

VMR-1 crew rescues stranded boater



Lance Cpl. Anthony J. DiCola, a crew chief with Marine Transport Squadron 1, hoists Cpl. Kyle A. Alessandro, a rescue swimmer in training, into an HH-46E Sea Knight May 10. A search and rescue team with the squadron saved a boater May 20 who was stranded at sea for three days.

LANCE CPL. ANDREA CLEOPATRA DICKERSON
MCAS CHERRY POINT

On May 20, a search and rescue team with Marine Transport Squadron 1 saved a boater who was stranded at sea for three days. “We were on a training flight and we got a call saying there was a boat in distress,” said Petty Officer 2nd Class Adam Woolley, a hospital corpsman with VMR-1. “We immediately cleaned up our gear and headed out to the Atlantic

Beach area.” Approximately three miles off the coast, they saw signal flares from the vessel, a sailboat that had been caught in a storm. Its sails were torn and its engine lay somewhere on the seabed, ripped away by violent waves. “We flew around the sail boat a few times so we could decide how we wanted to approach it,” Woolley said. The pilots decided to hover several hundred yards off to the side of the boat

to avoid further battering it with the down wash from the helicopter blades. Once in position, the team hoisted a rescue swimmer down into the water. The crew sent down Lance Cpl. Stephen Benjamin D. Bargar, a rescue swimmer with the squadron, to retrieve the vessel’s lone passenger. Once in the water, Bargar kicked his way through the surf to retrieve the ves-

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Marines, allies embark on ‘Bold Quest’

CONTRIBUTED ARTICLE
MCAS CHERRY POINT

Exercise Bold Quest 13-1, a series of capability and assessment events to test the interoperability of Mode 5 Identification Friend or Foe, began Wednesday and is scheduled to conclude June 29. IFF is an electronic-based method of determining friendly aircraft from hostile aircraft within a battle space and requires an operationally realistic environment to continue testing of the technology. The exercise provides 2nd Marine Aircraft Wing an opportunity to train with its NATO allies and sister services. United States armed forces are participating along with allied nations Germany, Italy, Norway, and France who arrived at Cherry Point with aviation and ground-based assets to conduct the exercise. Cherry Point is providing considerable support while assuming host responsibility for this exercise. The air station will provide station facilities and resources as well as the use of Marine Corps Auxiliary Landing Field Bogue and Outlying Landing Field Atlantic. Both landing fields will provide expeditionary environments for participants. The large-force nature of the exercise will provide an operationally dynamic environment to pilots and an opportu-

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Cherry Point recognized as StormReady military installation

CPL. SCOTT L. TOMASZYCKI
MCAS CHERRY POINT

Marine Corps Air Station Cherry Point will receive a certificate of accreditation as a StormReady military installation today from the National Weather Service. The StormReady program helps communities implement procedures to help safeguard their populations from the threats of severe weather, like notification systems and refining first responders’ procedures. “No community is storm proof, but StormReady can help communities save lives,” said John Cole, a warning coordination meteorologist of the National Weather Service in Newport, N.C., in a press release. During severe weather, Cherry Point can stand up the emergency operations center, which directs how the sta-

tion responds to an emergency situation. It can process information from the National Weather Service and the Navy’s meteorological and oceanographic center to keep the Marines, Sailors and civilians informed on how the severe weather is developing so they can determine how to best prepare and what specific actions may need to be taken. Personnel who staff the EOC also direct the air station’s first responder efforts. “Through METOC and through our dispatch, we can send out notifications installation-wide that are the same information that they’re getting outside the gates,” said Etta Lucas, the mission assurance installation emergency manager. “(The notification system ensures) that they get timely and accurate information that we’re having severe weather so they can prepare and they can evacuate if they

need to.” In order to receive accreditation, communities apply online and must maintain standards set by the National Weather Service. StormReady communities have redundant methods of monitoring weather conditions, receiving weather warnings from the National Weather Service and alerting the public. They also hold educational outreach programs for the public, maintain an emergency operations center and train severe storm spotters. So far, Cherry Point is the third Marine Corps installation after Marine Corps Base Camp Lejeune, N.C., and Marine Corps Base Hawaii to receive StormReady Accreditation.

VMGR-252 trains, conducts refueling flight



An AV-8B Harrier with Marine Attack Squadron 223 takes on fuel from a KC-130J with Marine Aerial Refueler Transport Squadron 252 during training May 22.

LANCE CPL. ANDREA CLEOPATRA DICKERSON
MCAS CHERRY POINT

Approximately 13 Marines and two KC-130J Hercules with Marine Aerial Refueler Transport Squadron 252 conducted fixed wing aerial refueling missions with Marine Attack Squadron 223 and Marine Tactical Electronic Warfare Squadron 3 approximately 20 miles southeast of New River May 22. “As wing assets, we work together frequently,” said Capt. James M. Brophy, a KC-130J pilot with VMGR-252. “It is a great opportunity because it allows us to facilitate training on both ends.” Since the early 1900’s, aerial refueling has afforded American military forces the ability to increase the effectiveness and efficiency of various aircraft by allowing them to fly farther and for longer periods while providing much-needed support. “Aerial refueling allows our comrades to get the gas they need from us and get

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Surgeon General visits Cherry Point

CPL. SCOTT L. TOMASZYCKI
MCAS CHERRY POINT

The surgeon general of the Navy, Vice Adm. Matthew L. Nathan, and the medical officer of the Marine Corps, Rear Adm. Michael H. Anderson, paid a visit to the Cherry Point Naval Health Clinic May 23. The admirals visited with the senior leadership of the air station, the 2nd Marine Aircraft Wing and the clinic itself. In the morning, they toured the clinic, visiting the

physical therapy center, the warrior wellness and readiness center, and the mental health center. A running theme through the visit was making the health clinic, as opposed to nearby civilian options, the primary and preferred source of care for active duty military personnel. Anderson said that under the battalion aid station system, military personnel

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Vice Adm. Matthew L. Nathan, the surgeon general of the Navy, speaks with Navy medical personnel during an admiral’s call at the air station theater May 28.

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Pools Open
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With your smartphone
download a QR code reader
and scan the code.

News Briefs

Furlough Notices To Be Delivered

Furlough notices are set to go out this week to civilian Department of Defense workers, setting the stage for 11 days of unpaid leave to start July 8.

Furlough proposal notices are set to be delivered through June 5 triggering the 30-day notice required by law before leave can begin. The furloughs are part of the Pentagon's efforts to make up \$37 billion in cuts from sequestration that kicked in March 1 and led to a \$20 billion shortfall in the operations and maintenance accounts that fund civilian employees.

Plans call for workers to be furloughed one day per week through September, but commanders are given some flexibility in determining individual leave schedules.

Test Pilot School Selection Board

The test pilot school selection board will meet Aug. 1 to consider applicants for assignment to the United States Naval Test Pilot School. Class number 146 will begin in January 2014 and class 147 will begin in July 2014.

The requirements for the class are to be a designated naval aviator or naval flight officer, have a minimum of 1,000 flight hours by projected class convening date, have a successful completion of college physics or mechanics and college-level mathematics through calculus.

The application deadline is July 11.

For more specific guidelines and instructions on applying, refer to Marine Administrative Message 364/13 or visit <http://bit.ly/USNTPS13>.

Marines To Authorize New Medal

Marines who deployed to the Philippines to assist in the wake of a typhoon in October 2010 will be eligible for a new humanitarian service medal, Marine Corps officials have confirmed.

The award, the Humanitarian Service Medal for the Republic of the Philippines Relief Efforts-Super Typhoon Juan (Megi), was approved by the Joint Staff on March 19, according to a Milper Message authorizing an Army version of the medal. Marine Corps Manpower and Reserve Affairs spokesperson Maj. Shawn Haney said designated personnel who were assigned to 3rd Marine Expeditionary Brigade, and participating members of Amphibious Squadron 11, the Essex Amphibious Ready Group, Joint Special Operations Task Force-Philippines, and Patrol Squadron 9 will qualify to receive the award.



Chaplain's Corner : His ranting gets raves

CMDR. CARL P. KOCH
MCAS CHERRY POINT

“His ranting gets raves.” Hawkeye Pierce spoke this line in some episode of M*A*S*H. Any time I hear someone ranting about his or her soapbox issue, I think of this line. Any time I read some hot-button issue rant on Facebook, I think of this line.

Maybe I need to watch newer TV shows to change my obviously not-so-free associative thinking.

I’ve been at Cherry Point for seven years. Three were spent at 2nd Marine Aircraft Wing as the deputy wing chaplain and four have been spent with our air station as the station chaplain.

This will be my last Windsock article. I’ve written more than a few Windsock articles in the time I’ve been here. Some of them could be called “ranting.” Some of them have been called worse!

When I look back over the articles I’ve written, my ranting didn’t always get raves. Some of my ranting put me in the crosshairs of a few readers. Rather than writing a parting rant, I want to write a few parting raves.

In a long-ago rant, I suggested closing all U.S. based chapels. This was met with huge pushback from a few people. Maybe they were the only few who read my article. Maybe they were the only few willing to talk with me. I haven’t changed my opinion, yet I still have a chapel rave.

I’ve been with my congregation for four years. Sometimes it seems like 20. I’ve grown to love and to appreciate them. Even when I’ve pushed some buttons, they’ve been faithful in attendance, faithful in giving,

and faithful to the life of the congregation. They deserve a rave!

In a previous rant, I employed a very poor choice of illustrations to make a point that angered some good friends at Marine Corps Community Services. This was met with huge pushback from far more people than my chapel closing idea. I have a few raves for MCCS.

There are many deserving, but I’ll mention two groups in particular. MCCS counselors are exceptional providers of great counseling services. Miller’s Landing’s chefs, wait staff, bartenders and managers are the best. These folks, the rest of the MCCS team and the services they provide simply rock.

In a previous rant, I did NOT mention my fellow chaplains. Hey, I don’t rant about everything! But, these men and women deserve a few raves as well.

All the chaplains I’ve worked with at Cherry Point have been like real brothers and sisters – not just bosses, subordinates and co-workers – honestly good chaplains, folks I would not hesitate to refer others to see in times of crisis. In times of heartache, in times of celebration, your chaplains, whether wing or station, have earned many well-deserved raves.

Our Naval Health Clinic staff? Rave-worthy. The many civilians in Havelock and New Bern who support us? Rave-worthy. Chapel staff? Raves all the way around. L.I.N.K.S. staff and volunteers? All rave-earners. Are there others? Absolutely! I consider my seven years at Cherry Point a gift from God and a gift from you. Thanks for everything. Give yourselves a rave!



LANCE CPL. ANDREA CLEOPATRA DICKERSON

Brig. Gen. Robert F. Hedelund, right, the commanding general of the 2nd Marine Aircraft Wing, salutes the colors alongside Maj. Gen. Glenn M. Walters and other former commanding generals of the wing during a change of command ceremony here May 22.

The Windsock

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CPL. COREY F. EVANS

Job Title: Aviation Ordnanceman
Unit: Marine Aviation Logistics Squadron 14
Age: 26
Hometown: Lynchburg, Va.
Date Joined: Aug. 22, 2005

To ensure the best air support results, Marines must make sure both bombs and guns on aircraft function properly at the critical moment.

That’s where Cpl. Corey F. Evans comes in. As an aviation ordnanceman with Marine Aviation Logistics Squadron 14, he and his shop are responsible for assembling bombs and for the mid-level maintenance on gun systems.

Because they work with live ordnance and heavy equipment, Evans keeps his mind on safety.

“We have to wear steel toe boots, we have to wear eye protection, ear protection and hard hats,” said Evans. “The biggest safety issue we have here is building and transporting ordnance. We haul bombs up and down the road from our area to the squadron where it’s being delivered and anything can happen, so we try to maintain as much safety as we can.”

He said the deployment pace is demanding. Squadrons and detachments continuously deploy to overseas contingency operations that need ordnancemen to maintain their firepower. Evans previously deployed with MALS-29 to Iraq, which he said was a great learning experience.

“I was originally a rotor guy down at MALS-26 in New River, and now up here, it’s kind of nice to get a different experience in a different type of work,” said Evans. “But when you deploy, you get everything. You’re not working on one specific type of plane because everything is out there – F/A-18s, Hueys, Cobras, Ospreys – everything is out there.”

Highlight Your Marine or Sailor Superstar

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REMEMBER TO RECYCLE

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nity for planners to incorporate assets and personnel not normally available.

Bold Quest will further the professional development of Marine aviation through shared experience, planning, command and control and execution associated with the various participating units and platforms.

Ultimately, the operational aspect of the exercise exists to support the testing and development of a technology that will continue to give the U.S. and its NATO allies an advantage on the battlefield.

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right back to the fight,” Brophy said. “That saves time that they don’t have to waste.”

During the training, the squadron provided 18,000 pounds of fuel to two AV-8B Harriers and one EA-6B Prowler.

During the training, VMGR-252 also rehearsed multiple flight patterns. The flight patterns allow the two aircraft to use minimal airspace and maintain visual contact. The pilots also practiced drills where they maneuvered turns toward and away from each other.

“This is not something we get to do often,” said Brophy. “We like to do this every chance we get, so we can stay proficient at it.”

Not only did the pilots complete integral training, they earned vital qualifications that will benefit the squadron.

Brophy received a section lead qualification, which will allow him to lead two aircraft in tactical situations. This skill set will also allow him to instruct new pilots who need initial section qualifications.

Brophy said he looks forward to using his new skills and taking them forward on future deployments.

Fellow pilot, Capt. Andrew Meyers, earned a tactical refueling area commander qualification.

This qualification allows him to work with multiple aircraft in a refueling formation.

Overall, Brophy said the training benefitted the pilots because they were able to take away a lot from it.

“This gave me more experience with mutual support,” he said. “It allows our operations department to continue qualifying Marines we can push forward. With our operational tempo the way it is, having multiple detachments out at a time, having more leads and instructors only increases our readiness.”

The crew gained useful knowledge and experience as well, said Brophy. He said he worked with a great group of highly-qualified individuals who are dedicated to their jobs and mission accomplishment.

“It gets stressful at times, because we want everything to go perfect, which it never does,” Brophy said. “Even though we aren’t always perfect, it’s something we strive for. When you care about something, you want it to be successful.”



LANCE CPL. ANDREA CLEOPATRA DICKERSON

KC-130J Hercules with Marine Aerial Refueler Transport Squadron 252 conducts flight pattern training May 22.

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sel’s lone passenger.

After swimming close enough to the vessel to establish verbal contact with the survivor, Bargar instructed him to enter the water. Bargar then pulled the survivor clear of the bobbing sailboat and placed him in a rescue basket dangling below the helicopter so that the crew chief, Cpl. Sean J. Cahill, could hoist him into the aircraft hovering 100 feet above.

Once the victim was safely aboard the helicopter, Woolley assessed his injuries. Although he had rationed water, crackers and nuts over the course of the ordeal, the boater suffered from dehydration and heat stroke. He was too weak to stand on his own, said Woolley. According to the survivor, the captain of the vessel had abandoned ship days earlier leaving him aboard to weather the storm in solitude.

The SAR team transported him to Carteret Hospital to be treated.

“He was very thankful,” said Woolley. “He yelled in my ear, ‘Thank you so much, I’m so happy you guys came and saved me.’”

Woolley said it felt good to come to the boater’s aid.

“Missions like this are what we train for,” he said. “We train so much that when a real situation like this happens, our responses are like second nature.”

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would check in only to ask if they should choose between an emergency room or an urgent care center outside the military installation. Navy medicine wants to change that.

“My objective here was primarily to look at the care the operational forces are receiving through the Warrior Wellness clinic they recently established in the last couple of months,” said Anderson. “Some objectives of that clinic were to increase the access, increase the quality of care, as well as the value to the individual Marine in being able to receive their care here.”

After a tour of the clinic, they held an Admiral’s Call in the station theater where all of the medical personnel on the air station had the opportunity to listen and ask questions about the state of Navy medicine today.

During the talk, Nathan touched on a number of subjects, including the effects of the sequestration on Navy medicine, how to make the best of career experience and the role Navy medicine plays in the operations of the Navy-Marine Corps team. Nathan said that role is to keep the warfighters ready to fight, take care of the warfighters’ families and to deploy anywhere in the world to get reliable medical care to the front lines of any battlefield or disaster aid situation.

“It’s a magnificent organization we work for, and you sometimes don’t give yourself enough credit for your readiness and the role you play in national defense, civilian and military alike,” said Nathan. “We have to be compassionate, we have to watch the budget, we have to be able to provide state-of-the-art care and by the way, we have to be ready to leave at a moment’s notice to go to war or go to catastrophe.”

For the average corpsman, the talk was enlightening and improved confidence in the command climate.

“I got a little more insight into what’s going on in the military right now,” said Seaman Kaleem A. Lylesdawson, a hospital corpsman with the clinic. “It put things more into perspective of how things are run. It makes us feel better to see someone actually care enough about us to visit and see how we’re doing.”





PFC. JONATHAN ALCALAFRANCO

An AH-1W Cobra gunship leaves a trail of debris as it flies over a training range at Twentynine Palms, Calif., during a training exercise with Combat Logistics Battalion 6, 2nd Marine Logistics Group, May 18. CLB-6's tactical air control team relayed fire missions to the gunship as they prepared for the battalion's future deployment in support of Operation Enduring Freedom.

CLB-6 adds air controllers to arsenal

CPL. PAUL PETERSON

2ND MARINE LOGISTICS GROUP

TWENTYNINE PALMS, Calif. – They have whirring, thunderous powers of destruction at their fingertips: AH-1W Super Cobras, artillery, F/A-18 Hornets, even time-tested UH-1 Huey gunships.

Sure, some pioneers break new ground from the sky, but the tactical air control team in the field with Combat Logistics Battalion 6, 2nd Marine Logistics Group, is welding together a unique combination of logistical supporters and air controllers as the unit ramps up for Operation Enduring Freedom.

"I don't know of an instance where a full fires-capable team has deployed with a CLB," said Maj. Istvan P. Feher, the se-

nior joint terminal attack controller with CLB-6. "Speaking on behalf of all of us with the team, we're glad to be in such a unique position. It's one of the opportunities that just doesn't come along often enough."

OEF currently demands Feher's team of five Marines be well situated to support one of the most active and important pillars of the Marine Corps' mission there – logistics.

"We're actually ahead of the game," said Capt. Michael J. Hilleary, a JTAC with CLB-6. "In our community, it's unheard of. We're an oddity. It's a good thing though. Going to OEF is a fantastic opportunity for us because the environment there is heavily reliant on the logis-

tics battalion."

That reliance is bolstered by combined-arms firepower capabilities brought by the team's training with the battalion.

"It's learning by exploration as we go forward," said Hilleary.

The battalion flexed this muscle during a live-fire exercise here May 18, when the team called in strikes from fighter aircraft and helicopter gunships.

Their pioneering efforts with CLB-6 aside, the actual bomb-dropping, ground-breaking work done by team members requires detailed training, which the team jumps on at every opportunity, said Hilleary.

They've even spread their knowledge to the battalion's Marines by hosting he-

licopter support team training sessions and assisting with call-for-fire simulator training.

"We bring to it a wealth of experience from our different fields," said Feher, who served as a Cobra pilot for eight years. "It requires a high level of situational awareness. A lot of it has to do with the dynamic of the controller and the aircraft supporting it – their level of understanding and proficiency."

Feher added the team continues to define its niche as members also assist the battalion with helicopter resupply missions, casualty evacuation and movement of personnel by air assets.

Practice makes perfect: SAR crew responds to simulated crisis



PHOTOS BY LANCE CPL. ANDREA CLEOPATRA DICKERSON

Petty Officer 1st Class Mark Mosier, a hospital corpsman with Marine Transport Squadron 1, rappels from an HH-46E Sea Knight during a search and rescue evaluation in the Croatan National Forest May 22.

LANCE CPL. ANDREA CLEOPATRA DICKERSON

MCAS CHERRY POINT

It was after 3 p.m. when a search and rescue crew with Marine Transport Squadron 1 got a call to respond to a logger in the Croatan National Forest who was trapped under a tree and sustained injuries.

Although the call came in as though it were an actual emergency, the Marines and Sailors knew that it was part of annual training designed to keep their skills sharp for the real deal. The speed and intensity of their response, however, was 100 percent real.

Petty Officer 2nd Class Adam Woolley, a hospital corpsman with VMR-1, said he felt nervous with good reason. The exercise evaluated his proficiency at providing medical treatment during search and rescue missions.

“When I came up with the scenario, I wanted Woolley to be challenged mentally,” said Petty Officer 3rd Class John H. Nelson, a hospital corpsman with VMR-1.

Once on the scene, the corpsman noticed Petty Officer 3rd Class Joseph Rivera, a fellow corpsman with the unit, who was role-playing the part of a victim with several injuries, trapped under a tree. Woolley rappelled from an HH-46E Sea Knight, and got right to work performing lifesaving steps and techniques he had rehearsed so many times in the past.

“I did my best, and tried not to rush what I was doing,” said Woolley. “Once you get into a scenario, it gets easier to manage because you are acting on sheer muscle memory.”

Nelson was on the ground beside him, evaluating his

performance every step of the way.

“I was looking to see if he was giving the proper medicine, applying the right treatments and thinking outside of the box,” Nelson said.

Nelson said Woolley did well at handling the pressure of a situation they don’t often encounter and he could see that his fellow corpsman learned from the experience.

“I definitely learned from my mistakes,” said Woolley. “Not only did the training benefit me, other crew members were able to learn from my mistakes as well.”

Woolley, who has been saving lives for a little over six years, said he doesn’t take his job for granted because he is able to experience things that a lot of military members don’t.

“I love every second of it,” he said.



Petty Officer 2nd Class Adam Woolley, a hospital corpsman with VMR-1, hoists a simulated victim into an HH-46E Sea Knight. Woolley and his teammates are evaluated regularly to keep their skills sharp.

(Above) Petty Officer 2nd Class Adam Woolley, a hospital corpsman with VMR-1, calls for help while aiding fellow corpsman, Petty Officer 3rd Class Joseph Rivera, who played the part of an injured victim during a search and rescue evaluation in the Croatan National Forest May 22. Petty Officer 3rd Class John H. Nelson, a hospital corpsman with Marine Transport Squadron 1, was on scene to evaluate Woolley’s performance.

(Right) Cpl. Kyle A. Alessandro, a rescue swimmer in training with Marine Transport Squadron 1, carries a search and rescue basket, during training in the Croatan National Forest May 22.



Marine Corps celebrates one-year of F-35B flying at Eglin

MAJ. KAREN ROGANOV

33RD FIGHTER WING PUBLIC AFFAIRS

EGLIN AIR FORCE BASE, Fla. – Marine Fighter Attack Training Squadron 501 celebrated the one-year anniversary of flying the F-35B Lightning II here May 23 by continuing to train the pilots and maintainers on the nation's newest fifth-generation fighter.

"This is a once in a lifetime chance to get to write the first chapter in a story that will last 50 years and beyond," said Lt. Col. David Berke, the commander of VMFAT-501 located at the 33rd Fighter Wing's F-35 Integrated Training Center.

The low-observable fighter is designed to meet the needs of the services for the next half a century, making use of integrated sensors, the active electronically scanned array radar and the distributed aperture system. Combined they provide pilots with increased situational awareness and survivability.

Being able to fly such a technologically-advanced fighter brings great responsibility for cultivating tomorrow's defenders of freedom.

"We owe it to our country to get it right," said Berke.

Under his charge, the unit is laying the foundation for pilot and maintenance training at Eglin and providing the fleet with highly-trained Marines as it moves forward toward providing the Corps with an initial operating capability.

Since May 22, 2012, the unit has flown 833 local training sorties and logged more than 1,100 flight hours, executing about 40 to 50 sorties a week.

"This is a bounding leap from the three or so sorties flown a week last year at this time," said Berke.

Other accomplishments include verifying joint technical data for weapons loading, thus paving the way for instructions for all three services and partner nations; authoring well over 1,000 maintenance procedures; and collaborating with industry experts and other F-35 sites to mature the jet, he said.

A senior leader who has been with the F-35 program since flying the X-35 prototype aircraft in the early years and who is now the 33rd Fighter Wing's vice commander as well as an F-35B instructor pilot, agreed.

"If you look at what they have accom-



MAJ. KAREN ROGANOV

Marine maintainers and an Airman fuels journeyman perform "hot" refueling of an F-35B Lightning II joint strike fighter at Eglin Air Force Base Fla., May 23. Teams of trucks and maintainers refueled four jets to complete eight sorties in about three hours. Eglin is the heart of F-35 training worldwide for the Air Force, Marines, Navy and international partner operators and maintainers of the Lightning II.

plished in air-to-air refueling training, ground hot refueling, multi-aircraft missions, first fleet pilots trained, you don't just see one-time events," said Col. Arthur Tomassetti. "What you see is a pattern of, not just demonstrating new capability, but turning it into repeatable and routine operations."

By being able to refuel with a truck planeload while the jet is running has allowed the unit to "increase its ability to turn sorties by 40 percent," he said. The hot refueling allowed eight F-35s to fly 16 sorties in three hours recently.

In addition to the unit accomplishments made locally, VMFAT-501 has been the

catalyst to accomplishments at VMFA-121 at Marine Corps Air Station Yuma, Ariz.

VMFA-121 is the first operational fleet squadron anywhere in the world for the F-35 and comprised of flyers and maintainers trained at Eglin, according to Berke. Last week a pilot trained here made his first vertical landing at Yuma.

"The ability to land in austere conditions is a key difference with the B variant of the F-35," said Berke.

For the upcoming year of flying, the Eglin unit also looks forward to receiving more jets to include its first Block 2A aircraft which means a software upgrade and increased capability, he said.

"We'll grow to 18 jets by this time next year," said Capt. Mario Valle, a maintenance officer at the squadron. "And in the next couple weeks, we are ready to welcome a third United Kingdom pilot and UK jet."

The Marines set another first this past year by hosting the first international pilots and maintainers imbedded at an F-35 training squadron. There are 14 maintainers and two pilots from the British Royal Air Force and Royal Navy working seamlessly with the unit, said Valle.

"Our success has been based on relationships."



LANCE CPL. DAVID HERSEY

A CH-46E with Marine Medium Helicopter Squadron 262 departs Marine Corps Air Station Futenma for the last time May 20. The helicopter was decommissioned and flown to Camp Kinser where it will be stored awaiting further disposition. HMM-262 is part of Marine Aircraft Group 36, 1st Marine Aircraft Wing.

Sea Knight makes final flight

LANCE CPL. DAVID HERSEY

III MARINE EXPEDITIONARY FORCE / MARINE CORPS INSTALLATIONS PACIFIC

OKINAWA, Japan – The CH-46E is one of 12 helicopters used by HMM-262 that will be phased-out during the coming of months as the squadron transitions to the MV-22B Osprey later this summer, according to Maj. Jason E. Donovan, the executive officer of HMM-262, Marine Aircraft Group 36, 1st Marine Aircraft Wing.

The helicopters have supported a variety of missions throughout the Asia-Pacific region and all over the world for more than 50 years, including assault support, and movement of troops and supplies.

“It is one of our longest-standing aircraft and has seen service in pretty much every major conflict and disaster relief operation that Marines have been involved with

since the Vietnam War,” said Donovan.

While the helicopter is still effective at completing certain missions, the MV-22B Osprey possesses higher fuel efficiency and can travel farther and faster than the CH-46E, according to Capt. Christopher R. Corbeille, a pilot with the squadron.

“Our rapid-response assistance is much better with the Osprey,” said Corbeille. “With the Osprey, we can fly to almost anywhere in the Pacific theater in a matter of hours.”

Even with the enhanced capabilities of the Osprey, many of the pilots feel a connection to the CH-46E similar to that of their first car since it was the first fleet aircraft they piloted, according to Capt. Joseph P. McConnell, a pilot with the squadron.

“You always remember your first car,” said McConnell. “The CH-46E is still a highly capable and extremely reliable aircraft capable of completing certain missions. The Osprey has impressive new capabilities and will be a valuable asset to our squadron, but we’ll still miss the CH-46E.”

The CH-46E has aided HMM-262 in completing numerous missions across the globe, and despite retiring the aircraft, the pilots of HMM-262 eagerly await the arrival of the new Ospreys.

“I have the absolute highest regard for the CH-46E,” said Donovan. “Parting with it is a bittersweet experience, but I am looking forward to the Ospreys as well.”

Intrepid Memorial Day Commemoration Ceremony



SGT. CALEB GOMEZ

Current and veteran members of the armed forces attending the Intrepid Memorial Day Commemoration at the Intrepid Sea, Air and Space Museum in New York gather around an American flag Monday. Various events to commemorate Memorial Day around New York were conducted with active duty and reserve service members stationed in the Greater New York City area.

SUMMER SPLASH

Pools open for fun in the sun summer swimming

LANCE CPL. CAYCE NEVERS

MCAS CHERRY POINT

Splashes and shouts of joy filled the Hancock and Cedar Creek pools Saturday after the two outdoor pools opened for public swimming.

Both will be open until Labor Day, Sept. 2.

Hancock Pool hours will be as follows:

Recreational swimming

- Monday through Friday 1–7 p.m.
- Weekends and holidays noon–7 p.m.

Adult lap swimming

- Monday through Friday 5–7 a.m. and 11 a.m.–1 p.m.

Marine Corps Water Survival Training

- Monday through Friday 7–11 a.m.

Cedar Creek Pool hours will be as follows:

Recreational swimming

- Weekends noon–7 p.m.
- Closed Monday through Friday until June 7
- Beginning June 7, Monday through Friday noon–5 p.m.

Swimming lessons

- Lessons begin June 10 Monday through Thursday 9–11 a.m. and 5–8 p.m.

Pool rentals for both pools will begin Friday. Pools can be rented on Friday through Sunday from 7:30–9:30 p.m.

Prices

- Active duty military members and their dependents swim for free
- Non-military guests under the age of 2 are free
- Non-military guests ages 3–11 are \$2
- Non-military guests 12 and older are \$4
- Children of Department of Defense civilians ages 3–11 are \$1.50
- DOD civilians and their dependents ages 12 and older are \$3

DOD passes for purchase

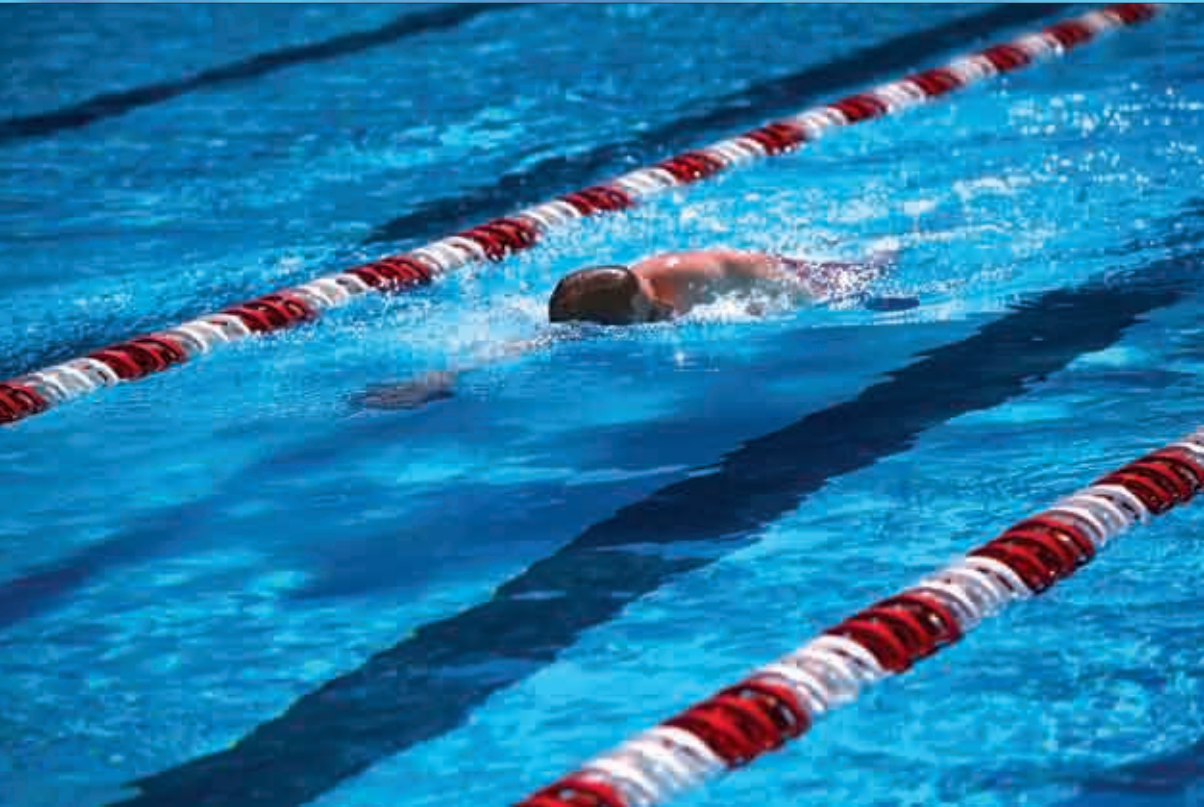
- The monthly individual pass is \$20
- The monthly family pass is \$30
- The individual summer pass is \$50
- The family summer pass is \$70

For more information on the Hancock Pool, call 466-2168. For more information on the Cedar Creek Pool, call 466-2277.



PHOTOS BY LANCE CPL. CAYCE NEVERS

Children and adults swim in the Hancock Pool Saturday. Before being allowed to swim alone in deep water, children are required to complete a swim test to demonstrate appropriate skills in the water. Those who do not pass the swim test are required to be with an adult in the pool.



A patron of the Hancock Pool swims laps Saturday during the opening of the outdoor pools. Both Hancock Pool and Cedar Creek Pool will be open through Labor Day for recreational swimming.



Children navigate the inflatable obstacle course at the Hancock Pool Saturday. Both opened Saturday for the summer season.



A child jumps off the diving board at the Hancock Pool Saturday. Memorial Day weekend also marked opening day for the air station swimming pools.



Jose A. Guevara Jr. teaches his 2-year-old son how to swim at the Hancock Pool Saturday. Memorial Day weekend also marked opening day for the air station swimming pools.



A child jumps over a portion of the inflatable obstacle course at the Hancock Pool Saturday. The obstacle course features barriers, hurdles and a slide that ends with a splash in the pool.

CHERRY POINT MESS HALL

HOURS OF OPERATION

Monday-Friday
Breakfast 6-8 a.m., Lunch 10:30 a.m.-12:45 p.m.,
Dinner 4-6 p.m.

Saturday-Sunday/ Holiday Hours
Breakfast/Lunch 8:30-11 a.m.,
Dinner 3-5 p.m.

FAST FOOD LINE

Monday-Friday
Breakfast 6-8 a.m., Lunch 11 a.m.-1 p.m.,
Dinner 4-6 p.m.

Breakfast Menu

Assorted fresh fruit, assorted hot and cold cereals, fried eggs and omelets to order, scrambled eggs and hard cooked eggs, grill special, pancakes, French toast or waffles, breakfast potatoes, breakfast meats, creamed beef or sausage gravy, assorted muffins, breads and breakfast pastries.

Specialty Bar Menu & Blendz

Tuesday and Thursday Lunch (Blendz) - Banana-strawberry yogurt, banana-blackberry yogurt, banana-peach yogurt, banana-pineapple yogurt, banana-mango yogurt, banana-blueberry yogurt, Asian chicken chopped salad, Asian beef chopped salad, Savannah fried chicken salad, Southwest chicken strip salad, chef salad bowl, buffalo chicken salad, turkey club salad, beef fajita salad, BLT club salad, Southwest flank steak salad, chicken caesar salad, Chinese chicken salad, antipasto salad.

Monday - Pasta primavera, lasagna, chicken rotini casserole, baked ziti with four cheeses, meatballs, baked Italian sausage, boiled rigatoni, boiled spaghetti, simmered ziti, simmered linguine, simmered fettucini, simmered penne rigate, simmered rotini, Italian meat sauce, alfredo sauce, caesar salad, toasted garlic bread and breadsticks

Wednesday - Chicken enchiladas, taco beef filling, burritos, Mexican rice, refried beans with cheese, Mexican corn, shredded lettuce, diced tomatoes, chopped onions, sliced jalapeno peppers, taco shells, flour tortillas, taco sauce, salsa, sour cream

Friday - Wings of fire, honey-barbecue wings, teriyaki wings, French fried chicken wings, French fried garlic fries, corn on the cob, baked beans, carrot sticks, celery sticks, blue cheese dressing, ranch dressing

Weekly Menu

Thursday May 30

Lunch - Chicken and dumplings, pasta toscano, steamed rice, steamed vegetable medley, Harvard beets, cream of spinach soup

Dinner - Mediterranean herb-roasted chicken, herbed roast pork loin, mashed potatoes, dirty rice, glazed carrots, steamed broccoli, brown gravy, American bounty vegetable soup

Friday May 31

Lunch - Roast turkey, French fried shrimp, French fried fish, dirty mashed potatoes, green beans, calico cabbage, hush puppies, tartar sauce, cocktail sauce, New England clam chowder

Dinner - Tater-tot casserole, baked tomato pork chops, savory baked beans, peas and mushrooms, Manhattan clam chowder

Saturday June 1

Lunch - Baked ziti with four cheeses, arroz con pollo, club spinach, corn O'Brien, toasted garlic bread, smoked ham and cabbage soup

Dinner - Three-bean chili, apple glazed corned beef, shrimp curry, cilantro rice, parsley buttered potatoes, vegetable stir fry, savory summer squash

Sunday June 2

Lunch - Baked fish with butter crumb topping, herbed baked chicken, potatoes au gratin, confetti rice, herbed roasted carrots, balsamic roasted vegetables, tomato soup

Dinner - Pork chops with smothered onion, chili macaroni, roasted sweet potatoes, French cut green beans, cauliflower combo, Wisconsin cheese soup

Monday June 3

Lunch - Southwestern corn chowder, pepper steak, turkey Monterey roasts, rosemary red potatoes, steamed rice, wax beans Creole, stewed chick peas and zucchini

Dinner - Spanish chorizo and potato soup, veal parmesan, Tex-Mex chicken and rice, penne rigate noodles, marinara sauce, scalloped cream-style corn, broccoli and red peppers

Tuesday June 4

Lunch - Beef with vegetables and barley soup, linguini with clam sauce, bayou chicken, rissole potatoes, mashed cauliflower, sautéed green beans and mushrooms

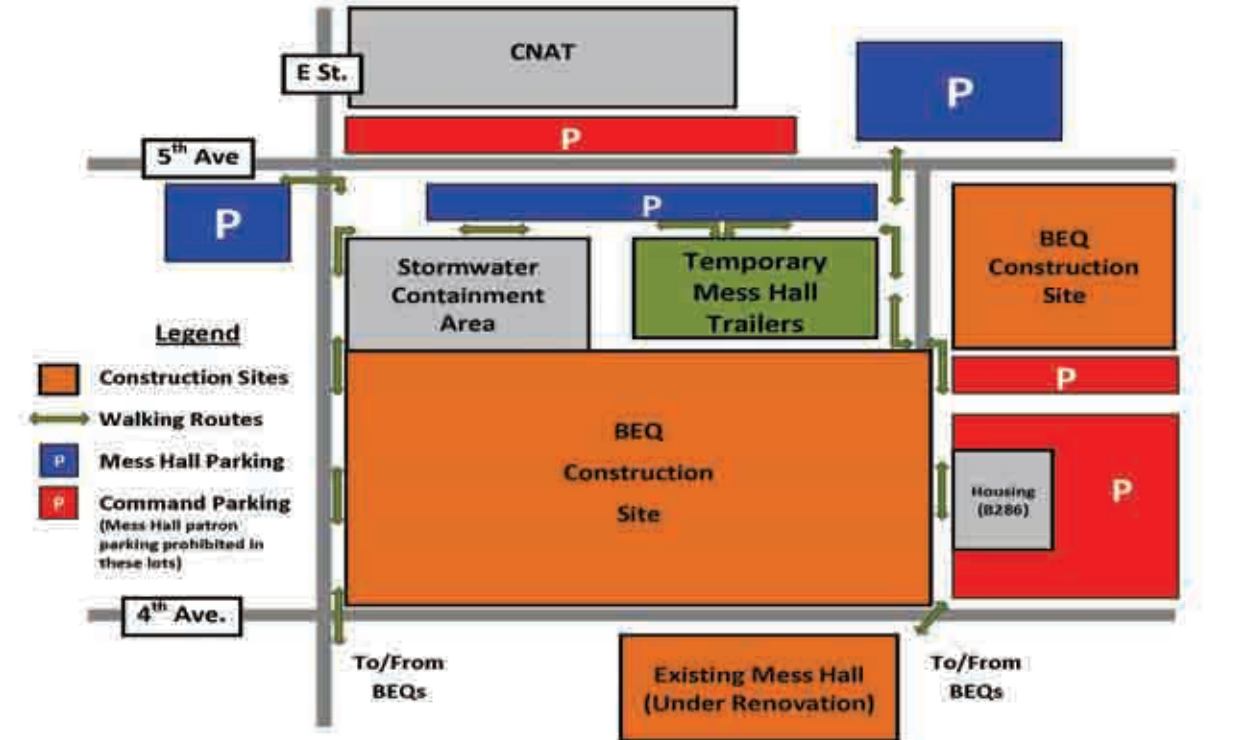
Dinner - Bean with bacon soup, country fried steaks, baked turkey and noodles, mashed potatoes, brown gravy, squash and carrot medley, peas

Wednesday June 5

Lunch - Cream of mushroom soup, chicken piccata, bayou jerked pork loin, chipotle roasted sweet potatoes, islander's rice, steamed spinach with garlic, lyonnaise carrots, mango and black bean salsa

Dinner - Chicken tortilla soup, Hungarian goulash, Creole shrimp, brussels sprouts parmesan, corn

Temporary mess hall opens Sunday



CONTRIBUTED ARTICLE
MCAS CHERRY POINT

The Cherry Point Mess Hall tentatively plans to start operating from a temporary dining facility Sunday, as the current dining facility undergoes renovations to repair its deteriorating structure.

Mess hall personnel plan to serve the last evening meal in the current facility Saturday. The temporary facility will serve its first meal Sunday for brunch.

During the renovations, service members will dine in a temporary 25,000-square-foot facility located between 4th and 5th Avenues, which is one block closer to the flight line (see illustration). The temporary structure will accommodate service members through a main entrance-way and an outside walk-up window.

The hours for the temporary chow hall will remain the same to correlate with the hours of the current facility, and midnight rations service will continue.

In addition to the standard mainline, fast food and pre-made subs currently offered, the new temporary mess hall will offer walk-up window service featuring a panini sandwich menu. The menu will include a variety of focaccia bread sandwiches, wraps, sides, condiments and drinks. Panini examples include: Cajun turkey wrap, turkey and bacon melt, roast beef and caramelized onions or chicken fajita wrap. For the full menu, visit <http://bit.ly/MCASchow>.

Hours of operation for walk-up service will be Monday-Thursday, 11 a.m.-8 p.m.; Friday, 11 a.m. -1:00 p.m.; Saturday, closed; Sunday, 5-8 p.m.

Stay alert, watch for air station wildlife



PHOTO BY CAPT. FERNANDO GARCIA

A large American alligator suns himself in the creek parallel to Runway 32 here May 16. Cherry Point patrons are reminded to maintain situational awareness when they are taking part in any recreational activity on or near air station waterways. Patrons should never approach wildlife on the air station. If potentially dangerous wildlife is spotted in areas where they present a direct threat to personnel, contact the Provost Marshal's Office at 466-5123.

Marines take a day to learn about safety

PFC. VICTOR A. ARRIAGA
MCAS CHERRY POINT

Marines with Marine Air Control Squadron 2 gathered for the 2013 spring operational pause May 23 at the MACS-2 headquarters building.

The unit's operational pause took a new approach to training. Stations were set up with different scenarios about summer dangers. Marines actively participated at each station and received a more hands-on approach about making the right decisions over summer.

"We have never done anything like this before," said Gunnery Sgt. Jason Ferguson, the training chief for MACS-2. "We were hoping to let the Marines get more involved with their training. Everyone seemed to be more receptive to it. I think they learned a lot this way."

The scenarios covered alcohol awareness, texting and driving, boating safety, seatbelt safety and fire hazards.

Marines were allowed to try on beer goggles which simulated the effects drinking has on your vision and were allowed to view a station that simulated a car crash where the victim was not wearing a seatbelt.

Petty Officer 2nd class James Martinez, a boatswain's mate with Headquarters and Headquarters Squadron,

was in charge of the boating safety station.

"It's summer, people go boating," said Martinez. "I went over some boating safety and regulations that are easily forgotten to keep people on and off shore safe this summer."

Fire and police department as well as civilian subject matter experts were also on hand to help teach the Marines about safety.

Fire department personnel taught heat casualty and fire safety classes while the police department gave a distracted driving class, which taught Marines about the dangers of texting, and driving.

The training was also a way to bring the Marines together to talk about teamwork and decision making in all potentially dangerous situations.

"We wanted to make sure the Marines were prepared and were aware of the dangers that are out there," said Beckie Kerkenides, a family readiness officer with MACS-2. "Even if they see someone who may not be making the right call, they can stand up and help out their brother or sister because we are a family."

Remain alert, beat the summer heat

CONTRIBUTED ARTICLE
NAVY SAFETY CENTER

Know how to recognize the three most common types of heat-related illness: heat stroke, heat exhaustion, and heat cramps.

Heat strokes are the most severe, and can be fatal. Symptoms include a temperature as high as 105 degrees; hot, red, and dry skin; a rapid, weak pulse; and rapid, shallow breathing.

As first aid for a heat stroke, call 911 immediately. Wrap damp sheets around the victim and start fanning them. Wrap cold packs in a cloth and place them on the victim's wrists and ankles, in the armpits and on the neck.

Victims of heat exhaustion will have a normal temperature, but will have other symptoms: cool, moist, pale skin; heavy sweating; headache, nausea or vomiting and dizziness.

Heat cramps are muscular pains and spasms that result from intense exertion. Cramps most often attack the abdomen and legs.

To avoid heat illnesses:

- Wear lightweight, light-colored clothing
- Drink plenty of water
- Take regular breaks
- Eat small meals

Heat condition IV: 90 F or greater. All nonessential physical activity will be halted for all units.

Heat condition III: 88 to 89.9 F. All PT stops for those troops who have not been thoroughly acclimatized by at least 12 weeks. Troops who are acclimatized may carry out limited activity.

Heat condition II: 85 to 87.9 F. Strenuous exercise such as marching at standard cadence will be curtailed for unacclimatized troops in their first three weeks on station. Avoid outdoor classes in the sun.

Heat condition I: 80 to 84.9 F. Heavy exercise for unacclimatized personnel will be conducted with caution and under constant supervision.

MCAS Cherry Point STATION THEATER

E Street

ADULTS ONLY \$4 • KIDS (4-12) ONLY \$3

Movie Hotline: 466-3884 • www.mccscherrypoint.com

NOW SHOWING

Thursday, May 30
6:00pm - The Big Wedding R

Friday, May 31
5:00pm - Iron Man 3 PG13
7:40pm - Mud R

Saturday, June 1
2:00pm - Iron Man 3 PG13
4:50pm - Iron Man 3 PG13
7:40pm - Mud R

Sunday, June 2
2:00pm - Iron Man 3 PG13

movie synopsis

The Big Wedding - A long-divorced couple fakes being married as their family unites for a wedding.

Iron Man 3 - When Tony Stark's world is torn apart by a formidable terrorist called the Mandarin, he starts an odyssey of rebuilding and retribution.

Mud - Two teenage boys encounter a fugitive and form a pact to help him evade the bounty hunters on his trail and to reunite him with his true love.

MOVIES ARE SUBJECT TO CHANGE WITHOUT NOTICE.

Announcements

► Indicates new announcement

► **N.C. Symphony Presents LeAnn Rimes**

LeAnn Rimes will join the North Carolina Symphony in concert today at the Duke Energy Center for the Performing Arts in Raleigh at 7:30 p.m.
Ticket prices vary.
For more information, visit <http://bit.ly/LeAnnRimes13> or call 877-627-6724.

► **Legacy of Freedom Symposium**

The North Carolina Museum of History in Raleigh will host the Legacy of Freedom Symposium Friday and Saturday from 9 a.m.–4 p.m.
This is a free two-day symposium.
Both days will include a guest speaker, panel discussions, freedom songs and historical reenactments.
For more information, visit <http://bit.ly/2013LFS>.

Take a Kid Fishing

Atlantic Marine Corps Communities will sponsor “Take a Kid Fishing” day Saturday at Catfish Pond from 8–11 a.m.
The event is open to all Cherry Point parents and children. Children ages 3–15 participate for free. A parent or legal guardian must accompany each child.
For more information, call 466-2762.

Military Appreciation Day

Morehead City will host a Military Appreciation Day Saturday.
Military Appreciation Day offers active duty, guard and reservists a free day of fishing, food and other activities.
Fishing is for service members only and spots are limited. There will be activities ashore for families of service members.
For more information, visit <http://bit.ly/MADevent>.
To register, visit <http://bit.ly/MADenroll> or go to the Single Marine Program to sign up. All active duty service members can sign up at the Single Marine Program.
If bringing your family to the event, registration must be submitted online.

► **Sergeants Major Golf Tournament**

The Cherry Point Sound of Freedom Golf Course will host the Cherry Point Sergeants Major Golf Tournament June 7 at noon.
This tournament will be in four-player superball format.
Registration for annual golf members and E-5 and below is \$35. Registration for E-6 and E-7 is \$45 and registration for E-8, E-9, officers and all others is \$50.

There will be a free putting contest at noon.
Showtime for players is noon. Tee-off time is 1 p.m.
For more information, call 466-3044.

Youth Sports Summer Camps

Youth Basketball Summer Camp registration for Cherry Point children ages 7–12 is open now through June 7.
Registration for all children costs \$20.
Youth Tennis Summer Camp registration for Cherry Point children ages 7–10 is also open through June 7.
Registration for children ages 7–8 is \$20. Registration for children ages 9–10 is \$25.
Both camps will focus on the fundamentals of the sports and run June 10–14.
For more information, call David Guthrie at 466-5493.

School Physical Rodeos

Naval Health Clinic Cherry Point will host a school physical rodeo June 13 from 12:30–2:30 p.m.
Patients will be seen on a first-come, first-served basis. No appointments needed.
Stop by the immunizations office to get a copy of your child’s immunization records before the day of the rodeo.
For more information, call 466-0230.

Fourth Annual Oriental Dragon Boat Festival

Oriental, N.C. will host the Fourth Annual Oriental Dragon Boat Festival Aug. 9 and 10.
The organizers of the festival are looking for active duty Marines and Sailors to participate in the Oriental Dragon Boat Race by June 15.
They are looking for at least seven or more teams of active duty service members. Each team will need a total of 22 people. You can make your own team or be assigned to one.
The current deadline to register for the race is June 15.
To register, call Flora Moorman at 675-9424 or email info@orientaldragonboat.com.

Kids Health and Fitness Fair

Semper Fit Program will host the 2013 Kids Health and Fitness Fair at the station theater June 21 from 10:30 a.m.–12:30 p.m.
The event is free for children ages 2–12.
The event is nutrition and fitness-based, and will teach children how to take control of their health.
Children will learn hands-on about nutritional content of food and how it directly impacts their health through a combination of educational materials, games and fitness events.
For more information, call 466-2208.

Welcome Aboard Expo

Cherry Point hosts a Welcome Aboard Expo every month at Miller’s Landing. The expo is open to all new Marines, Sailors, civilian employees and spouses.
The next expo is June 19 at 9 a.m.
For questions or to register, contact Sandy Langlois at 466-5743.

L.I.N.K.S. for Marines

Marine Corps Family Team Building hosts a L.I.N.K.S. for Marines class at the Center for Naval Aviation Technical Training every month.
The next class is June 19 from 7 a.m.–noon.
Marines will get a chance to test their knowledge of Marine Corps history, culture and traditions while discovering resources, services and benefits available on base. They will also gain insight on separation and deployments.
For more information, call 466-4637.

Monthly and Weekly Events

Disabled Veterans

Chapter 26 of the Disabled American Veterans meets the third Wednesday of the month at the Senior Center in Havelock at 7 p.m. For information, call Ancil Jones at 622-5245.

Al-Anon Family Group Meeting

Al-Anon family group meetings are held Mondays at 8 p.m. for family members and friends of individuals with possible alcohol problems.
Meetings are held at Havelock First Baptist Church.
For more information, call 447-8063.

Stress Management for Spouses

Marine Corps Family Team Building hosts a Stress Management for Spouses workshop at Building 87 every month.
The next workshop is June 12 from 9–11:30 a.m.
The workshop is geared specifically toward spouses of deployed

service members and covers stressors faced during deployments, typical stress reactions of spouses and mechanisms for coping effectively.
Childcare is reimbursable.
For more information, call 466-4637.

Domestic Violence Support

Support groups for victims of domestic violence are provided by the Carteret County Domestic Violence Program.
Meetings are held Wednesdays at 6 p.m. For more information, call 728-3788.

Education Fairs

The Cherry Point education office is currently hosting monthly career and education fairs, at the Jerry Marvel Training and Education building, room 171b.
The next fair is June 21.
For more information, call Dana Bayliss, at 466-2046.

Fourth Annual New Bern Beer Fest

New Bern will host the fourth annual Beer Fest at the Riverfront Convention Center June 29.
Tickets before June 15 cost \$25. Tickets after June 15 cost \$35.
The festival will feature more than 50 American craft and regional micro breweries and more than 150 beers.
For more information, visit <http://bit.ly/NBBF13>.

► **Blood Glucose Screening**

Semper Fit will host a free blood glucose screening July 11 outside the commissary from 10 a.m.–1 p.m.
For more information, call 466-6474.

Marine and Family Programs

Marine, Family Programs Office Numbers

Building 298

- Library – 466-3552.
- Retired Activities – 466-5548.

Building 286

- Exceptional Family Member Program – 466-3305.
- Child Development Resource and Referral – 466-3595.

Building 87

- Sexual Assault Prevention and Response Program – 466-5490.
- Substance Abuse Counseling – 466-7568.
- New Parent Support Program – 466-3651.
- Family Advocacy Program – 466-3264.
- Military Family Life Consultant – 339-6084.
- Families Overcoming Under Stress Representative – 466-7137.

Building 4335

- Education – 466-3500.
- The Family Member Employment Program, Transition Assistance Management Program, Relocation Assistance Program and accredited financial counselors can be reached at 466-4201.

Budget for Baby

The Navy-Marine Corps Relief Society offers Budget for Baby classes.
To register, call 466-2031.

Breastfeeding Class

The Navy-Marine Corps Relief Society offers free breastfeeding classes to expectant mothers.
The purpose of the class is to help prepare the mother to be ready and confident to breastfeed once the baby arrives.
To register, call 466-2031.

Veterans’ Assistance

A representative from the Veterans Affairs Office visits Cherry Point each Thursday in building 4335. Call 466-4201 for assistance.

Marine Corps Family Team Building

Educational resources and services to foster personal growth and enhance the readiness of Marine Corps families. Marine Corps Family Team Building is located in Building 87. For more information, email family.readiness@usmc.mil.

Off Limits

MCAS CHERRY POINT AREA

98 CENT ONLY STORE
(BIG DADDY) WESLEY’S GROCERY
COASTAL SMOKE SHOP
EXPRESSIONS
FLYERS (AKA FLYERS 101, BIKERS, BEERS AND BABES)
FRIDAY’S NIGHT CLUB (AKA CLUB INSOMNIA, CLUB CLASSICS, INFINITY LOUNGE)
H&D EXPRESS (AKA CITGO)
NADINE’S FOOD MART
SUPER EXPRESSWAY
TOBACCO OUTLET (HAVELOCK AND NEW BERN)
TOBACCO SHOP
TOBACCO SHOP & GIFTS (BEAUFORT AND NEW BERN)
TOBACCO TOWN
TWIN RIVERS (NOT THE MALL)
WHITE SANDS CONVENIENCE STORE

MCB CAMP LEJEUNE AREA

ATHEAS ATTIC
BELL AUTO SALVAGE II
DASH-IN
DISCOUNT TOBACCO
D’S DRIVE THRU
D’S QUICK MART
EXPRESSIONS
EXPRESS WAY
KING’S DRIVE THRU
LAIRD’S AUTO & TRUCK REPAIR
MOE’S MART
MP SUPER DISCOUNT
NEW YORK TOBACCO CENTER (AKA TOBACCO FOR LESS)
NORTHERN LIGHTS SMOKE SHOP
ONE STOP SHOP
PRICE IS RIGHT LAWN DESIGN
SMART BUY
SMITTY’S R&R
TOBACCO
TOBACCO CLUB
TOBACCO HOUSE CIGARETTE CENTER
TOBACCO LEAF
VETERANS AFFAIRS SERVICE

Religious Services

Sundays

9 a.m. – Liturgical Protestant Service, Fellowship Chapel
9 a.m. – Roman Catholic Mass, Memorial Chapel
11 a.m. – Contemporary Worship Service, Memorial Chapel

Tuesdays

11:30 a.m. – Women’s Bible Study, Memorial Chapel

Thursdays

6 p.m. – Table Talk, Wings Restaurant at Miller’s Landing

Tuesdays – Thursdays

11:45 a.m. – Roman Catholic Mass, St. Michael’s Chapel

Signs of Terrorist Activity:

Suspicious Person

People who don’t seem to belong in the workplace, neighborhood, business establishment or anywhere else on or near a military facility are suspicious persons.

Specific activities include suspicious border crossings, stowaways, or people jumping ship in port.

If you observe suspicious activities, call Cherry Point Emergency Dispatch immediately at 466-3616 or report it online at USMCEagleEyes.org.

OPERATION EAGLE EYES

Hotlines

2nd MAW Command Inspector General
466-5038

Station Inspector
466-3449

Fraud, Waste and Abuse
If you know of or suspect any fraud, waste or abuse aboard MCAS Cherry Point, call 466-2016.

Suicide/Stress
To talk to someone at the National Suicide

Hotline, call 1-800-273-8255.
To seek confidential counseling with personal battles call the DSTRESS line at 1-877-476-7734.

Sexual Assault
This procedure is not meant to replace calling 911 if you are in immediate danger. Immediately call 665-4713, which is monitored 24/7.

Severe Weather and Force Protection
Cherry Point personnel call 466-3093.
FRC East personnel call 464-8333.
DLA personnel call 466-4083.

NEXT
UP...

SPRINT CUP
Race: FedEx 400 Benefitting Autism Speaks
Where: Dover International Speedway
When: Sunday, 1:00 p.m. (ET)
TV: FOX Sports
2012 Winner: Jimmie Johnson (right)



NATIONWIDE SERIES
Race: 5-Hour Energy 200
Where: Dover International Speedway
When: Saturday, 2:30 p.m. (ET)
TV: ESPN
2012 Winner: Jimmie Johnson

CAMPING WORLD TRUCKS
Race: Lucas Oil 200
Where: Dover International Speedway
When: Friday, 5:00 p.m. (ET)
TV: SPEED
2012 Winner: Todd Bodine



Kevin Harvick snatches Coca-Cola 600 win, his second victory in NASCAR’s longest race

Kevin Harvick won Sunday’s Coca-Cola 600 at Charlotte Motor Speedway in typical Kevin Harvick fashion. He wasn’t one of the more dominant drivers in the race, but when the checkered flag was in sight, he figured out a way to snatch the victory away from those with seemingly faster cars.

Kasey Kahne, going for his fourth Coke 600 victory, appeared to have the car to beat in the closing laps, before the caution flag flew on Lap 386 of 400.

Kahne stayed on the track, figuring that at the least a handful of drivers on the track behind him would stay out as well, providing a cushion between him and the drivers who did stop for fresher tires.

But Kahne wound up being the lone driver not to pit, and that allowed Harvick to restart beside him with two fresh tires. Harvick put the new rubber to work immediately after the restart, seized the lead and drove away, leading the final 11 laps to get his second 600 victory in the past three runnings of NASCAR’s longest race. In 2011, he led just two laps in winning. It was his second win of the season, the first coming at Richmond on April 27, where he led just three laps.

He said his strategy of saving his best shot until the end was born years ago out of necessity.

“I like to just take my time and put myself in a position at the end of the race,” he said. “I think a lot of that comes from growing up. ... The only way to race the next week was to win enough prize money the week before so you could buy tires, whatever the case may be, to race.

“My dad, anybody I ever drove for before, would probably tell you the same thing. I’m not going to burn my car up in the first half of the race, go out and show off. That’s what happens at the beginning of the race.

“Obviously, you want to run as fast as you can, but it really doesn’t matter until the end.”

For Kahne, who led a race-high 161 laps after starting the day with flu-like symptoms, it was another disappointing end to a race he could have won.

“This is the third time we’ve been to a mile-and-a-half [track],” he said. “I ran second, have been the fastest car at all three of them, but just didn’t get the wins.”

Kurt Busch also appeared to have a car capable of winning, but an issue with the battery in his No. 78 Chevrolet knocked



Kevin Harvick celebrates with the Coca-Cola 600 trophy.



Harvick races to first place in the Coca-Cola 600. It was his 21st career Sprint Cup win.

him out of the lead and left him scrambling to finish third.

“Well, it was a good 550 miles, it seemed like for us, then the normal something has to pop up, some adversity we have to overcome, came about,” he said.

Early in the running of Sunday’s Coca-Cola 600 at Charlotte, a cable used with an overhead camera came loose, causing injuries to 10 fans, three of whom were transported to area hospitals, and damaging several cars, including the No. 18 Toyota of Kyle Busch.

NASCAR, in a fairly rare decision, allowed the affected teams to repair their cars under the red flag brought about by the fallen cable.

Race winner Kevin Harvick said he thought his eyes were playing tricks on him when he saw a black streak go by on the frontstretch. If they were, he feared his career was over.

“I tell myself, ‘You’ve got to believe what you saw,’” Harvick said. “I got to the start/

finish line, I eased off the gas. I knew what I had seen the lap before. I was hoping it wasn’t my last race. I was hoping what I saw was right.”

The FOX network, which uses the camera and cables, issued a statement saying the camera wouldn’t be used again until the cause of the failure could be determined.



The Fox Sports overhead camera before it came loose, sending a cable onto the track.

Survival and ‘a good car’ are the most important things to Jeff Gordon at ‘The Monster Mile’

After flirting with disaster while dancing with “The Lady in Black” at Darlington Raceway and running NASCAR’s longest race at Charlotte Motor Speedway, the Sprint Cup Series drivers now must take on “The Monster Mile” at Dover International Speedway.

Jeff Gordon, whose four Dover wins are second among active drivers — bested only by his Hendrick Motorsports teammate Jimmie Johnson and his seven victories — said the one-mile concrete oval can present a monstrous challenge. He cited high speeds, big corners banked 24 degrees and straightaways banked at 9 degrees. The track’s qualifying record is a sizzling 161.522 miles per hour, set in 2004 by Jeremy Mayfield.

“It’s just a track where you’re on the edge,” Gordon said. “There’s not a lot of room for error.” And Gordon said that even the best of drivers can become involved in single-car spins at Dover.

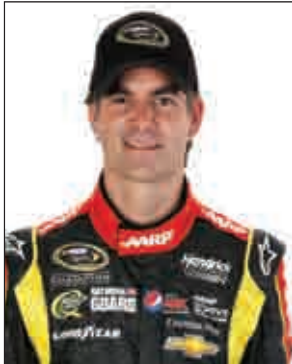
“On your own, you can break your car loose and find yourself in trouble, and it’s hard to recover there,” he said. “Usually when you have a problem, you’re in the wall. And same thing when you’re in a group and it happens as a group; there is going to be a big wreck. So, it is definitely a monster.”

He said he races Dover much like he runs Darlington, and that means racing the race track itself first. and the competition second.

“You have to really respect the race track,” he said. “You can’t get too caught up in the competition. If you get track position like anywhere else, you’ve got to try to maintain it. It’s still just very important, even at Dover. But survival, and having a car working good there, is the most important thing.”

Matt Kenseth is a two-time Dover winner and made his Sprint Cup debut there in 1998, finishing sixth driving the No. 94 Ford for Bill Elliott, who missed the race to attend the funeral of his father, George Elliott.

Kenseth’s performance tied the best finish of the season for Elliott’s team, and it helped launch Kenseth’s Cup career. “Dover’s always been my favorite track,” Kenseth said. “Dover is real unique. It’s one of those tracks you really have to attack.”



Jeff Gordon

Georgia, home of stock car racing’s early stars, gets its due on NASCAR Hall of Fame Voting Day

In the earliest years of NASCAR, and even before the current Sprint Cup Series was started, many of the sport’s top drivers and its top team were based in Atlanta, Ga. Raymond Parks was the Rick Hendrick of his era, dominating the series with multiple entries of immaculately prepared cars. And Peach State drivers like Red Byron, Gober Sosebee, Billy Carden, Roy Hall, Lloyd Seay and the Flock brothers — Bob, Fonty and Tim — were among the sport’s early stars.

Atlanta was home to the one-mile Lakewood Speedway, known as both the “Indianapolis of the South” and the “Grand Old Lady.” It hosted many of the major stock car races in the early years, as well as events for the same open-wheel cars that ran in the Indianapolis 500.

In 1949, the first year of the series now known as Sprint Cup, Byron won the championship, and he and Bob Flock combined to win half of the eight races on the schedule.

But it wasn’t until the fifth class of the Charlotte-based NASCAR Hall of Fame that a Georgian was selected.

Last Wednesday, the late Tim Flock, the younger brother of Bob and Fonty Flock, was among five selected as members of the 2014 class. Flock joined Maurice Petty, Jack Ingram, Fireball Roberts and Dale Jarrett. Georgia racing historian Brandon Reed is



Frances Flock and son Carl celebrate the selection of Tim Flock into the NASCAR Hall of Fame.

among those praising the selection of one of the Georgia pioneers.

“Given the importance of Georgia drivers and car owners to the birth and development of NASCAR, it has been very frustrating to see people such as Raymond Parks all but shut out,” Reed said. “So to finally see a Peach State pilot, especially one as deserving as Tim Flock, who was among those that helped mold and shape NASCAR, is very rewarding and a bit overdue.

“Hopefully, the voters will now see fit to put the other racing pioneers from Georgia into the NASCAR Hall of Fame.”

Flock’s Cup career was relatively brief. He ran just 187 races, but won 39 times, including 18 in 1955 alone, and took championships in 1952 and 1955. His winning percentage of 20.86 is second only to another Hall of Famer, Herb Thomas, who finished his career at 21.05.



Jack Ingram is congratulated on his selection to the Hall of Fame.



Richard Petty congratulates Maurice Petty on his selection to the Hall of Fame.

Flock was born in Ft. Payne, Ala., but moved to Atlanta as a child. His family devoted their lives to racing, and even his sister, Ethel, drove for a time. The Flocks holds the distinction of being the only family to have four members run the same race in the division now known as Sprint Cup. Running on the beach-road course, Ethel Flock Mobley, who was named for the highest grade of gasoline, finished 11th in a race that saw Red Byron take the win over Tim Flock, while Ethel finished ahead of her brothers Bob and Fonty.

Like his brother Fonty, Tim Flock was a showman. For a time he raced with a monkey, Jocko Flocko, strapped in the car with him. But in 1964, he was banned for life from NASCAR for trying to help organize a driver’s union. He was reinstated shortly before his death in 1998.

SPRINT CUP STANDINGS

1. Jimmie Johnson, 445
2. Carl Edwards, 413
3. Matt Kenseth, 394
4. Clint Bowyer, 385
5. Kasey Kahne, 370
6. Dale Earnhardt Jr., 364
7. Kevin Harvick, 362
8. Paul Menard, 347
9. Martin Truex Jr., 336
10. Brad Keselowski, 335

NUMERICALLY SPEAKING

11 Sprint Cup races at Dover International Speedway in which the winner lapped the rest of the field (it hasn’t happened since 1991).

32 Victories at Dover by Chevrolet, tops among all manufacturers.

1,923 Laps led by Jimmie Johnson in the past 16 Sprint Cup races at Dover, tops among all drivers.

3 Laps led by Dale Earnhardt Jr. in the past 16 races at Dover; he led 193 laps in winning there in 2001.