 28 at 6 p.m. All enlisted spouses are welcome. RSVP through the Enlisted Spouses Club Facebook page at www.facebook.com/cherrypointesc or email cherrypointesc@gmail.com.

NC Zoo Snooze: 'Creatures of the Night'

Operation Military Kids and the North Carolina Zoo have partnered together to host a Zoo Snooze: "Creatures of the Night," for military youth, ages 7–12, March 1–2.

This overnight adventure will have participants spending the evening exploring the world of elusive backyard creatures with games, activities and presentations.

A nature hike, craft time and hands-on activities are just a few of the activities the youth can enjoy throughout their adventure. A snack is provided in the evening and a light breakfast will be served the following morning. Participants will receive a free pass into the zoo following the event. The deadline to register is Feb. 18.

Price of registration is \$10.

For more information, visit <http://bit.ly/zosnooze>.

Vienna Boys Choir

The Vienna Boys Choir is scheduled to perform in the Legends in Concert Series from the New Bern Historical Society at the New Bern Riverfront Convention Center March 3, beginning at 3 p.m. Ticket prices vary.

For more information, call 638-8558.

Military Family Day

North Carolina along with the Marine Corps Reserves will host a Military Family Day event at the Navy and

The next fair is Feb. 15.

For more information, call Dana Bayliss, at 466-2046.

Young Marines

The Cherry Point Young Marines is a youth organization for ages 8–18. Groups meet Friday nights 5:30 p.m.–8 p.m. and Saturdays 8 a.m.–12 p.m.

The group is for youth mentors.

For more information on volunteering, call Paula Cusson at 444-5914.

Welcome Aboard Expo

Cherry Point hosts a Welcome Aboard Expo every month at Miller's Landing.

The expo is open to all new Marines, Sailors, civilian employees and spouses.

The next expo is Feb. 20 at 9 a.m.

For questions or to register, contact Sandy Langlois at 466-5743 or email sandy.k.langlois@usmc-mccs.org.

Marine Corps Reserve Operational Support Center in Raleigh March 16 from 12–4 p.m.

The event will provide military families, active duty, guard and reserve, a day to come together for fun, fellowship, camaraderie and relaxation.

Service members and their families will have the opportunity to enjoy a variety of games, activities and food.

Lunch will be provided.

For more information, visit <http://bit.ly/Familyday>.

For questions, contact J. Scott Enroughty at 919-515-8500 or email scott_enroughty@ncsu.edu.

Civil War Reenactment

The 1st North Carolina Volunteers will host a free Civil War reenactment at Fort Macon State Park in Atlantic Beach, N.C., April 20. The event will go from 10 a.m. to 4 p.m.

For more information, call 726-3775.

Navy Marine Corps Relief Society Scholarships

The Navy Marine Corps Relief Society is accepting scholarship/interest-free loan applications for the 2013-2014 academic year. The deadline is May 1.

For more information visit ow.ly/h2jQO.

Marine and Family Programs

Marine, Family Programs Office Numbers

Building 298

- Library – 466-3552.
- Retired Activities – 466-5548.

Building 286

- Exceptional Family Member Program – 466-3305.
- Child Development Resource and Referral – 466-3595.

Building 87

- Sexual Assault Prevention and Response Program – 466-5490.
- Substance Abuse Counseling – 466-7568.
- New Parent Support Program – 466-3651.
- Family Advocacy Program – 466-3264.
- Military Family Life Consultant – 339-6084.
- Families Overcoming Under Stress Representative – 466-7137.

Building 4335

- Education – 466-3500.
- The Family Member Employment Program, Transition Assistance Management Program, Relocation Assistance Program and accredited financial counselors can be reached at 466-4201.

Budget for Baby

The Navy-Marine Corps Relief Society offers Budget for Baby classes.

To register, call 466-2031.

Breastfeeding Class

The Navy-Marine Corps Relief Society offers free breastfeeding classes to expectant mothers.

The purpose of the class is to help prepare the mother to be ready and confident to breastfeed once the baby arrives.

To register, call 466-2031.

Veterans' Assistance

A representative from the Veterans Affairs Office visits Cherry Point each Thursday in building 4335. Call 466-4201 for assistance.

Marine Corps Family Team Building

Educational resources and services to foster personal growth and enhance the readiness of Marine Corps families. Located in Building 87. For more information, email family.readiness@usmc.mil.

MCAS Cherry Point Area

98 Cent Only Store

(Big Daddy) Wesley's Grocery

Coastal Smoke Shop

Expressions

Friday's Night Club (AKA Club Insomnia, Club Classics, Infinity Lounge)

H&D Express AKA Citgo

Nadine's Food Mart

Super Expressway

Tobacco Outlet (Havelock and New Bern)

Tobacco Shop & Gifts (Beaufort and New Bern)

Tobacco Town

Tobacco Shop (Newport and New Bern)

Twin Rivers (Not the Mall)

White Sands Convenience Store

MCB Camp Lejeune Area

Bell Auto Salvage II

Dash-In

Discount Tobacco

D's Drive Thru

D's Quick Mart

Express Way

Kings Drive Thru

Laird's Auto & Truck Center

Moe's Mart

New York Tobacco Center

One Stop Shop

Smart Buy

Smitty's R&R

Tobacco For Less

Tobacco House Cigarette Center

Tobacco Leaf

Veterans Affairs Services

Hotlines

2nd MAW Command Inspector General

466-5038

Station Inspector

466-3449

Fraud, Waste and Abuse

If you know of or suspect any fraud, waste or abuse aboard MCAS Cherry Point, call 466-2016.

Suicide/Stress